

I will make it b'e"h

Posted by MayanHamisgaber - 19 Dec 2016 23:17

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Just started my 90 days journey (hopefully indefinitely) a little nervous as for years i have had very long stretches with feeling nothing and then WHAM massive fall which would then spiral out of control until someone found out. But now i have gye and everyone here who are so

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Re: I will make it b"h

Posted by thanks613 - 22 Jan 2017 21:59

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encouraging and thoughtful that i know i can do this for good !

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Re: I will make it b"h

Posted by Singularity - 23 Jan 2017 07:43

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nice one

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Re: I will make it b"h

Posted by Trouble - 23 Jan 2017 13:34

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[MayanHamisgaber wrote on 22 Jan 2017 21:51:](#)

lets just say that i did more taking than giving even though it's been awhile still i feel like a pig but she says it was expected since the baby has been screaming at night again.....

And you agreed?

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Re: I will make it b"h  
Posted by MayanHamisgaber - 23 Jan 2017 20:42

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[Trouble wrote on 23 Jan 2017 13:34:](#)

[MayanHamisgaber wrote on 22 Jan 2017 21:51:](#)

lets just say that i did more taking than giving even though it's been awhile still i feel like a pig but she says it was expected since the baby has been screaming at night again.....

And you agreed?

yes i too knew this was a strong possibility and still pushed off giving what i should that's why i feel like a pig

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Re: I will make it b"h  
Posted by MayanHamisgaber - 23 Jan 2017 20:45

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day 35

pretty good day totally doing things in my sleep even cut up 5 chickens today....

still feeling guilty not sure what to do wife is totally happy and being a great wife guess i need to chill out a little....

B'hatzlacha

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Re: I will make it b"h  
Posted by MayanHamisgaber - 23 Jan 2017 21:55

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Dear Hashem

please excuse my language

I know that you love me more than i can imagine but why the hell does it have to hurt so freaking much please allow me to stay sane while not sleeping because baby screeches all night and therefore i can't function well anymore and fall asleep while davening learning in shiur..... oh and why the hell is my wife bleeding 4 months after the birth of our second beautiful daughter when by the first one she was clean for 6 months?

I'm not asking to understand rather just to find peace of mind to get through "today" blah blah blah...

thanx for listening i do not expect an answer but i know this is for the best.

B'hatzlacha

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Re: I will make it b"h  
Posted by Shlomo24 - 23 Jan 2017 22:02

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Good job getting it out. Sometimes I find it important to spell out or speak out exactly what is bothering me.

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Re: I will make it b"h  
Posted by MayanHamisgaber - 23 Jan 2017 22:05

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thanx for responding

unfortunately i have alot more to say but don't feel comfortable to speak so freely even the above was hard and only because of desperation was able to do that

B'hatzlacha

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Re: I will make it b"h  
Posted by Shlomo24 - 23 Jan 2017 22:06

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If it's of any help, you can email or text me. My info is in my signature.

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Re: I will make it b"h  
Posted by MayanHamisgaber - 23 Jan 2017 22:12

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thanks think i'll be okay for now but don't be surprised if you get one soon....  
hitting the sack baby quiet now...

B'hatzlacha

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Re: I will make it b"h  
Posted by Hashem Help Me - 23 Jan 2017 23:07

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[MayanHamisgaber wrote:](#)

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On these forums we are given the opportunity to bare our hearts and share it all. Our comments are read by non judgmental people who have experienced similar challenges and feelings. Much of what we write here or speak to each other about we would never dream of speaking about in "the outside world". In general I have a very refined vocabulary, having been trained that that is how a yid speaks. However for my recovery I must write and talk graphically about what most would consider obscene and inappropriate. Feel free to write more. Its for your own good. Wishing you the best

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Re: I will make it b"h  
Posted by Singularity - 24 Jan 2017 09:07

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[Hashem Help Me wrote on 23 Jan 2017 23:07:](#)

[MayanHamisgaber wrote:](#)

unfortunately i have alot more to say but don't feel comfortable to speak so freely even the above was hard and only because of desperation was able to do that

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good. Wishing you the best

Really? Oh. Whoops. Better throw away that Naughty and Nice list of mine....

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Re: I will make it b"h

Posted by MayanHamisgaber - 24 Jan 2017 19:32

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[Hashem Help Me wrote on 23 Jan 2017 23:07:](#)

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thanks for the post however i happen to disagree about talking graphically (once posted this on a different forum) while true that we must talk more openly than others however the issur of nivul peh still exists even for us so totally letting loose IMHO is not the way to go so as much as i want to blast everything (and probably lose a few friends) i can't so whatever slips out that's it

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Re: I will make it b"h

Posted by MayanHamisgaber - 24 Jan 2017 19:35

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singer dude

P.S. saw your share on yosef's thread ouch

B'hatzlacha

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