

Blind faith

Posted by tiger - 12 Feb 2017 15:15

Hello everybody, I am on a new 90 day journey!!

you might ask me is this guy for real? Is he nuts? How can it be that he is trying again? Give up!! You are a loser!! Don't think that you will ever be sober!!

Well, thank God I am on a new journey I have been lost for a while but I am alive and smarter then before.

Hashem has given me strength to start over again even though my mind says they I am nuts and I should just give up!!!!

It's called blind faith, hashem says smutz is terrible for me and I have to believe him,he wants what is best for me.

I will continue doing my job and leave the rest up to hashem.

And I will continue trying to be happy and accepting that this is my struggle that hashem has given me which at times is very hard to think like that.

Thanks everyone.

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Re: Blind faith

Posted by Watson - 12 Feb 2017 15:30

Welcome back. You're in the right place.

First of all please take time to read through the [GYE handbook](#). No two people are the same, everyone has a slightly different set of circumstances, but we all share this problem and since we share the problem we can share the solution too. The book is written in a general way so it

can apply to everyone. I found it helpful to really think about what the book was saying and how it applied to me and my own life.

This is a very common problem nowadays, you're far from the only one to deal with it. The word addict gets thrown around quite a lot, but most people who struggle with this issue are not addicts, just normal people with a normal yetzer hora. Which is good. Some people have come to realise that they really are addicts because their situation got gradually worse and worse despite working on it. When I say worse I mean, in frequency, severity or just feeling worse after every slip. If that is the case we may need more than GYE, which most people find to be therapy or SA or both. But I wouldn't jump to that conclusion about you. Many people have overcome this challenge right here on GYE using the tools in the handbook.

So stick around. Keep posting, keep reading and keep on trucking.

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Re: Blind faith
Posted by Markz - 12 Feb 2017 17:01

Welcome back - I don't think I said hi when you last posted a week after I joined gye

Pls forgive me...

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Re: Blind faith
Posted by tiger - 12 Feb 2017 17:20

Thanks. I have read it lots of times but have not in a while thanks for your words of courage

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Re: Blind faith
Posted by tiger - 12 Feb 2017 17:21

Hi, I forgive u:grinning:

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Re: Blind faith
Posted by cordnoy - 12 Feb 2017 17:31

Welcome back,

B'hatzlachah

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Re: Blind faith
Posted by Singularity - 13 Feb 2017 07:58

Welcome! Never give up!

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