

My journey to recovery: Day 1

Posted by Rashi613 - 05 Mar 2018 17:37

Today is day 1 of my recovery.

What I've done today:

-Installed mobcip on all my devices

-Add additional filters via my browser plugin

Day 1 is looking good.

To do list:

-Finish completely koshering my phone.

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Re: My journey to recovery: Day 1

Posted by Rashi613 - 05 Mar 2018 17:42

One more thing that I did: I set guardyoureyes to my homepage. The first thing I will see is this site to keep reminding myself to move forward.

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Re: My journey to recovery: Day 1
Posted by lifebound - 05 Mar 2018 18:01

Great first steps. Hatzlacha on your journey. Keep us updated

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Re: My journey to recovery: Day 1
Posted by Voctave - 05 Mar 2018 23:48

I wish you a success in your journey! Don't take this incredible tool, this group of people that know what you're dealing with and people you can speak freely. Having someone to talk to frankly, a chance to not hide this shameful part of you, is truly freeing and I believe a big part of any success.

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Re: My journey to recovery: Day 1
Posted by lifebound - 05 Mar 2018 23:56

[Voctave wrote on 05 Mar 2018 23:48:](#)

Don't take this incredible tool, this group of people that know what you're dealing with and people you can speak freely.

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Re: My journey to recovery: Day 1
Posted by Hashem Help Me - 06 Mar 2018 02:53

Welcome. It should be with hatzlocha.

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Re: My journey to recovery: Day 1
Posted by Voctave - 06 Mar 2018 04:50

Haha yeah my grammar just went out the window last night. You got the point
though:stuck_out_tongue_winking_eye:

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Re: My journey to recovery: Day 1
Posted by Yerushalmi - 17 Mar 2018 18:19

Good for you!!!

The less access to the filth the that you have, the easier your fight will be!

Make sure that you have NO access to it on all of your devices.

Keep up the good work!

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