

I will make it b'e"h

Posted by MayanHamisgaber - 19 Dec 2016 23:17

Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

=====

Re: I will make it b'e"h

Posted by Gevura Shebyesod - 29 Jan 2018 20:10

encouraging and thoughtful that i know i can do this for good !

=====

Re: I will make it b'e"h

Posted by tzomah - 29 Jan 2018 21:37

feel for you

=====

Re: I will make it b'e"h

Posted by MayanHamisgaber - 14 Feb 2018 22:24

In a very volatile situation not doing well fell last night

Hey Mayan when Mark'z done with the tank-crane we can send it over to you...
good bye

=====

Re: I will make it b'e"h

Posted by Gevura Shebyesod - 15 Feb 2018 00:09

Sorry to hear hang in there.

=====

=====

Re: I will make it b'e"h

Posted by Hashem Help Me - 15 Feb 2018 04:44

Sorry to hear you are having it rough. Are things settling down in general with your move?

=====

=====

Re: I will make it b'e"h

Posted by MayanHamisgaber - 22 Feb 2018 00:30

It's amazing what a little structure in the day can do for stability

that i can make it to meet some guys soon

=====

=====

Re: I will make it b'e"h

Posted by mikestruggling - 22 Feb 2018 19:38

There it is the "H" word.

Now I understand the thing that bothered me. How come here they say hope is a bad word when in program we're supposed to share our hope?

The answer is that there are two types of hope. Hope is not a good word when discussing what I should do. "I hope I work my program" "I hope I make a phone call" "I hope I don't look" All that and more are the bad type of hope. Stop hoping and start doing.

The good type of hope is hoping for results. "I will make a phone call I hope it helps" "I will work my program I hope my life improves and I'll achieve serenity" "I won't look I hope Hashem will take away the obsession" I can only do what I can. I have no control over results.

Best of luck.

=====

=====

Re: I will make it b'e"h

Posted by lifebound - 22 Feb 2018 23:40

[mikestruggling wrote on 22 Feb 2018 19:38:](#)

There it is the "H" word.

Now I understand the thing that bothered me. How come here they say hope is a bad word when in porgram we're supposed to share our hope?

The answer is that there are two types of hope. Hope is not a good word when discussing what I should do. "I hope I work my program" "I hope I make a phone call" "I hope I don't look" All that and more are the bad type of hope. Stop hoping and start doing.

The good type of hope is hoping for results. "I will make a phone call I hope it helps" "I will work my program I hope my life improves and I'll achieve serenity" "I won't look I hope Hashem will take away the obsession" I can only do what I can. I have no control over results.

Best of luck.

Good stuff. I do too much type 1 hoping.

=====

=====

Re: I will make it b'e"h

Posted by MayanHamisgaber - 22 Feb 2018 23:57

[mikestruggling wrote on 22 Feb 2018 19:38:](#)

There it is the "H" word.

Now I understand the thing that bothered me. How come here they say hope is a bad word when in porgram we're supposed to share our hope?

The answer is that there are two types of hope. Hope is not a good word when discussing what I should do. "I hope I work my program" "I hope I make a phone call" "I hope I don't look" All that and more are the bad type of hope. Stop hoping and start doing.

The good type of hope is hoping for results. "I will make a phone call I hope it helps" "I will work my program I hope my life improves and I'll achieve serenity" "I won't look I hope Hashem will take away the obsession" I can only do what I can. I have no control over results.

Best of luck.

Mike

It looks like one little piggy is doing well b"h

KOMTNMW

=====

Re: I will make it b'e"h

Posted by mikestruggling - 24 Feb 2018 19:48

[MayanHamisgaber wrote on 22 Feb 2018 23:57:](#)

[mikestruggling wrote on 22 Feb 2018 19:38:](#)

There it is the "H" word.

Now I understand the thing that bothered me. How come here they say hope is a bad word when in porgram we're supposed to share our hope?

The answer is that there are two types of hope. Hope is not a good word when discussing what I should do. "I hope I work my program" "I hope I make a phone call" "I hope I don't look" All that and more are the bad type of hope. Stop hoping and start doing.

The good type of hope is hoping for results. "I will make a phone call I hope it helps" "I will work my program I hope my life improves and I'll achieve serenity" "I won't look I hope Hashem will take away the obsession" I can only do what I can. I have no control over results.

Best of luck.

Mike

It looks like one little piggy is doing well b"h

KOMTNMW

I wis I was doing good. I'm actually in the ~~BWR~~ hole. I think in the literature of SA/AA it says "self knowledge doesn't work". I'm an addict if a knife was over my head I would still act out. Except if I work my program. And I needed a beter step 1 but now I've got it. So ODAAT.

Stay Strong

(join program?)

God loves you.

=====
=====

Re: I will make it b'e"h

Posted by MayanHamisgaber - 19 Mar 2018 04:10

not doing well fell again today

been trying to setup a meeting with someone to discuss how to live.....

i think i need to change the name of this thread starting to lose faith in myself

and no meetings are not an option .

=====
=====

Re: I will make it b'e"h

Posted by Markz - 19 Mar 2018 04:23

[MayanHamisgaber wrote on 19 Mar 2018 04:10:](#)

1. not doing well fell again today

2. been trying to setup a meeting with someone to discuss how to live.....

3. i think i need to change the name of this thread starting to lose faith in myself

4. and no meetings are not an option .

1. Sorry to hear

2. "Trying and Tryin' are 2 different things"

3. I believe if you change your thread to "I can not make it", you may find success faster

4. No will, or practically impossible?

=====

Re: I will make it b'e"h

Posted by MayanHamisgaber - 19 Mar 2018 11:53

[Markz wrote on 19 Mar 2018 04:23:](#)

[MayanHamisgaber wrote on 19 Mar 2018 04:10:](#)

1. not doing well fell again today

2. been trying to setup a meeting with someone to discuss how to live.....

3. i think i need to change the name of this thread starting to lose faith in myself

4. and no meetings are not an option .

1. Sorry to hear

2. "Trying and Tryin' are 2 different things"

3. I believe if you change your thread to "I can not make it", you may find success faster

4. No will, or practically impossible?

2. please elaborate

1.

4. both but mostly the latter

=====

Re: I will make it b'e"n

Posted by Markz - 19 Mar 2018 13:23

[MayanHamisgaber wrote on 19 Mar 2018 11:53:](#)

[Markz wrote on 19 Mar 2018 04:23:](#)

[MayanHamisgaber wrote on 19 Mar 2018 04:10:](#)

1. not doing well fell again today

2. been trying to setup a meeting with someone to discuss how to live.....

3. i think i need to change the name of this thread starting to lose faith in myself

4. and no meetings are not an option .

1. Sorry to hear

2. "Trying and Tryin' are 2 different things"

3. I believe if you change your thread to "I can not make it", you may find success faster

4. No will, or practically impossible?

2. please elaborate

4. both but mostly the latter

About #2, Cordnoy has something in his signature about "2 different things". Yet his Tryin' is different than the regular "trying". I hope you can get what I'm *trying* to say

3.
=====