

My goal

Posted by positiveme - 29 Sep 2017 17:09

Hi everyone,

This is not the first time I am signing up for the 90 day chart, but I am not giving up and am hopeful with your help & Gd's I can be successful in this goal. I have struggled with pornography and masturbation since my late teens and am now almost 40 and still struggle. I typically go 2 or sometimes 3 weeks before falling, and its been many years since I have had 90 days. I am literally putting together a daily schedule and committed to spending time daily on GYE, and trying to structure my day to keep it as safe as possible, one day at a time. B'H I am successful in many other areas of my life but Porn has been so powerful.

Appreciate all the support I can get, I know I will need it. I am reaching out to see if anyone will take the challenge with me, will help and support me through, who out there thinks I can do it?

Thank you,

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Re: My goal

Posted by Markz - 29 Sep 2017 17:33

[markz wrote on 04 Oct 2015 04:20:](#)

[positiveme wrote on 22 Sep 2015 14:29:](#)

I just signed up to the site today and am adding myself to the 90 day chart. I only have 4 days, which is hard for me to take in as **I have never fell so close before Yom Kipur. I have made a list of changes in my life that I will review on a daily basis** as well as signed up to receive a sponsor so I pray with these things G-d will help me make it to 90 and beyond...

I made a small list of daily commitments that I hope will help me, will keep you posted as I go...

What's news my friend

Oh phew.. so you are alive thank Gd

I was worried your truck went over the cliff

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Re: My goal

Posted by positiveme - 29 Sep 2017 17:37

Thank Gd alive and well!!!

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Re: My goal

Posted by positiveme - 02 Oct 2017 21:09

Hi everyone,

Thank G-d continuing on my plan, on day 5 now!

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