

sci1977 journey

Posted by sci1977 - 30 Nov 2009 15:50

---

I started on November 23rd on my 90 days online. I have been clean since the 19th. I am feeling a little scared today. I woke up and said this is going to be another great day that G-d gave me. It has been a tough day so far. I decided to log onto the website and not get off. After reading some and looking back at emails, I am feeling better, but am not going to chance it. No slips or falls. I will NOT give up!!!!

=====

=====

Re: sci1977 journey

Posted by silentbattle - 29 Dec 2009 01:03

---

:D :D :D :D :D

Thanks - for the joke, but even more so for the constant inspiration I get from you!

=====

=====

Re: sci1977 journey

Posted by sci1977 - 29 Dec 2009 01:20

---

I found that reading others posts gives me more power. Life is good when people pull for each other.

=====

=====

Re: sci1977 journey

Posted by silentbattle - 29 Dec 2009 11:20

---

Heck yeah!

specially when I have people as awesome as you, there for me!

=====

Re: sci1977 journey

Posted by Eye.nonymous - 29 Dec 2009 11:38

---

[sci1977 wrote on 28 Dec 2009 15:15:](#)

Internally I feel better and stronger everyday. I am more ready now to deal with other aspects of my life no matter what. I am not as afraid to share my inner most thoughts. I feel more open and much closer to G-d. I have changed my attitude to start this journey....

...I am closer to wife then I ever have been. She is proud of me and we are talking about what I do on the website. WHAAAAA OOOOOOOOOOOOOOOO and THANKS to G-d for my wife!!!!

GREAT GREAT GREAT; And it keeps getting better, too!

=====

Re: sci1977 journey

Posted by imtrying25 - 29 Dec 2009 12:25

---

SCI it makes me so happy to see you getting so far in your journey. And the fact that your closer to your wife now is unbelievable. Ive noticed the same thing by me as well. Ever since i joined here this forum my relationship with my wife has gone up up up.....

Keep it up Sci, and youll never go wrong by allowing G-d to hold you.....

=====

=====

Re: sci1977 journey

Posted by sci1977 - 29 Dec 2009 16:00

---

Day 40 clean and sober!! I am thinking to myself today how I got here to 40 days and how will I get to the next minute. I think its the routine of the day I have created that I can do anywhere. I talk to G-d and thank him for a great day every morning. Then I tell myself I am an addict and it reminds me to keep my head on straight. After that and only after that do I get out of bed. The rest of my day I talk to G-d when I am alone. I talk to my wife if something is bothering me. I lean on the greatest pillars of strength I know of, G-d and my wife. Yesterday I realized that I am following live, laugh and love, no need to lust. Positive attitude and perseverance will get you a very long way. I have moved my life in the right direction and now feel more in tune with G-d and that has lead me to be more focused everywhere. I work harder, I love deeper, and I understand G-d and his will. I have released myself from me and put myself in G-d's every loving arms. At night I thank G-d for a wonderful day no matter the stresses. I thank G-d for letting me heal and get better. Every night before my head hits the pillow I think, how can tomorrow get better then today? And so far everyday it has, maybe G-d has something to do with that???? Tonight I need to add when I talk G-d tonight, heal everyone that needs healing.

Every moment being sober is a great moment. It would not have happened if my wife did not find this site and it certainly would not have happened if I did not take a leap of faith. I keep thinking about a line I heard one time in a movie. Herb Brooks coached the USA hockey team in 1980 and the were huge underdogs against everyone. The were playing the Russians and were not expected to win. He told his team, "Great moments are born from great opportunity." Team USA wins the game and eventually the gold metal that year.

I am having great moments, because I took a great opportunity to help myself. For some reason, that line from a movie, Miracle, has stuck with me ever since I started this journey. It hits me in the mind, heart and soul. Today is a great day and I feel good and strong. I am powered on by a great G-d, mighty wife and desire to be a better person. Not to mention all that are here on this wonderful website.

I have more to go and a lot more to do and will with G-d's help. I know I have a foundation of principle for myself that I never had before. No sips of falls, non needed or wanted.

I WILL WIN THE BATTLES AND THE WAR- WITH G-D'S HELP!!!

---

====

Re: sci1977 journey

Posted by imtrying25 - 29 Dec 2009 17:21

---

Sci that post just knocked me down. If i was in charge i would ace it no questions asked. WOW!! Ive gotta read it a couple more times to allow it to sink. Im so jealous of you that you arte living with G-d every second of your day. Oh i wish..... Teach me sci, teach me.

=====

====

Re: sci1977 journey

Posted by sci1977 - 29 Dec 2009 18:10

---

[imtrying25 wrote on 29 Dec 2009 17:21:](#)

Sci that post just knocked me down. If i was in charge i would ace it no questions asked. WOW!! Ive gotta read it a couple more times to allow it to sink. Im so jealous of you that you arte living with G-d every second of your day. Oh i wish..... Teach me sci, teach me.

Thanks. I hope it helps in some way. I don't know if it's an ace but I sre feel better after I wrote it.

=====

====

Re: sci1977 journey

Posted by sci1977 - 29 Dec 2009 19:53

---

One other thought today, I am glad this world is filled with people who are actually forgiving.

=====

====

Re: sci1977 journey

Posted by Eye.nonymous - 29 Dec 2009 21:52

---

Sci, you are inspiring me. Thanks!

=====

Re: sci1977 journey

Posted by sci1977 - 29 Dec 2009 21:55

---

[Eye.nonymous wrote on 29 Dec 2009 21:52:](#)

Sci, you are inspiring me. Thanks!

You do the same for me!!! Thanks!!!

=====

Re: sci1977 journey

Posted by imtrying25 - 29 Dec 2009 21:57

---

[sci1977 wrote on 29 Dec 2009 21:55:](#)

[Eye.nonymous wrote on 29 Dec 2009 21:52:](#)

Sci, you are inspiring me. Thanks!

You do the same for me!!! Thanks!!!

Thats what its all about. Were in this ship together. me for you , you for me. Keep it up sci.

=====

Re: sci1977 journey

Posted by sci1977 - 29 Dec 2009 21:59

---

[imtrying25 wrote on 29 Dec 2009 21:57:](#)

[sci1977 wrote on 29 Dec 2009 21:55:](#)

[Eye.nonymous wrote on 29 Dec 2009 21:52:](#)

Sci, you are inspiring me. Thanks!

You do the same for me!!! Thanks!!!

Thats what its all about. Were in this ship together. me for you , you for me. Keep it up sci.

You are 100% right!!! Thanks for your encouragement to continue on.

=====  
=====

Re: sci1977

Posted by loi-misyaeish - 29 Dec 2009 22:05

---

Sci, you are a world of inspiration. Although i'm not married yet, it was great. I was wondering recently about when i get married, how i'd be able to build a normal relationship with my wife since i'm stuck with this terrible addiction. But just reading your posts makes me less nervous.

=====  
=====