

DAY 48!!!!!!!!!!!!!!!!!!!!!!

Posted by gyehelp2017 - 24 Oct 2017 04:07

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DAY 48!!!!!!!!!!!!!!!!!!!!!!

one day at a time ads up to 48 as of now, the first time ever I got so far!, its b"h getting a bit easier already, thanks to GYE and all those that help me personally (no names for now) that I can keep strong.

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Re: DAY 48!!!!!!!!!!!!!!!!!!!!!!

Posted by Markz - 24 Oct 2017 04:58

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Amazing!!

Im happy for you!

You can share names later if you wish

Also what gye tools have helped you

If it's not to shiver for you can you try keep your growth posts to 1 thread and not create new threads

[guardyoureyes.com/forum/mytopics/mylastpost/userid-17457](http://guardyoureyes.com/forum/mytopics/mylastpost/userid-17457)

Simpy click on "my last post" and keep on posting ;-)

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Re: DAY 48!!!!!!!!!!!!!!!!!!!!!!

Posted by Hashem Help Me - 24 Oct 2017 11:16

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Super! B'ezras Hashem further - one day at a time. What helped the most?

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Re: DAY 48!!!!!!!!!!!!!!!!!!!!!!

Posted by gyehelp2017 - 24 Oct 2017 18:42

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what helped the most was/is talking to someone anonymously by phone, its really a life saver, I know that I am not alone on the boat, the encouragement is unbelievable!!!!

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Re: DAY 48!!!!!!!!!!!!!!!!!!!!!!

Posted by LoveU,Hashem - 24 Oct 2017 19:10

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Talking on the phone takes a lot of courage!! Halivie oidf mir!! May Hashem help you stay clean today!!

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Re: DAY 48!!!!!!!!!!!!!!!!!!!!!!

Posted by gyehelp2017 - 25 Oct 2017 02:44

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talking on the phone even anonymously might be hard and maybe (in the beginning) even embarrassing, but its worth it it works wonders, use a google number and/or \*67, try it and see for yourself.

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Re: DAY 48!!!!!!!!!!!!!!!!!!!!!!

Posted by gyehelp2017 - 30 Apr 2019 04:13

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Hi,

I am looking for a partner that is willing to study together the big book/ alcoholics anonymous, someone that went through it well, (no matter what background you are from), because I tried reading the book (I read the entire book) but didn't really get it, and I would really want to go through the steps. please contact me if you are interested, my email address is [gyehelp2017@gmail.com](mailto:gyehelp2017@gmail.com)

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