

Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 21 Nov 2009 23:43

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Hi Guys,

I have (stupidly) neglected this forum because I was simply overwhelmed by the amount of new material on here on a consistent basis. I started my 90 day trip last year on November 20th, and I'm doing the same this year. I've set up my cell phone in such a way that I will be able to send and receive calls for free so I can call my partner and call the phone conferences for free.

Today, Shabbos, was day 2. Let the chizuk flow, because this will NOT be easy. I'm reaching for a new plateau compared to last year. I fully believe that when faced head on with temptation, I am completely powerless. I become a shell of myself, completely out of control. I know though, that if I never give up and I take the right steps, I will win the war despite the lost battles. Signing off,

Ano

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by imtrying25 - 10 Dec 2009 10:56

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by the.guard - 10 Dec 2009 10:58

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I just noticed that this was the 90th post in this thread. I can't see any great significance, but I just thought I'd mention it.

There *is* great significance in the number 90... I remember once hearing something about it (was it on GYE?)... I don't recall... :D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by Ano Nymous - 11 Dec 2009 03:22

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Today was day 21. It was not a great day as far as productivity is concerned; I slept in and missed morning seder and DC's call. But other than that, it was a great day! I called in to Elya's call tonight, and that was helpful. I wish I had more to say, but today is not one of those days (you know, the ones where you have a great epiphany). Enjoy the Thursday night chulet y'all (or sushi if that's your thing)!!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by the.guard - 11 Dec 2009 07:30

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by Ano Nymous - 11 Dec 2009 19:01

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Whoopee! Today is day 22. Again I don't have much to say, but I've made up to post every day until 90, so I'm doing it. Have a great Shabbos everyone, and a wonderful Chanuka as well!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by imtrying25 - 12 Dec 2009 16:38

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Keep roaring Ano. Sorry about friday/thursday night. Tomim was making me a little nuts and then i had to start making the chulent and what not.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by Ano Nymous - 13 Dec 2009 06:31

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No problem dude. Hope the chulent came out all right!

Today was day 23. This is going better than expected. I gotta get Tomim's number ready for the inevitable strike. You hear me Tomim? :D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by 7yipol - 13 Dec 2009 09:43

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Keep up that count Ano!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by Ano Nymous - 13 Dec 2009 19:35

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Today (Sunday) is day 24. I went to bed at 6AM this morning, and woke up at about 2PM with a "nocturnal emission." I put it in quotes because I did not see or dream anything. I just woke up wet. I didn't even think anything before I went to sleep which could have caused it (something I used to do a lot in the past). Basically, I'm thrilled that this happened without my having any part

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by Kedusha - 13 Dec 2009 20:08

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WTGA!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by silentbattle - 13 Dec 2009 20:28

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Oh, man - Happy chanuka! I hope you have someone to celebrate with, at least!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by the.guard - 13 Dec 2009 21:37

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Basically, I'm thrilled that this happened without my having any part in it.

That's the spirit! :D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by imtrying25 - 13 Dec 2009 22:46

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I love Chanukah, but I wish I was celebrating it with some family, which I am not.

Cmon man what is that supposed to mean. You can celebrate with the whole GYE family. Were all here ready and rollin to celebrate!!! Cheer up man its hannukah were supposed to be happy!!!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!  
Posted by Ano Nymous - 14 Dec 2009 03:23

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Hey Guys,

Epiphany time :D

I was walking around a few minutes ago on a large street. I got myself something to eat, and did a little food shopping. As is always the case, there were many women walking around. My instinct, of course, told me to give the "initial peek" (which is really just used to determine if staring is warranted). Surprisingly, I just didn't do it. Whereas in the past when the same thing happened I'd give myself a pat on the back and my ego would go up a notch, this time I just felt a tremendous feeling of joy and connection to God, and an endless amount of gratitude to him for simply taking the battle away. I'm no tzaddik, but I sure feel a lot closer to God now than I ever have in the past. And the pleasure and serenity I gained from that feeling of connectedness was 1000x greater than what I have ever felt from patting myself on the back and telling myself what a tzaddik I am (not to mention how much more effective it is in helping

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