

Tateh all my struggles are you
Posted by tiger - 13 Feb 2017 02:56

WWho gives me my breath?

who gives me my sight?

Who gives me strength?

Who gives me everything I have?

I think we all can agree that hashem gives it to us!!

So why don't I believe that my lusting comes from him too?

Why when I lust do I think that I am disconnected from hashem?

Without him I would never be able to lust! Why did he send me lust? To stay there and fall?
Heaven forbid!!

He sent lust so that I can understand what love means!

But what do I do now when I am all tied up in lusting for the wrong things?

I ask hashem to remove it for he is the one that blows life into it!

But I do this lots of times and I find it does not help me??????

We don't know hashems ways at all. We ask him to remove it and we are honest with ourselves
and we leave the rest up to him!

If it's so simple why do I keep falling?

It's not so simple to believe that everything is hashem,try it and see for yourself.

Just sharing some of my thoughts

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Re: Tateh all my struggles are you

Posted by Markz - 06 Apr 2017 15:09

[tiger wrote on 06 Apr 2017 14:54:](#)

Yesterday I had a hard time with the eyes in the street and even took a pic of a woman that I thought would be nice, I was caught up with myself, being obsessed with myself, I called a friend tthat I share with often, shared what was going on and very interesting when I hung up somebody called me and asked me if I can help him with something that would help lots of other people, I felt it was hashem helping get out of myself and do for other's!!!

WELL DONE!!!!

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Re: Tateh all my struggles are you

Posted by GrowStrong - 06 Apr 2017 15:34

Sharing is Caring (for yourself)

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Re: Tateh all my struggles are you

Posted by tiger - 21 Apr 2017 17:05

Hi everyone, haven't shared in a while!

Things have been ok, with some lusting at times but all in the normal realms nothing crazy, though I did find myself staring Abit to long at times, I want to share the following anology that I thought of today!!

as someone who drives a car you have to be AWARE of your dashboard, when you are driving in snow(not the normal circumstances) and your your track on light turns on you now thing are working the way they should though you should probably get out of the snow!

When your engine light turns on you know this ain't good and should not be this way!

Same in recovery,when you driving down the street and you see that woman(who by the way has nothing to do with you in the first place even though you think she is your lunch) and you look Abit to long you are still normal(though you must be carful since this can be a starting point for lusting) this is like TRACK ON!!

But if you are driving down those streets and chose the best one to go down that an ENGINE LIGHT!!

If you are googling P sites(only couse you want to see what NOT to look at, that is ENGINE LIGHT

If you are following a woman in a store that's a ENGINE LIGHT!

if you are thinking about any of your old falls and thinking to maybe visit them again,that is ENGINE LIGHT!

If you are thinking to maybe remove your filter(only couse it is slowing your computer of course) this is a ENGINE LIGHT!

It's all about starting to realize what is Norma and what is nutcase!!

Does anybody agree??

Have a great shabbos

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Re: Tateh all my struggles are you
Posted by tiger - 26 Apr 2017 15:40

Just wanted to share that yesterday I was on Amazon and I was trying to see inappropriate books, but my filter did not allow it, so although I am at 90 days I don't think anybody should be jealous:)

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Re: Tateh all my struggles are you
Posted by MayanHamisgaber - 26 Apr 2017 16:51

Why, I am

Because Hashem helped you by having those filters in place

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Re: Tateh all my struggles are you
Posted by Shlomo24 - 26 Apr 2017 19:46

[tiger wrote on 26 Apr 2017 15:40:](#)

Just wanted to share that yesterday I was on Amazon and I was trying to see inappropriate books, but my filter did not allow it, so although I am at 90 days I don't think anybody should be jealous:)

90 days! Amazing. KUTGW.

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Re: Tateh all my struggles are you
Posted by Hashem Help Me - 26 Apr 2017 20:07

[tiger wrote on 26 Apr 2017 15:40:](#)

Just wanted to share that yesterday I was on Amazon and I was trying to see inappropriate books, but my filter did not allow it, so although I am at 90 days I don't think anybody should be jealous:)

Thats the yetzer hora stopping you from appreciating how much you have accomplished. You

should be very proud that you are at 90 and it is an inspiration for others. You should be proud you set up the filters and that should be a mechayev for others. Continued hatzlocha!

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Re: Tateh all my struggles are you
Posted by tiger - 26 Apr 2017 20:09

Yes thank God but my struggles are still as real as before 90 days, I have to hold on to hashem even though when I want to lust that's the last thing I want to do!! I drove past a house yesterday which is not to far from where I work and it did not bring back good memories and I was really struggling with not knocking on the door, somehow I left,not sure how:)

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Re: Tateh all my struggles are you
Posted by tiger - 26 Apr 2017 20:11

It feels great to be able to share it outside of my sick mind and not let it be just another thought

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Re: Tateh all my struggles are you
Posted by tiger - 26 Apr 2017 20:13

Thanks everyone for the positive attitude

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Re: Tateh all my struggles are you
Posted by Hashem Help Me - 26 Apr 2017 20:17

But you did! We never let go of Hashem. Without His help we are completely lost. The gemora says so. But at the same time we have to give ourselves credit for our accomplishments, and build up our self esteem with celebrating real accomplishments.

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Re: Tateh all my struggles are you
Posted by Hashem Help Me - 26 Apr 2017 20:22

[tiger wrote on 26 Apr 2017 20:11:](#)

It feels great to be able to share it outside of my sick mind and not let it be just another thought

Sharing with others makes us feel normal. Keep doing it.

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Re: Tateh all my struggles are you
Posted by cordnoy - 27 Apr 2017 01:15

[MayanHamisgaber wrote on 26 Apr 2017 16:51:](#)

Why, I am

Because Hashem helped you by having those filters in place

You helped yourself by puttin' those filters on.

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Re: Tateh all my struggles are you
Posted by tiger - 27 Apr 2017 20:54

Resetting my count, I don't need days I need sobriety, past few days I have not been doing the right things, today I crossed the line, to put it nicely I was almost in shoal tactis, somehow I was able to stop right in middle

Wish me well

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