

New Tactics

Posted by higherjourney - 06 Jun 2017 20:30

It seems really strange for me to write about this personal journey in public, especially because this has always been a hidden, shameful aspect of my life.

Joining GYE and implementing its strategies are new tactics in my ongoing struggle to overcome my baser instincts. I have gone more than 13 months without any P+M in the past, but unfortunately it is too long ago. Since then, I've had stretches of up to a month, but I haven't been able to hit that peak again and its about time I added some new weapons to my arsenal.

Writing is certainly a better alternative to engaging in illicit behavior. I intend for my writing to provide relief for myself; I hope it provides relief for others as well.

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Re: New Tactics

Posted by Shivisi_Hashem - 06 Jun 2017 21:10

welcome to the greatest community!!!

please hang around... you did the best thing ever!!!

I'm talking from experience....

Stay Strong! Stay clean! you can do it

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