

sci1977 journey

Posted by sci1977 - 30 Nov 2009 15:50

I started on November 23rd on my 90 days online. I have been clean since the 19th. I am feeling a little scared today. I woke up and said this is going to be another great day that G-d gave me. It has been a tough day so far. I decided to log onto the website and not get off. After reading some and looking back at emails, I am feeling better, but am not going to chance it. No slips or falls. I will NOT give up!!!!

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Re: sci1977 journey

Posted by imtrying25 - 29 Jan 2010 00:45

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Re: sci1977 journey

Posted by sci1977 - 29 Jan 2010 00:56

[imtrying25 wrote on 29 Jan 2010 00:45:](#)

KOT SCI-NMW!
Glad your back AGAIN!!!

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Re: sci1977 journey

Posted by imtrying25 - 29 Jan 2010 01:00

100000 gye points for that!

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iasmmgticbwggly!!!!!!!
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Re: sci1977 journey

Posted by sci1977 - 29 Jan 2010 15:01

Day 71 of being clean and sober. Another wonderful day G-d has granted me. I noticed something about my journey yesterday and slept on it last night to make sure it was the same this morning. I have not thought about lusting anything in a while. I almost scared myself when I realized it. I have no desire to lust or even want to act out, but I noticed I have been so consumed with everything else I have not wanted to at all. Between work, friends and family when is there time when you are truly living to even want to do anything stupid. I've reconnected with friends I had been out of contact with for a while and that has helped. Obviously the guys here at GYE have been great and I now have the best friend and most wonderful person in the world by my side everyday, my lovely wife. We continue to work on us and are now a unit in marriage and parenting. Lastly today, believe in G-d as a honest friend. Belief in him will lead you on the right path 100% of the time.

No slips or falls, non needed or wanted. I WILL WIN THE BATTLES AND THE WAR- WITH G-D'S HELP!!

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Re: sci1977 journey

Posted by silentbattle - 29 Jan 2010 15:43

That's fantastic! There's no guarantee of future perfection, we live day by day - but I think that's the result of breaking the habit, we stop turning to lust as our first response to anything.

It is scary to suddenly realize that we've become closer to god, closer to our true selves - we've changed so much since we started it! It's startling.

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Re: sci1977 journey

Posted by sci1977 - 29 Jan 2010 16:05

I know I was really taken back. I went back and read all my threads the last few week or so and realized, if you go back and read what you have been through, why would you want to go back and start all over again. We help others by posting in their thread but working on ourselves is the best thing we can do.

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Re: sci1977 journey

Posted by Eye.nonymous - 30 Jan 2010 18:27

You're doing really great. I'll give a warning though--I think we need to realize that the addiction is always lurking in the shadows for us. AND KNOWING THIS is what keeps us safe from it.

Shavua Tov,

--Eye.

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Re: sci1977 journey

Posted by imtrying25 - 30 Jan 2010 20:14

Sci you never cease to amaze me. Thanks for the update. I look forward to your posts every single day! Thanks man!

Re: sci1977 journey

Posted by OneLife - 30 Jan 2010 23:10

SCI,

i see you entered to the last 20 days,

hey, don't you have any oxygen problems there?? :D :D :D

you right, and i feel it on myself, as high as the day you hit at your journey, as the desire become less & less.

the importance is to realize that the lust hasn't disappeared, just became little.

you do a great job!

keep going and shavua tov.

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Re: sci1977 journey

Posted by aryehtahor - 31 Jan 2010 04:12

Wow sci, the home stretch. Reading your post just makes me that much more excited to reach 90. I'm already noticing the changes in my life and it's only day 11. I too feel that I haven't had time to lust, because I'm too busy living in the real world. That's not going to last and there will be nisyonos but it's still a great feeling. Also, hearing about your relationship with your wife makes me yearn to get married, as soon as possible. Its such a beautiful thing. But....one step at a time. There's a time for everything.

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Re: sci1977 journey

Posted by sci1977 - 31 Jan 2010 04:14

Thanks guys. Eye, thanks for pointing that out. VERY TRUE!!! Everyday I just keep reminding myself that I am an addict and for some reason it's like I arm myself for battle for that day.

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Re: sci1977 journey

Posted by sci1977 - 31 Jan 2010 04:19

Day 72 of being clean and sober. My wife was really sick today. Spent the afternoon taking care of the kids and making sure she was OK. Not a second to lust when you have 4 kids to take care. Life is good and had a wonderful shabbos. Not much to actually report but I did have a fantastic day and this morning had a great talk with G-d. After talking to him things became a lot clearer on how I feel about myself. No slips or falls, non needed or wanted.

I WILL WIN THE BATTLES AND THE WAR- WITH G-D'S HELP!!

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Re: sci1977 journey

Posted by Kedusha - 31 Jan 2010 04:24

Such good news, Sci! Your attitude is wonderful! I'm beginning to thing that you ghostwrote the

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Re: sci1977 journey

Posted by sci1977 - 31 Jan 2010 04:29

[Kedusha wrote on 31 Jan 2010 04:24:](#)

Such good news, Sci! Your attitude is wonderful! I'm beginning to thing that you ghostwrote the

I'm not that smart but thank you. All I think about is making it to the next day. I just wrote in Eye's thread the actual count of days doesn't matter. We need to work on ourselves and everyday we do that clean the better we are, slowly.

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