

I will make it b'e"h

Posted by MayanHamisgaber - 19 Dec 2016 23:17

Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

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Re: I will make it b"h

Posted by Ihavestrength - 04 Sep 2017 01:29

Congrats on following through with what you said you would do.
encouraging and thoughtful that i know i can do this for good !

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Re: I will make it b"h

Posted by MayanHamisgaber - 04 Sep 2017 11:27

Thanks

Wish I'd follow thru with other things I said too

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Re: I will make it b"h

Posted by MayanHamisgaber - 04 Sep 2017 18:08

Okay here is the deal

I will be"h be going to family for Sukkos and that means going to a place that I always have had a fall. It is not possible to take away the cause please just leave it at that.

So the plan is to get as many phone numbers from the chevrah here so that I can call them as needed. Please email me your number if you can be of help to me in this matter I would greatly appreciate it.

I do not have a # as of now but will bl"n send it to all those that would like to join me in this matter when I do get one.

Thank you all for your continued support

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Re: I will make it b"h

Posted by Hashem Help Me - 04 Sep 2017 19:59

I sent you my phone number. May Hashem protect you!

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Re: I will make it b"h

Posted by MayanHamisgaber - 04 Sep 2017 20:26

Thank you

I forgot to mention to please write also how you want to be called by your user name or real name and please tell me what that is, of course I will bl"n do the same when I send my number

Thank you

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Re: I will make it b"h

Posted by Ihavestrength - 04 Sep 2017 21:02

Sent. Feel free to call whenever.

Random quote: Argue for your limitations and they're yours.

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Re: I will make it b"h

Posted by Shlomo24 - 05 Sep 2017 05:38

You can reach out to me also. And my real name is Shlomo. Don't tell anyone.

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Re: I will make it b"h

Posted by MayanHamisgaber - 05 Sep 2017 10:51

[Shlomo24 wrote on 05 Sep 2017 05:38:](#)

You can reach out to me also. And my real name is Shlomo. Don't tell anyone.

You were the first one I wrote down

Thank you all for the responses

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Re: I will make it b"h

Posted by GrowStrong - 05 Sep 2017 21:50

You got mine C.Z

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Re: I will make it b"h

Posted by Shlomo24 - 05 Sep 2017 23:08

[MayanHamisgaber wrote on 05 Sep 2017 10:51:](#)

[Shlomo24 wrote on 05 Sep 2017 05:38:](#)

You can reach out to me also. And my real name is Shlomo. Don't tell anyone.

You were the first one I wrote down

Thank you all for the responses

That made me feel really good. Thank you.

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Re: I will make it b"h

Posted by MayanHamisgaber - 06 Sep 2017 11:10

GS my dear fellow

Good to hear from you I did not know that you were going to be in America for the holidays!!!!

and yes I still have your number to phone when needed

Thanx

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Re: I will make it b"h

Posted by GrowStrong - 06 Sep 2017 16:03

Nope.

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Re: I will make it b"h

Posted by MayanHamisgaber - 06 Sep 2017 20:18

Just got an ichy feeling now

Another Elul another R"H and Y"K coming up and I still am ashamed of myself, still masturbating still looking at porn still calling in to chat lines

Yes I do realize that I have improved but I think that I could have done better and that is bothering me

? I need to work hard on the perfectionism.....

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~~I~~ didnt realize you cant call Israel

Re: I will make it b"h

Posted by Markz - 06 Sep 2017 20:37

[MayanHamisgaber wrote on 06 Sep 2017 20:18:](#)

Just got an ichy feeling now

Another Elul another R"H and Y"K coming up and I still am ashamed of myself, still masturbating still looking at porn still calling in to chat lines

Yes I do realize that I have improved but I think that I could have done better and that is bothering me

? I need to work hard on the perfectionism.....

I have a feeling you work on it too much and that can exacerbate things

I decided recently to cut that out, and I may get somewhere better in life and you too ;-)

Keep On Tekia Too Too'ing

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