

Starting agin

Posted by Gettinghelp2 - 05 Apr 2018 14:07

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Back here after years away. BH 2nd day here. Any suggestion

?s where to start ? I'm in the middle of reading and learning the GYE book. Kinda of overwhelmed and confused about it. I really need a way to calm down and relax. The pressure of this and the financial pressure overwhelms me 24/7. I know its gift and message from HASHEM that he loves me and wants me to be clean and holy. I just know that in my head but don't yet believe it in my heart.

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