

My Book of Business

Posted by Shivisi\_Hashem - 19 Apr 2017 16:41

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Hi all ?????? ????? ?????,

I'm starting again my 90 days after being clean for the first time for 2 weeks, 14 days, I hope it will be an ?????? ?????? ?????, you can read here my 30 year story, <https://guardyoureyes.com/forum/19-Introduce-Yourself/310830-my-long-%D7%A0%D7%A1%D7%99%D7%A2%D7%94-of-almost-30-years> and I hope to be here daily with my ups and down daily, I feel that will help me get out of my sickness.. with all your support and Chizuk

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Re: My Book of Business

Posted by yiraishamaim - 29 Aug 2017 02:07

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[cordnoy wrote on 28 Aug 2017 19:07:](#)

[Shivisi\\_Hashem wrote on 28 Aug 2017 17:46:](#)

[New Person wrote on 28 Aug 2017 17:06:](#)

Shivisi, You are using a lot the word "survive". I don't think it's the right word to use.

We are not struggling to *survive*, we are struggling to **live**, a normal, healthy life.

?Our whole struggle is to *discover* the true definition of **Life**.

That's all. (did you hear me say it's easy...)

Mmm, you are right until the moment before lust attacks, then its a way of life, but once lust is there, i think survive is the right word. please correct me...

I'm sorry, but for myself who is an addict and others who have these strong tendencies, "survive" is the wrong word. That is what several have been tryin' to say here and other places. We don't survive; we learn how to live life before, durin' and after an attack. We also learn how to live life before, durin' and after a fall. Survivin' is another word for white knucklin'.

There are those who learn how to live to such an extent that they are hardly under attack, and it is those who learned how to live, not those who learned how to survive.

B'hatzlachah

And how refreshing and exciting are your words. For if we but follow through properly we can learn to truly "live". Sounds a lot more appealing than merely "surviving".

I want to "live".

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Re: My Book of Business

Posted by Shivisi\_Hashem - 30 Aug 2017 21:31

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Day #15

isnt that great?? cant be better, knowing that i didnt bent myself to lust and to other bed things... the great feeling is not to be described, but all of you, my great supporters knows what im talking about.... i can say that im myself, and there is no other myself to my real myself..... its me, and only me.... and im not a two face person...

this week the Torah says: ?? ??? ?????? ?? ?????? which goes to the YH, if we try not to listen to the YH, not to give in to him, then Hashem is blessing us with a Bracha that ?????? ?' ??????

????, we will have him in our hands,

Thank you all!!!

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together!**

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Re: My Book of Business  
Posted by Shivisi\_Hashem - 31 Aug 2017 17:15

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Day #16

today is #16, and its just getting better day by day, still tough, but thats life, we have to get used to it, and live with it, its like hunger and food someone told me, when we are hungry we eat food, so will you call hunger a struggle? no, you do what you need to do, same here, dont call it struggle, call it part of life, when you come across lust, just do what you have to do, do go around and fast to give in to hunger, and dont act out to give in for lust, just go on with your life and dont make out of it a big deal, ???? ?????, leave it up to him, becuae we cant go on with any part of life without his consent..... so ill do what i can, and hashem will help me with the rest.... Thank You Hashem..... i love you..... and ?????? ?? ???? ???? ????????

**“Failure should be our teacher, not our undertaker. Failure is delay, not defeat. It is a temporary detour, not a dead end. Failure is something we can avoid only by saying nothing, doing nothing, and being nothing”**

Thank you all!!!

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together!**

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Re: My Book of Business

Posted by Shivisi\_Hashem - 04 Sep 2017 18:30

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Day #20

Today is # 20, and this day, # 20 will never ever come back, and why mess it up? i'm going to make sure that day # 20 will be a clean one....

im super clean, no porn, no acting out, clean hands, clean thoughts, clean eyes, and believe me, there is no such a good thing in the world then being clean, the entire day is totally different, should it be at home, at shil, at work, you name it, the entire mind set is different, i can focus, in my old days, the other half of me, was always around porn, etc... so basically my head wasn't around anywhere, now there is no two half's of me, there is only one me, and im here fully, psychically and emotionally.... yah.....

**“Failure should be our teacher, not our undertaker. Failure is delay, not defeat. It is a temporary detour, not a dead end. Failure is something we can avoid only by saying nothing, doing nothing, and being nothing”**

Thank you all!!!

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together!**

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Re: My Book of Business

Posted by Shivisi\_Hashem - 04 Sep 2017 18:35

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**Summer is gone! and it was much much better then expected and much much better**

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**then it used to be... first kosher summer ever.....**

**Thanks for all GYE members, its all because of you....**

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Re: My Book of Business

Posted by Shivisi\_Hashem - 05 Sep 2017 18:15

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Day #21

Today is #21, 3 weeks, yes i made it to 3 weeks, clean clean clean, i love that, its a great feeling, that i didn't let my self in to this garbage, i was strong enough to get it behind me, wasn't easy at all, but i did it, and if i did it you can too... believe me, its worth trying it... and it will change your life completely, you will become a new person, you will become your self and not your shadow, it will be you, and your family will get you back....

Thank you all!!! its all because of you, your support, your posts, your messages and what not.. keep it up.

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together!**

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Re: My Book of Business

Posted by bb0212 - 05 Sep 2017 23:16

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[Shivisi Hashem wrote on 04 Sep 2017 18:35:](#)

**Summer is gone! and it was much much better then expected and much much better**

**then it used to be... first kosher summer ever.....**

**Thanks for all GYE members, its all because of you....**

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Re: My Book of Business

Posted by Hashem Help Me - 06 Sep 2017 03:43

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It is such a pleasure reading your posts each day. So much positive energy, so much honesty, so much yiddishkeit. Mazel tov on your accomplishments. May Hashem give you continued s'yata d'shmaya.

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Re: My Book of Business

Posted by Shivisi\_Hashem - 06 Sep 2017 17:44

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Hashem Help Me Thank you...

BB0212 Thank You.....

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Re: My Book of Business

Posted by Shivisi\_Hashem - 06 Sep 2017 17:57

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Day #22

Today is the 22nd time Today, ??? ??? ??? ???? ?????? ??????, every day is a fresh day, starting from scratch, that today will be **THE today**, i will finish the day clean and sober... some

are easy and some are tough, but i did it now for sooo long, and in a way, its fun..... every day a new mission.... a new project.... new nisyoinies and new bravery.

after all, hashem is doing with me so many good things on a minute basis, am i deserving it?? i dont know, but he is doing it for me anyway, i have a house, im healthy, i have a healthy and jewish careful helpful and lovely wife, i have healthy, jewish cute children, i have a job, i have a car, i have so many good things, i go out in the morning healthy and come home healthy, so why not give back a little bit from me, just a little, not to cheat on porn or on the street, not to act out etc.... i will do it for him, thank you hashem, ????? ?? ?? ??? ?????? ?????? ?? ?? ??? ??????

Thank you all!!! its all because of you, your support, your posts, your messages and what not.. keep it up.

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together!**

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Re: My Book of Business  
Posted by Shivisi\_Hashem - 07 Sep 2017 18:00

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Day #23

Today is #23, so far so good, last few days it was easier then ever before, but i wont fool myself, its just the beginning of the trap, (and i have to get my self some triggers so i can be on top of the it so i wont fall into the trap..... lol.... does it make sense???) and ill try not to fall for it. i had it before, it became easy, and then i fell big time, but this time, no no no, im not going to let that happen.. how? i dont know yet, i dont know what kind of trap ill get in front of me, and even if i will know, its not in my hands at all..... i must get help from higher power... only hashem can help me, and he will help me..

Thank you all!!! its all because of you, your support, your posts, your messages and what not.. keep it up.

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together!**

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Re: My Book of Business

Posted by Shivisi\_Hashem - 10 Sep 2017 18:01

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Day #26

Today is #26, im so so excited, im 26 times today clean, im trying very hard to stay clean, and i hope i will, it comes soon rosh hashanah, i dont remember going in to rosh hashana in my life with such good feeling like this year, even i fell a few times, but who cares, i know atleast that i treid to stay clean, im working on myself, im trying to change myself, which never ever happaned in the past, rosh hashana was almost the same like any other day in mid of the year, but this year it has a totally different meaning to me, im so excited, and i really appreciate that, thanks to GYE.....

bby the way ill copy what i sew this shabbes in Ohr Hachaim Hakudoish, which is very powerful, and as we all know that its impossible for us, by our self to over come our struggle, it can only be done with higher power, a lot of tefilah.. check this out:

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Thank you all!!!! its all because of you, your support, your posts, your messages and what not.. keep it up.

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can and we will do it! And Together!**

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Re: My Book of Business

Posted by Michael94 - 13 Sep 2017 04:39

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Thank you so much! for your daily posts, it's nice to be around healthy people, you poshut give me chizuk to count the bracha of being clean even only for one day, for one day really has 24 hours in it which I (the powerless i) can do so much and stay clean.

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Re: My Book of Business

Posted by Shivisi\_Hashem - 13 Sep 2017 17:02

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[Michael94 wrote on 13 Sep 2017 04:39:](#)

Thank you so much! for your daily posts, it's nice to be around healthy people, you poshut give me chizuk to count the bracha of being clean even only for one day, for one day really has 24 hours in it which I (the powerless i) can do so much and stay clean.

thanks for you input, its appreciated, and im happy that people are getting some support from my posts.

Thank You!

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