

MZL on the 90-day highway

Posted by mzl - 17 Jun 2018 19:53

Day 9.

I think I need to make myself at home in the 90-day topic.

Today I'm really upset because my wife is shopping all day again and I'm watching the kids.

I ate way too much, it's the only thing I could think about to do something nice for myself.
Pathetic, I guess.

Does G-d really deserve me living next to her and not even masturbate? The worst part is that I have annihilated most of my desires so the thought of masturbating is like watching paint dry.

I guess tomorrow will be better. It's already 3:53 pm.

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Re: MZL on the 90-day highway

Posted by mzl - 16 Sep 2018 09:59

[lionking wrote on 16 Sep 2018 03:15:](#)

[mzl wrote on 16 Sep 2018 02:30:](#)

Day 100

Keep it up!

You have been pretty quiet on the forums recently. (I've been too...)

How's life?

I haven't been very happy overall. But working hard to keep my household going so others don't melt down and bring me down. Yesterday I was thinking that the proper way to view life is that mishna in pirkei avos that says the employer is insistent and the workers are lazy, etc. I think that is a mentally healthy way to see your own life. I think it's accurate for secular matters as well as positive and negative mitzvos as well as mental health conditions.

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Re: MZL on the 90-day highway
Posted by mzl - 20 Sep 2018 09:06

Day 104

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Re: MZL on the 90-day highway
Posted by mzl - 23 Sep 2018 05:19

Day 107

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Re: MZL on the 90-day highway
Posted by mzl - 26 Sep 2018 02:35

Day 110

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Re: MZL on the 90-day highway
Posted by mzl - 27 Sep 2018 23:58

Day 111

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Re: MZL on the 90-day highway
Posted by mzl - 30 Sep 2018 03:44

Day 114

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Re: MZL on the 90-day highway
Posted by mzl - 30 Sep 2018 19:38

My wife has been expecting. The data over the last couple of years shows that when I act out she has a miscarriage. I hate to watch her go through a miscarriage. I've been bothering her for tashmish a couple of times a week. I was about to do it again but I feel horrible. She doesn't like to be a release valve even when she's not expecting, and now it's worse because she's expecting. But the fact that she is theoretically available makes it more difficult.

I feel ridiculous when I think that I should aim for no s*x at all. The rational expectation from this woman is to expect zero, for reasons I really can't divulge. But I feel like I'm showing off if I really aim for zero.

I'm tired of using her. I feel like I'm imposing. But if I screw up I put her through the terrible ordeal of a miscarriage.

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Re: MZL on the 90-day highway
Posted by KoachCheshvan - 01 Oct 2018 18:48

Of course, I don't know the whole story but the OU has a link for the halachos regarding marital relations:

www.ou.org/torah/halacha/hashoneh-halachos/1045-marital-relations/

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Re: MZL on the 90-day highway
Posted by mzl - 03 Oct 2018 03:27

Day 117

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Re: MZL on the 90-day highway
Posted by mzl - 03 Oct 2018 07:26

I think I need to define being clean as not asking my wife for s*x when she's not in the mood.

For this reason I reset my count to zero tonight.

It's weird but I'm not trying to do it to show off. It's just a reflection of how she views s*x. I know her and I know she has to view it that way. Can't go into details.

I'm really sad for setting my count to zero but I'm hoping it will help me to stop bothering her.

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Re: MZL on the 90-day highway
Posted by mzl - 03 Oct 2018 07:26

Day 0

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Re: MZL on the 90-day highway
Posted by KoachCheshvan - 03 Oct 2018 14:04

I have to say, MZL, that you inspire me with the love that you obviously have for your wife.

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Re: MZL on the 90-day highway
Posted by mzl - 03 Oct 2018 14:49

[KoachCheshvan wrote on 03 Oct 2018 14:04:](#)

I have to say, MZL, that you inspire me with the love that you obviously have for your wife.

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Re: MZL on the 90-day highway
Posted by mzl - 04 Oct 2018 02:38

Day 1

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