

My Book of Business

Posted by Shivisi\_Hashem - 19 Apr 2017 16:41

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Hi all ?????? ????? ?????,

I'm starting again my 90 days after being clean for the first time for 2 weeks, 14 days, I hope it will be an ?????? ?????? ?????, you can read here my 30 year story, <https://guardyoureyes.com/forum/19-Introduce-Yourself/310830-my-long-%D7%A0%D7%A1%D7%99%D7%A2%D7%94-of-almost-30-years> and I hope to be here daily with my ups and down daily, I feel that will help me get out of my sickness.. with all your support and Chizuk

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Re: My Book of Business

Posted by Shivisi\_Hashem - 06 Jul 2017 18:02

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[Hashem Help Me wrote on 06 Jul 2017 03:52:](#)

Mazel tov on an incredible accomplishment. Your eyes are being purified and iyh the rest of you will follow. Your eyes are also being cured and you will iyh see things from a better Yiddish perspective. Ashreichem.

the million dollar question is: why in the world im still struggling with out watching porn..... and

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Re: My Book of Business

Posted by Workingguy - 06 Jul 2017 18:27

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why are they still in my head....

Because once in, not easily out. But you can learn not to pay much attention.

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Re: My Book of Business

Posted by Shivisi\_Hashem - 06 Jul 2017 18:33

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will get there IY"n one day

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Re: My Book of Business

Posted by New Person - 06 Jul 2017 18:34

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Brilliant question!    ?????'??

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Re: My Book of Business

Posted by Shivisi\_Hashem - 09 Jul 2017 04:40

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### **Today is #13**

i had BH yesterday a great and clean shabbes, #12, shabbes was very nice, relaxing.

some how rhis weekend was an easy one, i dont know why, but i didnt had that struggle i used to have, BH.

im hoping, praying and working on my self i should stay clean today, and im looking out for many more clean todays, it such a good feeling when im clean, it keeps me going in all aspects, im a normal human being, i have a life, im not like an animal, its sooo god, it feels yuum..... everything is different, my relationship with my wife and kids, my daven and learn, in job, with friends, everything.

so thank you all, thank you my partner and thank you hashem.

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Re: My Book of Business

Posted by yiraishamaim - 09 Jul 2017 05:25

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your expression of joy is exciting to hear

Thank you for sharing it.

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Re: My Book of Business

Posted by Kleen4real - 10 Jul 2017 00:19

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I'm bh thrilled that you had an easy Shabbos and hope you'll have all the rest of your Shabosim clean and easy.

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Re: My Book of Business

Posted by Hashem Help Me - 10 Jul 2017 00:34

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Wonderful that things are going well. Maybe it is in the zchus of your banding us together saying tehillim.....

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Re: My Book of Business

Posted by Shivisi\_Hashem - 10 Jul 2017 03:14

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Thank you all for your post, it really keeps me going, tomorrow i will become 2 full clean weeks. And its all becuase of you.

i would love to share, that being clean is the best thing in the world, i have life, its soooo much different then not being clean, and im not talking about the depressing feeling, im talking about being that low, its such a low life, living a double life, and an animal life, its sooo horrible, but being clean is soo good, you feel like a human being, full of energy, having a new relationship with wife and children, head is not stuck with stupid fantasies, eyes is not wondering on the street all over.

but after all, im not secured, even its so good to be clean, so im asking all of you to have me in mind and pray for me and for all our friends at GYE...

thank you for listening.....

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Re: My Book of Business

Posted by Michael94 - 10 Jul 2017 03:20

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Re: My Book of Business

Posted by Shivisi\_Hashem - 10 Jul 2017 15:01

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## **Day #14 – 14 separate Todays!!!!**

B"H I passed **Day #13 and Today is Day #14 2 weeks clean!!!**

Thanks for your post, it just reminded me for what I'm fighting for

**Today** is number #14, I had BH a clean yesterday day and night,

I'm very happy that I'm still clean, the summer nights used to be my lowest nights from all year round, not pressure from anything, relaxed, and I was positive, that this summer will be a replay from last summers, but no, it's not, I'm doing so well, IM CLEAN, I'm the highest as can be, yes I'm afraid from the YH, he can't afford to lose me, so he will do anything in his power to break me, to get me back, but I hope and pray that I shouldn't fall for him... but I cant do that alone, I need all of your help, and that's why im here,

Hashem, thank you, for helping me to survive, thanks to my best partner, and thank you all of you on GYE, I'm clean only because of you, it has nothing to do with me... I'm powerless, I wouldn't be clean today without your help, I'm very happy that I'm part of this chevrah, without you, I wouldn't be where I'm today.

Today is 2 weeks, since my last fall, but I don't want to look at it as full 2 weeks, I will rather

look at it as 14 Today's, I worked very hard on 14 separate todays, every day a separate struggle, better, every minute a separate win.

Thank you all!!!

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can! And Together!**

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Re: My Book of Business

Posted by Shivisi\_Hashem - 11 Jul 2017 14:22

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## **Day #15**

B"H I passed **Day #14 and Today is Day #15**

**Today** is number #15, I had BH a clean yesterday day and night, I can say, that I really love myself, I love that I have the strength to overcome my struggles, to overcome lust, and even I fell a few times, I still have the strength to come out and say loud that I fell, and I'm picking myself up, and the only way I can move forward, I keep on talking to myself, to thing and talk positive, to be a positive person, even when life is not that rosy, but in reality it is rosy, I just don't see it, hashem is a ??? ????? ??? even when we don't do what he likes we should do, he still want our goods, so he is soo good to me, he helps me in my daily struggle, Thanks You Hashem...

We said today in ??????, ?? ??????? ?????? ????? ?? ??? ?????, who are saying this, people who are doing bad things, because Tsadikim are not afraid they should lose connection with hashem, this tefilah is made for us, for us addicts, and we ask hashem he shouldn't let us go, he shouldn't disconnect from us, it's such a great tefilah, that even we fell million times, so many years, the tefilah is still here, and it doesn't have a limit, that after falling so many times we can't say it, no, we are still asking hashem that he shouldn't disconnect us from him, even we fell so many times, look how good hashem is to us, and I bet you, this tefileh helps, there is no such a thing that a tefile should get lost....

Hashem, thank you, for helping me to survive, thanks to my best partner, and thank you all of you on GYE, I'm clean only because of you, it has nothing to do with me... I'm powerless, I wouldn't be clean today without your help, I'm very happy that I'm part of this chevrah, without you, I wouldn't be where I'm today.

Thank you all!!!

Easy Fast

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can! And Together!**

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Re: My Book of Business

Posted by Shivisi\_Hashem - 12 Jul 2017 16:26

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## **Day #16**

B"H I passed **Day #15 and Today is Day #15**

**Today** is number #16, I had BH a clean yesterday day and night, I went out to the mountains yesterday to finish the fast with my wife and kids, Raboisai, I have to tell you that the good feeling to be together with my family is indescribable, I got sooo closer with them the last few months, since the day I stopped porning (credit:markz) i got back my real life, my head is into my family, not at stupidity, I became so much closer with them, I used to love to be alone in the summer weeks, so I can be up all night and watching porn and acting out, when it came Thursday night, when I was supposed to leave to the mountains I left the latest possible, so I can get more porn, and more acting out, but now, it's totally different, I leave the earliest possible, I love to be with them, I have such a great time with them.... Wow, what a life changer, it dosent pay to go back to this bad things, its so much better this way..

This week we see an interesting thing in the parshe, there is no such a thing in the entire torah that hashem gave a personal compliment for someone doing anything good, except for pinchas, even for Moshe Rabeiny never got any compliment or blessing on anything, to show us, that Kedishas Habris is the highest thing, and fighting this struggle deserves a real compliment and a blessing...

Thank you Hashem, Thank you to my partner and thank you all GYE'ers.... You are the one who got me here, ???? ???? ?? ?????? ????? ??????

Thank you all!!!

**Let's Stay Strong! Let's Stay Clean! And let's be positive and happy, Yes! We can! And Together!**

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