

sci1977 journey

Posted by sci1977 - 30 Nov 2009 15:50

I started on November 23rd on my 90 days online. I have been clean since the 19th. I am feeling a little scared today. I woke up and said this is going to be another great day that G-d gave me. It has been a tough day so far. I decided to log onto the website and not get off. After reading some and looking back at emails, I am feeling better, but am not going to chance it. No slips or falls. I will NOT give up!!!!

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Re: sci1977 journey

Posted by Sturggle - 24 Feb 2010 08:56

Sci,

truly inspiring. thanks for sharing. and, yeah, it took some time, but like Eye said, some people never realize these things, don't often stop to appreciate the people around them (your wife) and/or HKB"H. every time we're able to accomplish this we are moving forward a big step. and maybe next time it will be shorter than 45 minutes, but in the end of the day, we all get knocked off balance at some point or another, it's how we put ourselves back together that matters.

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Re: sci1977 journey

Posted by Momo - 24 Feb 2010 09:34

[sci1977 wrote on 23 Feb 2010 16:24:](#)

In this case, I had not one thought in my head to act out, which I felt was a huge personal success for me.

Wow. Are you for real?

That's so amazing. Congratulations. You're a real baal teshuva.

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Re: sci1977 journey

Posted by imtrying25 - 24 Feb 2010 11:28

[sci1977 wrote on 23 Feb 2010 19:24:](#)

Let me make bit of last night known. It did take me about 45 minutes to realize it. It didn't just happen in 5 minutes. It took a while.

45 minutes?? For some that is way to quick!! Some take a few days till they can calm down from such an incident! So 45 minutes is totally awesome, just like you Sci, who is totally awesome!!!!

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Re: sci1977 journey

Posted by sci1977 - 24 Feb 2010 14:42

Thank you all for your responses yesterday. SB, eye, imtrying25, steve, momo, sturggle. When getting responses like all of yours it makes it much easier to open up and be honest regarding everything.

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Re: sci1977 journey

Posted by sci1977 - 24 Feb 2010 15:11

So another day of being clean and sober. Feeling really strong today and really trying to live. I almost feel like if you actual are living the changes you are attempting to make it really helps. I spoke to G-d this morning and realized after I was done talking to him I got a nudge to remind myself about where I need to be to stay clean. It's being in the right state of mind. Included in

that, of course is to be honest, sometimes brutally honest with yourself. I know that live is paved with a road. But sometimes the paved parts of the road still have pot holes and still have curves. But G-d has paved it no matter what. Bumps will come and go. It's how we overcome the bumps that what makes us the man we need to be.

On another note today, I do not want to get into much detail regarding why this is here. Remember your family first no matter what. It's more important then anything. I mean anything. Lastly, it wouldn't be right of me not to say something regarding my wife. She probably doesn't know this but this morning when I left for work I had a moment with her. I don't know if she even caught it or not. She was working in the kitchen and I was getting my bag ready. I looked at her from accross the room and I was struck with a warmth of love. She is and always will be amazing to me. No slips or falls, non needed or wanted.

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Re: sci1977 journey

Posted by silentbattle - 24 Feb 2010 19:40

First of all, at the risk of being a parrot, 45 minutes is good - and it's amazing that you realized it at all. Remember that!

And the more we enjoy the road, the easier it is to get past the bumps and potholes.

You rock!

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Re: sci1977 journey

Posted by sci1977 - 24 Feb 2010 19:48

So I sit here in front of the computer and trying to decide to write this or not. I guess I need to vent to here goes. The company I work for might either be closed or sold. No idea what my future holds. G-d I pray you have a plan cause right now I don't. I also have to say thank you G-d for giving me the feelings I have had today. I have been strong but this is almost to much to take. Trying to stay in the moment and within the day. GOT to stay positive. GOT TO STAY POSITIVE!

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Re: sci1977 journey

Posted by Steve - 24 Feb 2010 19:57

[sci1977 wrote on 24 Feb 2010 19:48:](#)

GOT to stay positive. GOT TO STAY POSITIVE!

Sci, you are positively RIGHT!!

Remember, when G-d closes one door, He always opens another. If it's not open yet, that means He has something else he wants from you before he opens it. A friend of mine was able to take care of a medical emergency with his mother SPECIFiCAlY because he was in between jobs at the moment. When she got stable again, a good job op opened up for him.

Hang in there!! Remember we all love you over here. And remember your earlier post - you have an amazing wife, LEAN on her, you will gather strength to face anything with her by your side.

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Re: sci1977 journey

Posted by silentbattle - 24 Feb 2010 20:03

Don't know what to say - I hope that hashem's plan, and the beauty of it, will be easy to see, and soon!

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Re: sci1977 journey

Posted by imtrying25 - 24 Feb 2010 21:48

[sci1977 wrote on 24 Feb 2010 19:48:](#)

Trying to stay in the moment and within the day. GOT to stay positive. GOT TO STAY POSITIVE!

Couldnt of been said any better!! Keep it up Sci. And stay strong and positive. God will repay you. Leave all the worrying and nrevousness to him. he know how to deal with alot better than any of us. And there another benefit to that. hecan take it away whenever he wants as well!!!!

[sci1977 wrote on 24 Feb 2010 19:48:](#)

. I have been strong but this is almost to much to take.

For you sci, someone who has punched in the 90 ticket, aint nothing to much to take!!!! And i mean it. All of us who have followed you know beyond a shadow of a doubt that you do have what it takes!!!

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Re: sci1977 journey

Posted by silentbattle - 24 Feb 2010 23:07

Just an interesting point - it's purim time. And purim is really all about the idea that even in the darkest times, hashem is always there behind the scenes, running the show for our benefit.

We read the megilla, and we see the purim story unfold in about 30 minutes. The original story took...9 years? 12 years? Whatever - either way, at the time, it was difficult to see how events connected. And there was a decent span of time when the jews were sure they were all going to

be wiped out. And for years, Esther was torn away from her husband, forced to be with a non-jewish king. But in the end, it was clear to everyone that hashem had been perfectly preparing everything.

I don't think it's a coincidence that such a dark time has come right at this time of year - and I hope that hashem shows you his plan quickly!

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Re: sci1977 journey

Posted by sci1977 - 25 Feb 2010 03:59

Thanks guys for getting me off the pissed off train I have been stuck on all day! It's in G-d hands. Now I just have to talk to my wife to make sure my heads on correctly going into tomorrow!

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Re: sci1977 journey

Posted by Eye.nonymous - 25 Feb 2010 15:09

[sci1977 wrote on 25 Feb 2010 03:59:](#)

Thanks guys for getting me off the pissed off train I have been stuck on all day! It's in G-d hands. Now I just have to talk to my wife to make sure my heads on correctly going into tomorrow!

GOOOOOD LUCK!

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Re: sci1977 journey

Posted by sci1977 - 25 Feb 2010 15:26

G-d was with me for now. THANK YOU G-D!!! I feel a little better about the overall picture.

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