

My Book of Business

Posted by Shivisi_Hashem - 19 Apr 2017 16:41

Hi all ?????? ????? ?????,

I'm starting again my 90 days after being clean for the first time for 2 weeks, 14 days, I hope it will be an ?????? ?????? ?????, you can read here my 30 year story, <https://guardyoureyes.com/forum/19-Introduce-Yourself/310830-my-long-%D7%A0%D7%A1%D7%99%D7%A2%D7%94-of-almost-30-years> and I hope to be here daily with my ups and down daily, I feel that will help me get out of my sickness.. with all your support and Chizuk

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Re: My Book of Business

Posted by Shivisi_Hashem - 21 May 2017 17:27

Day #32 will engrave todays post in Gold, I reached a milestone! 1/3 of 90 days!

B"H I passed day #29, 30, and 31

what a journey, **Today** is #32, wow, i passed 1/3 of the Wall of Honor clean, what an achievement!!!! I wasn't around to celebrate publicly my 30th day, but i did personally, i was overcome with joy, im so excited, if i would can, i would gave a big tikin in shil, for me its something i never dreamed it would ever happen.

Im almost reachin 40 days, which breaks bad habits, that will be wonderful, and im positive that i will get there.

I had a picture perfect clean weekend, first time ever, a shabbes with no lust! It was great, Thank You Hashem, thanks for my great partner, and thanks to all of you.

today is #32, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the today is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

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Re: My Book of Business

Posted by Shivisi_Hashem - 22 May 2017 14:18

Day #33

B"H I passed day #32

I passed day #32, what a journey, **Today** is #33, ????? ??????, I feel B"H great,

I had a picture perfect clean yesterday!

Thank You Hashem, thanks for my great partner, and thanks to all of you.

today is #33, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

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Re: My Book of Business

Posted by Shivisi_Hashem - 23 May 2017 22:07

Day #34

B"H I passed day #33, what a journey, **Today** is #34, ?????? ??????, I feel B"H great,

I had a picture perfect clean yesterday! at the beginning of the night, i had a big fight, I was thinking back and forth, but i won, I didn't do anything, the stopping point was, that I'm not going to kill my success for just a second of ????? ??????.

Thank You Hashem, thanks for my great partner, and thanks to all of you.

today is #34, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

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Re: My Book of Business

Posted by Shivisi_Hashem - 24 May 2017 14:42

Day #35 ~ 5 Weeks

B"H I passed day #34, what a journey, **Today** is #35, 5 weeks, who would imagine that, after 30 years struggling, ill reach to 5 weeks clean, I feel B"H great, BUT, I won't fool myself, I'm still an addict, and I need to be constantly fully aware of that. I'm still on top of the hill, one slip and booms.

I had a picture perfect clean yesterday! B"H

Thank You Hashem, thanks for my great partner, and thanks to all of you.

today is #35, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down.

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Re: My Book of Business

Posted by Shivisi_Hashem - 25 May 2017 15:47

Day #36

B"H I passed day #35, what a journey, **Today** is #36.

I had a picture perfect clean yesterday! I feel B"H great, BUT, I won't fool myself, I'm still an addict, and I need to be constantly fully aware of that. I'm still on top of the hill, one slip and booms.

Thank You Hashem, thanks for my great partner, and thanks to all of you.

today is #36, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what happend in the past, and what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down, I want to stay clean, and help me and all *Klal Yisroel* stay clean.

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Re: My Book of Business

Posted by Chaimel - 26 May 2017 02:20

Good going! It's so nice to see! lyh many more happy healthy days to come!!!

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Re: My Book of Business

Posted by Shivisi_Hashem - 26 May 2017 14:47

Thank you for your support...

you should have the strength to continue clean every Today your entire life.

Stay Strong..

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Re: My Book of Business

Posted by Shivisi_Hashem - 26 May 2017 14:48

[Chaimel wrote on 26 May 2017 02:20:](#)

Good going! It's so nice to see! lyh many more happy healthy days to come!!!

Thank you for your support...

you should have the strength to continue clean every Today your entire life.

Stay Strong..

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Re: My Book of Business

Posted by Shivisi_Hashem - 26 May 2017 14:49

Day #37 ~ A Good Chodesh

B"H I passed day #36, what a journey, **Today** is #37.

I had a picture perfect clean yesterday! I feel B"H great, BUT, I won't fool myself, I'm still an addict, and I need to be constantly fully aware of that. I'm still on top of the hill, one slip and booms.

Thank You Hashem, thanks for my great partner, and thanks to all of you.

today is #36, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what happend in the past, and what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down, I want to stay clean, and help me and all *Klal Yisroel* stay clean.

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Re: My Book of Business

Posted by Shivisi_Hashem - 28 May 2017 19:32

Day #39

B"H I passed day #37 & 38, what a journey, Today is #39.

Shabes was great, i didnt had any struggle, i feel B"H great, Friday i had a VERY hard & tough day, BUT, it passed clean, ????? ???, i will fight & fight untill my last day of life, iy"h, my father in the sky will be very proud of me...

i won't fool myself, I'm still an addict, and I need to be constantly fully aware of that. I'm still on top of the hill, one slip and booms.

Thank You Hashem, thanks for my great partner, and thanks to all of you.

In 3 days it will be ??? ???? for our sickness, ??? ???? ????????, ?? ???? ?? ???? , lets pray for a good verdict, i wish you all a ????? ?????? ???? ,

today is #39, and today only, ????? ?? ?????? ?????? , I will be on top of my soul, I'm not interested what happend in the past, and what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down, I want to stay clean, and help me and all Klal Yisroel stay clean.

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Re: My Book of Business

Posted by Shivisi_Hashem - 29 May 2017 16:43

Day #40

B"H I passed day #39, what a journey, Today is #40.

Yesterday I was clean as clean, super clean, no lust or anything else..

Thank You Hashem, thanks for my great partner, and thanks to all of you.

40 days means a lot for me, R' Elimailach says in Tsetel Kuten, that doing anything 40 days in a row, breaks a habit... so here I am, I'm sooo excited... but, i won't fool myself, I'm still an addict, and I need to be constantly fully aware of that. I'm still on top of the hill, one slip and booms.

2 days to the big day!!! By matan torah the yidden were very besimcha, why not be Besimcha, they are getting a "Matanah Tova" plus, there was no depression at all about the passed, because they didn't had yet the torah, they didn't had any mitsves or aveires, so the simcha was

till the sky, so the same is happening today in 2017, it comes down the same simcha, and we shouldn't look at the passed, as if we didn't have the torah until now, and now we are getting it from fresh.... ??? ??? ????? ??????? ??????

today is #40, and **today** only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what happend in the past, and what it will happen in tomorrow or in 2 weeks, or 2 months... and the **today** is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down, I want to stay clean, and help me and all Klal Yisroel stay clean

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Re: My Book of Business

Posted by Shivisi_Hashem - 30 May 2017 19:16

Day #41

B"H I passed day #40, what a journey, Today is #41.

Yesterday I was clean as clean, super clean, no lust or anything else..

Thank You Hashem, thanks for my great partner, and thanks to all of you.

Tomorrow is the big day!!! By matan torah the yidden were very besimcha, why not be Besimcha, they are getting a "Matanah Tova" plus, there was no depression at all about the passed, because they didn't had yet the torah, they didn't had any mitsves or aveires, so the simcha was till the sky, so the same is happening today in 2017, it comes down the same simcha, and we shouldn't look at the passed, as if we didn't have the torah until now, and now we are getting it from fresh.... ??? ??? ????? ??????? ??????

Tomorrow is another big day, im reaching my 6th week, totally clean, no porn, no masturbating, no eye's wandering, clean sober.... im very happy with my self.....

today is #41, and today only, ????? ?? ?????? ??????, I will be on top of my soul, I'm not interested what happend in the past, and what it will happen in tomorrow or in 2 weeks, or 2 months... and the today is not that long, just a few hours, and Hashem, please stay on my 2 sides, please don't let me down, I want to stay clean, and help me and all Klal Yisroel stay clean

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Re: My Book of Business

Posted by David de Oude - 30 May 2017 19:28

Sir, please allow me to thank you for being such an inspiration.

May G-d keep guiding you on this journey, and may He guard you against temptation!

I love how you take it one day at a time, your "Today is #..." and I am summarily adopting it as my own mantra as well.

Toda raba!

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Re: My Book of Business

Posted by TzedekChaim - 30 May 2017 20:01

Keep it up!

Chag Samaeach!!!!!!

Hatzlacha! Your Inspiration-Trucking company is operating well on a DAY to DAY basis!

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