

sci1977 journey

Posted by sci1977 - 30 Nov 2009 15:50

I started on November 23rd on my 90 days online. I have been clean since the 19th. I am feeling a little scared today. I woke up and said this is going to be another great day that G-d gave me. It has been a tough day so far. I decided to log onto the website and not get off. After reading some and looking back at emails, I am feeling better, but am not going to chance it. No slips or falls. I will NOT give up!!!!

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Re: sci1977 journey

Posted by Ineedhelp!! - 02 Sep 2010 14:15

[sci1977 wrote on 01 Sep 2010 21:07:](#)

Well G-d has listened to my prayers some I think. Business finally showed signs of life today. Very small signs but at least something. Another day clean and sober but more important, more time alive. No slips or falls non needed or wanted.

Hashem ALWAYS listens to our Tefillos and evry single one matters. Sometimes the answer is "no" or "not right now". But HE is always listening.

Thats great to hear about the good news regarding your business. I wish much Hatzlocha and that you are able to recognize Yad Hashem in everything.

-Yiddle

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Re: sci1977 journey

Posted by silentbattle - 03 Sep 2010 14:10

Very glad to hear that, Sci!

What yiddle said is very true, though...

have a great shabbos!

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Re: sci1977 journey

Posted by sci1977 - 07 Sep 2010 17:29

More time clean and sober. Thinking about living and doing that with the utmost of enjoyment.
No slips or falls, non needed or wanted.

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Re: sci1977 journey

Posted by Eye.nonymous - 07 Sep 2010 20:22

Hi Sci,

Just dropped in to wish you a great Rosh Hashanah,

--Eye.

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Re: sci1977 journey

Posted by silentbattle - 12 Sep 2010 19:44

Hi, Sci - this next week is part of the beginning of the year. There's a tremendous amount of power in these next few days, and the effort we put in now to improve ourselves, to grow, and get close to god brings results way out of proportion to the effort, in comparison to any other time of the year.

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Re: sci1977 journey

Posted by sci1977 - 13 Sep 2010 14:41

More time clean and sober. Doing little things on improving myself. I have decided I must focus more on work in a good way. G-d helps but he can't make you do anything. You, yourself must stand up and say, this is my time to win. I am not going to let outside forces drive me insane personally anymore.

No slips or falls, non needed or wanted.

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Re: sci1977 journey

Posted by sci1977 - 14 Sep 2010 14:55

Went and updated myself on the chart today. Realized that days don't count but couldn't help but notice I was at 299 days. 1 day at a time and remember no need to slip or fall, just take a step back and focus. Focus on living and G-d.

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Re: sci1977 journey

Posted by silentbattle - 15 Sep 2010 16:24

True, the days don't count, but I do think that as we distance ourselves (with god's help) from our insane behavior, there's a difference in ourselves. I think that being further away from my disease enables me to work on issues I couldn't have before. Like, not glancing at women in the

street at all, even just to see what they look like, without my imagination working. Realizing that there's just no reason, no benefit to it.

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Re: sci1977 journey

Posted by sci1977 - 20 Sep 2010 14:04

More time clean and sober. Realizing that my wife and I are getting closer. We both appreciate each other more and seem to understand each other a little better. We might still argue or get upset with one another but we still manage to be there for one another. No slips or falls, non needed or wanted.

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Re: sci1977 journey

Posted by silentbattle - 20 Sep 2010 14:41

Truly fantastic, my friend - keep on rocking!

Was just reading some of my old posts (as you recommend so often, correctly), and saw again just how much you were there for me. Thank you again!

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Re: sci1977 journey

Posted by sci1977 - 08 Oct 2010 19:12

Everyone have a wonderful Shabbos.

Still clean and feeling good.

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Re: sci1977 journey

Posted by Yosef Hatzadik - 08 Oct 2010 19:14

If that is the case,

then.....

Have a **CLEAN** Shabbos!!!!

and

Have a **GOOD** Shabbos!!!!

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Re: sci1977 journey

Posted by sci1977 - 18 Oct 2010 17:04

All's well in sciland. Still clean and sober. Have spent a lot of time on a new project for self employment. Seems to be going well. Could always I guess go better. However life is life and I take it one day at a time.

No slips or falls, non needed or wanted.

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Re: sci1977 journey

Posted by Eye.nonymous - 18 Oct 2010 18:17

Sci land is a good place to be.

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