

sci1977 journey

Posted by sci1977 - 30 Nov 2009 15:50

---

I started on November 23rd on my 90 days online. I have been clean since the 19th. I am feeling a little scared today. I woke up and said this is going to be another great day that G-d gave me. It has been a tough day so far. I decided to log onto the website and not get off. After reading some and looking back at emails, I am feeling better, but am not going to chance it. No slips or falls. I will NOT give up!!!!

=====

=====

Re: sci1977 journey

Posted by silentbattle - 15 Jan 2010 16:04

---

I'm still marveling at how much it hurt...I just kinda curled into a fetal position for a little while.

=====

=====

Re: sci1977 journey

Posted by sci1977 - 15 Jan 2010 16:29

---

You were surprised that the place you felt the most comfortable talking about this, would turn on you and how you wanted it to be. It's a normal reaction I would think. Just keep going and now my thread at least has someone else other then sci1977 on it. I was getting bored in my own thread.

=====

=====

Today's a quiet day in general...plus, it's already shabbos for about half the forum!

Re: sci1977 journey

Posted by silentbattle - 15 Jan 2010 17:21

---

bro, your thread is an awesome place to be...I'm surprised more people don't come here - there's a lot to gain!

=====

=====

Re: sci1977 journey

Posted by Eye.nonymous - 16 Jan 2010 17:37

---

That "Friends" post was a real Hallmark moment.

Sorry you hit another rough spot with your wife. Just keep on going, though. (Helps to say your sorry, but you probably did that already).

Shavua Tov,

--Eye.

=====

=====

Re: sci1977 journey

Posted by OneLife - 16 Jan 2010 21:39

---

[sci1977 wrote on 15 Jan 2010 16:29:](#)

Just keep going and now my thread at least has someone else other then sci1977 on it. I was getting bored in my own thread.

sorry that you are bored, i promise to visit here .. :-[ to post something even smiley to show you, you are not alone.

i see your journey on the wall of honor every time i update my position, and noticed that this is the first cycle of you, and a very good work was done so far.

that pretty impressive we can learn from you a lot.

KUTGW sci , you gonna hit the 90 very soon.

then, you could close your thread and just work as a *mechazek* others... :D

=====

=====

Re: sci1977 journey

Posted by silentbattle - 17 Jan 2010 01:15

---

The journey doesn't end at 90 days, as we all know, though it certainly is a nice milestone, and a distance from all the unhealthy habits we've developed over the years.

=====

=====

Re: sci1977 journey

Posted by Eye.nonymous - 17 Jan 2010 12:44

---

Just checking in here to see how you're doing.

=====

=====

Re: sci1977 journey

Posted by sci1977 - 17 Jan 2010 21:07

---

Days 58 and 59 I am putting together. WOW!!! I am having a wonderful couple of days. My

wife and I are doing probably better then we have done in a while. Marriage is a rollercoaster. Right now the rollercoaster is at stop and that is great thing. I have been doing very well in my own journey. I came to a point where I think my head is starting to realize what it means to be clean. It's a great feeling knowing I am working on something and not getting sidetracked. I have taken this feeling and applied to the rest of my life and now with G-d's help, I really am living. I used to try and live, no I actually live. It's a big change for me.

I want to take a second and say thank you again to everyone on GUE!! I gain better understanding of myself through this wonderful website. No slips or falls, non needed or wanted.

I WILL WIN THE BATTLES AND THE WAR-WITH G-D'S HELP!!!

=====

Re: sci1977 journey

Posted by silentbattle - 17 Jan 2010 21:14

---

As always, you are, indeed, awesome!

Glad to hear things are going well. And I like the idea of a rollercoaster (which is an enjoyable, thrilling, exhilarating ride), but I would remind you again that your marriage isn't really like that - ultimately, you're not just going up and down - you're going up and up! And more up, and more up, and more up! There are times when things are more difficult, and minor stalls, but don't let that take away from the over growth that you've been experiencing. But enjoy the thrill of the journey!

The feeling of being clean *is* incredible. It's slowly but surely moving away from the feeling of needing a drug, of feeling like we can't live without it.

=====

Re: sci1977 journey

Posted by sci1977 - 17 Jan 2010 22:11

---

Very true SB. Once again the words, the words are just amazing. Makes me think of my life differently.

=====

Re: sci1977 journey

Posted by silentbattle - 18 Jan 2010 01:01

---

Always glad I can help you see how incredible you are...and even gladder that I get to watch!

=====

Re: sci1977 journey

Posted by OneLife - 18 Jan 2010 08:58

---

[sci1977 wrote on 17 Jan 2010 21:07:](#)

Days 58 and 59 I am putting together. WOW!!! I am having a wonderful couple of days. My wife and I are doing probably better then we have done in a while. Marriage is a rollercoaster. Right now the rollercoaster is at stop and that is great thing. I have been doing very well in my own journey. I came to a point where I think my head is starting to realize what it means to be clean. It's a great feeling knowing I am working on something and not getting sidetracked. I have taken this feeling and applied to the rest of my life and now with G-d's help, I really am living. I used to try and live, no I actually live. It's a big change for me.

I want to take a second and say thank you again to everyone on GUE!! I gain better understanding of myself through this wonderful website. No slips or falls, non needed or wanted.

I WILL WIN THE BATTLES AND THE WAR-WITH G-D'S HELP!!!

SCI you do a fantastic job. 2/3 is pretty impressive.

the feelings,the new life with your wife, are all great.

there is no alternative for the new life.

i wish you HAZLACHA ,

i follow your progress everyday, so you don't have any chance except of go up and up and up and up....as SB said!

KUTGW geveer!! i'm gonna keep my eyes on you.

=====

Re: sci1977 journey

Posted by Eye.nonymous - 18 Jan 2010 13:08

---

[sci1977 wrote on 17 Jan 2010 21:07:](#)

I came to a point where I think my head is starting to realize what it means to be clean. It's a great feeling knowing I am working on something and not getting sidetracked. I have taken this feeling and applied to the rest of my life and now with G-d's help, I really am living. I used to try and live, no I actually live. It's a big change for me.

Great great great!

KUTGW!

--Eye.

=====

Re: sci1977 journey

Posted by silentbattle - 18 Jan 2010 14:41

---

Good morning, Sci! ;D

=====