

getting to 90 and on

Posted by getthere - 28 Jul 2017 07:40

Counting to 90 and looking to 90 as the goal, does not seem to work for me. But i will try to take it one day at a time and get like this to 90.

So today is day 19 since my last fall and i am B.H: doing good. I am going to try to write in the mornings to give myself the Chizuk i need for the day. I listened to the Shir on Shmiras Enayim and learned something already so this should keep my mind occupied for today. It was actually an interesting Gemore in Daf Yomi - that makes it easier to remember. I am positive i will manage today and trying to look at the good in people will also help me with that.

Hazloche to everyone else

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