

Just starting now

Posted by Third holy bear - 25 Oct 2017 15:23

BH

I cant believe I am here again....

Just got back from a horrible sexual encounter, in truth they are all horrible.

Let me spell it out, I just saw a prostitute, my wife left town and within the hour she left, despite the early morning, I left my home all the kids were sleeping the oldest almost 13, and met this girl, she robbed me.

I would like to stop this horrible dangerous behavior, I am not sure what to do, I know the path that led me in the past was a complete return to Torah and Mitzvos.

Please dont send me to 12 step program, I have tried them 3 times in my life they dont work for me, and yes I gave it all I have, I was never closer to killing myself as I were when I went to 12 step program, you can find the statistics yourself, the success rate of AA is in the single digits, SA is much lower.

I am not putting down what works for others, I just need to focus on something that will make better.

SO what shall I do, I am giving up porn completely since it leads to visiting prostitutes, I will install a filter on the rest of my computers.

And I will for the rest of today try to do what G-D wants from me. It's only G-D who can help me.

Your feedback is always welcome.

=====

Re: Just starting now

Posted by Third holy bear - 03 Nov 2017 15:45

BH

Good morning friends,

I am inspired by others on this forum to restart again and push to be clean one day at a time.

Thank you all,

I will try to keep you posted, in my mind I am telling myself, but he didnt fall as low as me...

=====
=====