I will make it b'e"h Posted by MayanHamisgaber - 19 Dec 2016 23:17

Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

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Re: I will make it b"h Posted by MayanHamisgaber - 19 Jul 2017 10:41

Thank you all, those who posted and those who did not, encouraging and thoughtful that i know i can do this for good !

B"H the decision period is over though I am not happy with the results, my pride ans self esteem are down in the sewers and I do not know what to do now.

This has not made my lusting any worse ,for now, though I need to pick myself up before it gets worse.

Thanks for "listening" and may everyone have only good things come to them

Re: I will make it b"h Posted by bb0212 - 20 Jul 2017 05:35

MayanHamisgaber wrote on 19 Jul 2017 10:41:

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Mayan,

Being that I don't know exactly what's happening with you, I don't know that what I'm writing will be helpful/applicable. If it's not, please disregard it. This thought came to me recently, when I was worrying about some difficulties cropping up in my life. In the midst of my worrying, I thought back to the most difficult times in my life. To somewhat put it into context, my very extremely painful divorce (which even though it's over, since we have kids, the divorce I'd never over) is not that close to to the most difficult time. Despite whatever I went through, whatever pain & whatever difficulty that I went through, I made it to where I am now. I made it through when I thought that my world was over, that there was no reason to keep living & here I am, feeling content with my life. It made me realize how sometimes, difficult times puts life down more than it should. A relative of mine always says, "this too shall pass" & it's true. At some point in the future, you may look back to this point in your life & say "Wow! That was such a crazy time, so painful & agonizing! But here I am, I survived that and while I have a couple of scars from this time, overall, I'm doing fine".

Sometimes our minds try to convince us that there's absolutely no hope, but that's usually not true.

I really hope that this helped you. If it did the opposite I apologize.

BΒ

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Re: I will make it b"h

Generated: 31 July, 2025, 17:51

Posted by Singularity - 20 Jul 2017 07:10

bb0212 wrote on 20 Jul 2017 05:35:

MayanHamisgaber wrote on 19 Jul 2017 10:41:

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BΒ

I didn't know you were related to Shlomo Hamelech! May you be the Moshiach!

Re: I will make it b"h Posted by MayanHamisgaber - 20 Jul 2017 10:40

BΒ

Thanks for the share.

Thank Hashem that there is nothing going on so drastic in my life but the perspective is one that can applied to any situation

Thank you

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Re: I will make it b"h Posted by bb0212 - 21 Jul 2017 04:50

Singularity wrote on 20 Jul 2017 07:10:

bb0212 wrote on 20 Jul 2017 05:35:

MayanHamisgaber wrote on 19 Jul 2017 10:41:

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BΒ

I didn't know you were related to Shlomo Hamelech! May you be the Moshiach!

Neither did I. But even if I was related to ???? ????, & even if I was ????, GYE is still one of the most helpful things I've ever come across in my life.

Re: I will make it b"h Posted by MayanHamisgaber - 23 Jul 2017 17:11

Still clean B"H

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But had a really erotic provocative dream that ended up being a wet dream. I still remember the dream vividly and feel really down about it as I think that I know why I had it and need to control myself more.....

Re: I will make it b"h Posted by MayanHamisgaber - 24 Jul 2017 18:46

MayanHamisgaber wrote on 17 Jul 2017 17:19:

If anyone sees this thread then please say some tihellim for me as in the next few hours a major life decision needs to be made.....

MayanHamisgaber wrote on 19 Jul 2017 10:41:

Thank you all, those who posted and those who did not,

B"H the decision period is over though I am not happy with the results, my pride ans self esteem are down in the sewers and I do not know what to do now.

This has not made my lusting any worse ,for now, though I need to pick myself up before it gets worse.

Thanks for "listening" and may everyone have only good things come to them

It would seem that I am meant to work on my emunah and bitachon as there is now one more option that came up out of the blue for next zman and it is even better than the previous ones

Please continue to have me in mind that if it is the right thing for me that I should be accepted into this kollel

Thank you

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Re: I will make it b"h Posted by MayanHamisgaber - 07 Aug 2017 18:39

Another day another fall

Getting back up moving on

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Re: I will make it b"h Posted by lomed - 07 Aug 2017 19:23

Keep on trucking chaver. Keep it strong. you are a worthy person. Please share with us what you will be doing today to stay cleanfor the next 24 hours?

Thanks

Re: I will make it b"h Posted by Markz - 07 Aug 2017 19:45

MayanHamisgaber wrote on 07 Aug 2017 18:39:

Another day another fall

Getting back up moving on

Sorry to hear that

I've been listening to Dov recently

He raised an interesting question - I hope I'm (dov) quoting correctly

Why do we call it a "fall"?

So then are we not in control?

What moving on is there to do if we are outa control?

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Re: I will make it b"h Posted by MayanHamisgaber - 07 Aug 2017 20:06

lomed wrote on 07 Aug 2017 19:23:

Keep on trucking chaver. Keep it strong. you are a worthy person. Please share with us what you will be doing today to stay cleanfor the next 24 hours?

Thanks

This truck is broken

Why do you think I am a worthy person?

I am going to sleep and worry about this a different time

Re: I will make it b"h Posted by MayanHamisgaber - 07 Aug 2017 20:09

Markz wrote on 07 Aug 2017 19:45:

MayanHamisgaber wrote on 07 Aug 2017 18:39:

Another day another fall

Getting back up moving on

Sorry to hear that

I've been listening to Dov recently

He raised an interesting question - I hope I'm (dov) quoting correctly

Why do we call it a "fall"?

So then are we not in control?

What moving on is there to do if we are outa control?

I would rather call it a failure. I call it a fall as that is what the lingo is here.

No we are not in control when in the lust. Moving on has many meanings, I had in mind 2

1) One moves on in life and does "steps" to stay out of lust

2) Hamaivin yavin

Re: I will make it b"h Posted by Ihavestrength - 07 Aug 2017 21:47

Markz wrote on 07 Aug 2017 19:45:

MayanHamisgaber wrote on 07 Aug 2017 18:39:

Another day another fall

Getting back up moving on

Sorry to hear that

I've been listening to Dov recently

He raised an interesting question - I hope I'm (dov) quoting correctly

Why do we call it a "fall"?

So then are we not in control?

What moving on is there to do if we are outa control?

For the record the big book calls it a fall.

Re: I will make it b"h Posted by bb0212 - 08 Aug 2017 06:16

Keep on trucking chaver. Keep it strong. you are a worthy person. Please share with us what you will be doing today to stay cleanfor the next 24 hours?

ThanksThis truck is broken

Why do you think I am a worthy person?

I am going to sleep and worry about this a different timeWow Mayan, sounds like you're going through a really difficult time. Hopefully, the following will help a bit. It's ok if you're sleeping now, Yid is for when you wake up.

???? ??? ????? ??? ?? ?????

I am thankful before You, loving & Googl

well