

I will make it b'e"h

Posted by MayanHamisgaber - 19 Dec 2016 23:17

Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

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Re: I will make it b'e"h

Posted by Markz - 01 Dec 2017 13:49

[MayanHamisgaber wrote on 01 Dec 2017 07:52:](#)

encouraging and thoughtful that i know i can do this for good !

Hi all

) to have a clean weekend with the wife sick and everyone very tired

Brother you gotta extend the family - get a gye chaver in your local - and start Trucking - otherwise it sounds like you're shouting again and again about certain things (that we all have to deal with) until you're horse

For some people, calling a chaver when the going's tough, is enough

For many of us, living is the way to go, not staying by the trough

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Re: I will make it b'e"n

Posted by MayanHamisgaber - 02 Dec 2017 16:46

[Markz wrote on 01 Dec 2017 13:49:](#)

[MayanHamisgaber wrote on 01 Dec 2017 07:52:](#)

Hi all

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Yeah yeah yeah yeah I already said that I will be moving soon and I do not have the stamina to call 3-4 new people right now but I have called someone twice so far and have others to try if needed.

?Unfortunately those in my local may not be the best thing for me to call them....

(please stop the animal references)

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 02 Dec 2017 17:43

B"H had a great Shabbos

Big decisions this week (hopefully) might even know what Kollel I will go to

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Re: I will make it b'e"h

Posted by bb0212 - 03 Dec 2017 07:22

[MayanHamisgaber wrote on 02 Dec 2017 17:43:](#)

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Great to hear! Hatzlacha with the big decisions & may Shabbos be a ????? for the whole week.

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 03 Dec 2017 12:09

[bb0212 wrote on 03 Dec 2017 07:22:](#)

[MayanHamisgaber wrote on 02 Dec 2017 17:43:](#)

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Great to hear! Hatzlacha with the big decisions & may Shabbos be a ????? for the whole week.

Nice to "see" you again

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Re: I will make it b'e"h

Posted by bb0212 - 03 Dec 2017 14:15

[Why did you edit your post?](#)
[MayanHamisgaber wrote on 03 Dec 2017 12:09:](#)

[bb0212 wrote on 03 Dec 2017 07:22:](#)

[MayanHamisgaber wrote on 02 Dec 2017 17:43:](#)

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Why did you edit your post?

lol. Just to add a smiley. I've been around, but quiet.

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 10 Dec 2017 20:10

one day

I'll find a way

to stay clean

which will mean

I will need

to pay heed

to the one

that knows how to run

this life

though it seems full of strife

so hard and painful
and I always get an earful
from those that are close
it makes me want to close
my eyes and ears
and give way to tears
let it all out
and shout
what is on my mind
how can they be so blind
only see what they want
it is such a taunt
I hate it all
I just want to fall
hit the ground hard
act like a retard
what will I gain
probably just a lot of pain
but right now
I couldn't give a cow
much less care
except I just wouldn't dare
hurt the one who
I know wants to do

that which can help

but I feel I am a schlep

lost all hope

slipping down a slippery slope

into muck and mire

I just want to expire

but what about her

and Hashem the ultimate giver

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 18 Dec 2017 06:49

Not doing well been slipping very badly but no falls yet.

I need to get a grip on myself/life but the temptation is so strong to just give in and "relax" a little....

Hashem please help me I cannot do this alone I only want to do your will please help me....

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Re: I will make it b'e"h

Posted by mikestruggling - 18 Dec 2017 11:47

Maybe call someone for as you said "I cannot do this alone" then whatever that person says do. If you don't feel like it daven for the will to do it.

it works for me

KOT

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 18 Dec 2017 18:16

Thanks for replying

I tried getting busy and doing a few things that made me sweat as per a friends suggestion
and for now I am feeling better

B"L if I get these feelings again I will call someone...

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 25 Dec 2017 19:39

B"H doing well getting ready for big changes h*** that lust doesn't rear it ugly head.....

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Re: I will make it b'e"h

Posted by mikestruggling - 26 Dec 2017 03:30

to take a tip out of R' HHM's book:

what will you do if lust does rear it's u*** h***?

sorry but he is always always demanding action of me and I don't want to be the only one
required to do something

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 26 Dec 2017 03:50

[mikestruggling wrote on 26 Dec 2017 03:30:](#)

to take a tip out of R' HHM's book:

what will you do if lust does rear it's u*** h***?

sorry but he is always always demanding action of me and I don't want to be the only one required to do something

He also demands action from me

You really want to know what I will do bl'n

1)stress out

2)help around the house

3)do something to make me sweat

4)walk out of the place that I am

5)and in the worst case scenario call him

Warning: Spoiler!

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Re: I will make it b'e"h

Posted by MayanHamisgaber - 26 Dec 2017 03:52

[mikestruggling wrote on 26 Dec 2017 03:30:](#)

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by the way only "hope" is a 4 letter word (at least from the ones used here