

I will make it b'e"h

Posted by MayanHamisgaber - 19 Dec 2016 23:17

---

Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

=====

Re: I will make it b"h

Posted by Hashem Help Me - 01 Feb 2017 01:37

---

[MayanHamisgaber wrote on 31 Jan 2017 21:02:](#)

encouraging and thoughtful that i know i can do this for good !

Day 43

had very triggering dreams last night not sure why they came need to think if i'm trying to hard to watch what i see and think.

anyways B"H it did not end up as a wet dream though was scared at first.

rest of the day went well though B"H.

B'hatzlacha

)

Don't worry about dreams. What goes on in the subconscious mind is very much secondary to our conscious actions. We see that even the Kohen gadol had to be kept up the night of yom kippur so that a nocturnal emission not invalidate him from the avoda. And Yaakov Avinu was a chidush that he never saw keri. Don't be tough on yourself. Be proud how great you are doing. You are giving a gift to the Ribono Shel Olam every minute!

=====

====

Re: I will make it b"h

Posted by MayanHamisgaber - 01 Feb 2017 20:57

---

maybe i'm to straight or black and white but a few things are bothering me

why does my group not respond in the thread?why do people sign up if not to connect?

why does it have to be that every time i get to a calm moment of life and my learning shalom  
bais .... are doing great that is when Hashem throws a curve ball and sometimes a nasty one at  
me making me spiral out of control?

right now in a pretty good spot just wondering these things i know l'amul adam yoolad but why  
so hard fast and confusing?

B'hatzlacha

=====

====

Re: I will make it b"h

Posted by Hashem Help Me - 01 Feb 2017 22:22

---

As far as the mini groups I see nobody has posted on mine in a long time. I think a lot of people  
are well intentioned but fizzle out pretty fast. Also some people are just not writers.

As far as the curve balls, that's life mate! I am learning the hard way that we better get used to it  
and accept this reality and prepare as best as possible. The rest leave for Hashem.

Continued hatzlocha!

=====  
=====

Re: I will make it b"h

Posted by cordnoy - 01 Feb 2017 23:21

---

[MayanHamisgaber wrote on 01 Feb 2017 20:57:](#)

maybe i'm to straight or black and white but a few things are bothering me

why does my group not respond in the thread?why do people sign up if not to connect?

why does it have to be that every time i get to a calm moment of life and my learning shalom  
bais .... are doing great that is when Hashem throws a curve ball and sometimes a nasty one at  
me making me spiral out of control?

right now in a pretty good spot just wondering these things i know l'amul adam yoolad but why  
so hard fast and confusing?

B'hatzlacha

Most groups are aborted.

When you get the answer to the God question, let us know please.

Additionally, be thankful that you have calm moments.

=====  
=====

Re: I will make it b"h

Posted by bb0212 - 02 Feb 2017 06:16

---

From my experience in life:

Hashem throws the curveballs at us because that's how we grow. We wouldn't grow that much if we were never pushed down. Look at the people in your life that you most admire. Chances are they've had a life full of difficulties or challenges and have overcome them.

Why does Hashem wait until everything is going great to push us down? He knows exactly what we need, how much, etc. He has a plan for us. He wants us to succeed, but it's not up to us to figure out what he wants. We might think he doesn't want us to sin, but in truth, the sinning may be a integral part of our challenge..

=====

Re: I will make it b"h

Posted by MayanHamisgaber - 02 Feb 2017 20:42

---

cordnoy

my group wasn't aborted it blew up before it got off the ground

it wasn't a god question it was venting

everyone has calm moments

B'ahtzlacha

=====

Re: I will make it b"h

Posted by cordnoy - 03 Feb 2017 01:18

---

[MayanHamisgaber wrote on 02 Feb 2017 20:42:](#)

cordnoy

my group wasn't aborted it blew up before it got off the ground

it wasn't a god question it was venting

everyone has calm moments

B'ahtzlacha

Ok.

=====

Re: I will make it b"h

Posted by Hashem Help Me - 03 Feb 2017 05:08

---

Thank you to all of you - my support team. I am thanks to Hashem at day 50. I would never have believed it, but all of you said it could be done so here we are. It is amazing how when you are in the grips of the big fat lie you simply cannot see the way out. Once out, you wonder why it couldn't be done before.

I don't know who any of you are, but you saved my life, you gave me back my sanity, you gave my wife back her husband, you gave my children back their father, and being that I am a public figure in the world of chinuch - you gave a lot of yidden back their leader. If I could meet you, first I would smother you with hugs and kisses, and then I would put my hands on your heads and beg the ribono shel olam to shower you endlessly with brochos!

I know that nisyonos come and it could be that I will unfortunately slip at some time, but it will be different - the yiush I used to experience will not be there - I will know that it can be done. Also, along with the kedusha fixing that has been going on, an incredible character development has begun. My brain is working differently - I am humbled by this experience, and I am more conscious of when I act selfishly. If after 50 days this is what is what's happening, I can only imagine the positive effect 500 days or better yet, 5000 days, can have. May Hashem grant me along with everyone else to be zoche to see that.

Please celebrate with me. Many of you "held my hand" during tough and challenging days and now you can "hold my hands" to dance.

=====

=====

Re: I will make it b"h

Posted by bb0212 - 03 Feb 2017 05:28

---

Thank you for sharing, you can and will make it to your goals! You have our Father backing you up!

=====

=====

Re: I will make it b"h

Posted by MayanHamisgaber - 03 Feb 2017 10:30

---

HHM

WOW amazing thank you for sharing this with us may you continue with much hatzlacha

and thank you for the personal chizuck that you give me

B'hatzlacha

=====

=====

Re: I will make it b"h

Posted by GrowStrong - 03 Feb 2017 11:11

---

Thank you for the words of chizuk.

I am also about to break 50 as you know, and it has surely been the most mind-blowing 50 days of my life.

So much growth and barely even cracked the surface.

I have not yet had the wherewithal to share my story yet fully to the olam, its hard for me and i hope to be able to one day.

Thank you for the brochas and giving me the schut to be a part of your recovery.

=====

Re: I will make it b"h

Posted by MayanHamisgaber - 03 Feb 2017 12:14

---

Day 47

Feeling a lot of stress here and if i'm honest i'll say that i am hurt by one close to me

Just bec. one feels that calling at night might be bothering someone does that mean it should be at the expense of me and now my day has been topsy turvy

=====

=====

Re: I will make it b"h

Posted by Workingguy - 03 Feb 2017 12:28

---

[MayanHamisgaber wrote on 03 Feb 2017 12:14:](#)

Day 47

Feeling a lot of stress here and if i'm honest i'll say that i am hurt by one close to me

Just bec. one feels that calling at night might be bothering someone does that mean it should be at the expense of me and now my day has been topsy turvy

Trying not to show how upset i am but i think i am failing miserably

I feel you brother. Not fun, to say the least.

=====



Re: I will make it b"h

Posted by Hashem Help Me - 03 Feb 2017 12:29

---

Hold on! You are doing so well. Take a deep breath and bend your head and let all the stress fly right over you. Some vigorous exercising would help too! If you need to throw up, write the whole story down and post it!

=====

=====