Still Raging Against The Machine Posted by Cry2Tatty - 30 Nov 2009 01:17

so thats pretty much the deal...i showed up here one day by accident and saw something weird...here were all these jews that where putting up a genuine resistance to the evil empire that is lust...in all my wanderings ive seen some crazy crap but something like this? not at all...i saw two dozen frum blogs but alas, they too were contaminated by the lust assult..poor figures...nothing more than drones following the creed that larry flynt recieved himself on Mount Sinai...disguised as frum sites but nothing of the sort, really....did i find any voices that said, "look, this sh\*\* aint right..."...probably but a quick peruse through and i discovered that they were either out of touch with reality or just plain silly...and then i bumped into this site...and here was real and GENUINE and honest solutions....so i came...i looked around...marveled at all the flakes that took up residency here....

well, im now on at least 20 days of no pr0n and no bating...which is a miracle...its been years and years before i came here that i wasnt able to pull 5 days together and many many months where i stopped even trying....i dont know what happened but the group support and the genuineness of the good folks here and hearing their experiences and lo and behold i am a changed man...

the changes were not only in me but perhaps even greater in the people around me...no longer driven by lust i saw people (WIFE) in a new light and the changes in the way we relate to each other was quick and vast....this is perhaps what i owe GYE the most for....

i dont take myself too seriously and i hope you dont either ....

Re: Still Raging Against The Machine Posted by silentbattle - 24 Jan 2010 16:57

Nice, Rage - I like ;D

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Re: Still Raging Against The Machine

Posted by Ineedhelp!! - 24 Jan 2010 17:12

Thats A & W for ya... I remember the egg one that was amazing

Re: Still Raging Against The Machine Posted by silentbattle - 24 Jan 2010 17:22

Wanna share (what he said, not the eggs - I've got my own eggs, thanks)?

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Re: Still Raging Against The Machine Posted by imtrying25 - 24 Jan 2010 22:36

Rage ATM wrote on 24 Jan 2010 12:54:

so we were havin a real hard time with spam at my office it was time to do something about it...every day when i would get in i would spend a hald hour deleted dozens of email messages about a better mortgage (i rent) fake cartier (no thanks) working from home (do you KNOW my kids??) and of course THAT (does it look like i need that?)...so it was time to do something...if you did the math, hourly rate times minutes spent deleting spam it was costing us thousands of dollars a year (shhhh, dont tell them how many billable hours im on gye)...so our IT guy went and searched through all the server based spam filters and found one he was gonna try out....he installed it on he server and was ready to put it into action...in turning the filter on, he was required to go through a whole list of factors that would help idetify which email servers were legit and which were spam...but before he got a chance to do it he left the thing running and viola! 99% of our spam disappeared without any work? he was concerned...how did this happen? he hadnt put any info in the filter yet and it was already working...turns out the filter has a built in grey list filter...it works like this: whenever we get an email from anyone in the world, our filter refuses it and sends it back saying "im busy now can you try again in 5 minutes"...the real legit email servers simply try again in five minutes and the email gets through...the spam emails dont bother in 5 minutes, they just move on to another target...and i thought, hey! you know what? by addiction is sometimes like that too...i feel a urge to act out but i tell the addiction, "im busy now come back in 5 minutes and i will let you in"...i then email a gye friend or post something here or read a little through the forum and the handbooks and guess what? the addiction does not bother to return...whenever i feel the urge to fall i say "ok i will fall

just a little later not right now" and then i get busy with something else...it doesnt catch 100% of the addiction spam but it gets a whole lot...

Dude! rage! You rock the freakin pub i mean the house!

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Re: Still Raging Against The Machine Posted by Dov - 24 Jan 2010 23:13

bardichev wrote on 22 Jan 2010 14:12:

III translate

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Its says

Are u sute u want fung wong gai and noogoogao pan for shabbos instead of cholint kishke ans kugel

Baa dee chu

Are you serious!? Someone else knows about fong won gai besides me? I used to order the chicken-wrapped pastrami thing....uh....now, of course, olam hazeh means absolutely nothing to me any more!!! ......where can I get soma dat, buddy?

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Re: Still Raging Against The Machine Posted by habaletaher - 25 Jan 2010 05:48

Rage ATM wrote on 24 Jan 2010 12:54:

so we were havin a real hard time with spam at my office it was time to do something about it...every day when i would get in i would spend a hald hour deleted dozens of email messages about a better mortgage (i rent) fake cartier (no thanks) working from home (do you KNOW my kids??) and of course THAT (does it look like i need that?)...so it was time to do something...if you did the math, hourly rate times minutes spent deleting spam it was costing us thousands of dollars a year (shhhh, dont tell them how many billable hours im on gye)...so our IT guy went and searched through all the server based spam filters and found one he was gonna try out....he installed it on the server and was ready to put it into action...in turning the filter on, he was required to go through a whole list of factors that would help idetify which email servers were legit and which were spam...but before he got a chance to do it he left the thing running and viola! 99% of our spam disappeared without any work? he was concerned...how did this happen? he hadnt put any info in the filter yet and it was already working...turns out the filter has a built in grey list filter...it works like this: whenever we get an email from anyone in the world, our filter refuses it and sends it back saying "im busy now can you try again in 5 minutes"...the real legit email servers simply try again in five minutes and the email gets through...the spam emails dont bother in 5 minutes, they just move on to another target...and i thought, hey! you know what? by addiction is sometimes like that too...i feel a urge to act out but i tell the addiction, "im busy now come back in 5 minutes and i will let you in"...i then email a gye friend or post something here or read a little through the forum and the handbooks and guess what? the addiction does not bother to return...whenever i feel the urge to fall i say "ok i will fall just a little later not right now" and then i get busy with something else...it doesnt catch 100% of the addiction spam but it gets a whole lot ...

Re: Still Raging Against The Machine Posted by imtrying25 - 26 Jan 2010 00:29

Btw Rage can i get this filter on my comp too?? :D :D :D :D :D :D :D

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Re: Still Raging Against The Machine Posted by Dov - 26 Jan 2010 22:10

When it comes to lust, we can't afford to procrastinate tomorrow... (the doublish-negative reminds me of Old Bilbo!)

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Re: Still Raging Against The Machine Posted by imtrying25 - 28 Jan 2010 23:22

Quote from a pm someone sent me today.

The FBI took the tap off my phone cuz they are too busy looking for Rage. Poor guy.

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Re: Still Raging Against The Machine Posted by imtrying25 - 29 Jan 2010 01:13

Sorry Rage. Dint mean nothing personal. I wasnt around for a couple as you know. So ive got no idea what was going on. Just copied what someone wrote. Maybe when your not around for :-\*

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Re: Still Raging Against The Machine Posted by imtrying25 - 29 Jan 2010 01:16 Check er out bro.

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rehab-my-site.com/guardureyes/forum/index.php?topic=1618.15

Re: Still Raging Against The Machine Posted by Momo - 31 Jan 2010 14:41

Rage, don't fall back into it.

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Read my thread if you want a reminder what it's like.

Here's a taste of what my week's been like:

Life of an addict

I've fallen and can't get up.

Drawn like a magnet.

Each morning I make empty promises, or stopped promising. What's the use if I'll just break them anyway?

Sucked into the vortex if the Net.

I feel like I've lost my freedom, lost my ability to choose.

I've fallen behind in my work. I'm considering quitting work just to save face. Will I hit rock bottom then?

I'm spending days (not just hours) wasting searching for "one more photo" to satisfy me, only to never be satisfied.

My soul wants to be helped, but she's down, kicked, hurting and doesn't know how to get back up.

Ah, I thought this year would be different. I told people "This is my year". How wrong I was.

Re: Still Raging Against The Machine Posted by imtrying25 - 31 Jan 2010 23:06

Rage ATM wrote on 31 Jan 2010 13:20:

So I am pretty sure I'm back at that place in my mind where I'm truly horrified to go back to acting out on this addiction...for a while there the desire to be free remained strong but that terror of how horrible life is while acting out was missing...and I think it's back thank tatty...so Sundays and been hard for me this past month...today I stand on guard...no more falls...we will recover...we will beat this addiction...

Re: Still Raging Against The Machine Posted by silentbattle - 01 Feb 2010 02:21

No way, Momo - this IS your year. That doesn't mean you'll be perfect - it means you'll be a real eved hashem. And that doesn't mean being the person YOU want to be, it means being the person that GOD wants you to be. And so far, you've been doing that, improving and growing in all sorts of ways.

Don't give up now.

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.....we.....