GYE - Guard Your Eyes

Generated: 22 July, 2025, 14:16

Reflections

Posted by Chaimel - 21 Apr 2017 17:22

(Disclaimer: feel free to read on but I'm just rambling so no need for response even though it would be appreciated)

taking the plunge and starting a thread because today was my first fall since joining GYE (217 days clean!) Before GYE the longest I went was about a week or so but usually fell daily. Thanks to the wonderful people behind GYE and all who take time to read/post/moderate the forum.

its amazing how far I've come as my first response to my fall was: now is a time to restart and reflect on how far I've come!

The greatest thing GYE gave me this far was that it's all about this moment and getting through the day. Celebrate the ups and don't let the downs be downfalls only stepping stones to improve.

i don't have time now but iyh bn I'll continue over shabbos to analyze why this took place and how to prevent falls in the future.

Thanks again to all and have a wonderful Shabbos!

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Re: Reflections

Posted by Hashem Help Me - 08 Jun 2017 11:11

Wise move. The more we protect ourselves, the more Hashem helps us. Nice to see you at 30 days. May you have continued hatzlocha!

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Re: Reflections

Re: Reflections

Posted by Markz - 23 Jun 2017 18:49

Sorry for ditching for so long.....

Mazzad Mov Al rjeat Got Engaged!



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Oh and by the way, MAZEL TOV!!! And at 90 it's welcome to humanity ;-)
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Re: Reflections Posted by MayanHamisgaber - 24 Jun 2017 21:24
Mazal Tov
Recovery should be with continued Hatzlacha
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Re: Reflections Posted by Hashem Help Me - 25 Jun 2017 22:16
Mazel tov! May you be zoche to a bayis ne'eman b'yisroel built with a heaping dose of kedusha.
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Re: Reflections Posted by Trouble - 26 Mar 2019 03:15
Singularity wrote on 11 May 2017 10:29:

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