

Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 21 Nov 2009 23:43

Hi Guys,

I have (stupidly) neglected this forum because I was simply overwhelmed by the amount of new material on here on a consistent basis. I started my 90 day trip last year on November 20th, and I'm doing the same this year. I've set up my cell phone in such a way that I will be able to send and receive calls for free so I can call my partner and call the phone conferences for free.

Today, Shabbos, was day 2. Let the chizuk flow, because this will NOT be easy. I'm reaching for a new plateau compared to last year. I fully believe that when faced head on with temptation, I am completely powerless. I become a shell of myself, completely out of control. I know though, that if I never give up and I take the right steps, I will win the war despite the lost battles. Signing off,

Ano

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by TrYiNg - 01 Dec 2009 07:34

Hey ano, read throught this thread...now onto the other one..You really are an inspiration. Over 90 days clean, and thats without the forum??!! I don't think I can survive ONE ;D

Today is day 11. I got to join the conference call (Duvid Chaim's) and then I talked to Tomim on the phone for over an hour. Overall, it was a very inspiring day, and it was the kind of day I wish every day could be. But alas, it's not that way!

Me too. I got onto the call and low and behold, I actually..uh..I'm embarrassed to say I fell asleep :-[:-[. Don't get me wrong. The call was fascinating. It gave me alot to think about. Just I was

very tired..one minute I heard DC's voice, and the next I heard "hello, Hello". C'mon, anyone mind that I sleep on the call ? :) :o I think the words sink in better that way 8)

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by Ano Nymous - 01 Dec 2009 08:02

hahahaha I can see how DC's voice could have that kind of effect if you're tired (which I wasn't).

I'm glad I inspired you, but It's not what you think. I DID have the forum (where did I say I didn't?), and not only that, guard started the Wall of honor chart and forums in my honor, so I ended up being the first one on there. It's sort of like what Rage is TrYiNg to do with Habib. I just COULDN'T fall and let guard down, so I ended up on the wall of honor by default. You can credit me if you'd like, but I don't think I deserve any of it. :D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by Ano Nymous - 01 Dec 2009 20:55

Today is day 12. I'm feeling a little down because I'm not getting where I want to in terms of davening and learning. I'm going to sleep late and waking up late. Even though I'm doing nothing wrong at night (I'm addicted to this forum), I still want to have a normal schedule, and this is not it...

I realize that old habits are hard to break, and I'm definitely in the habit of not doing much learning or davening. I don't miss tefillin anymore, but that's the only good thing I can credit myself with. Have a wonderful day everybody (even those who don't read the drivel I post in this thread)!!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by habib613 - 02 Dec 2009 00:27

i think mom needs to enforce our bedtimes...

hope you had a good day

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 02 Dec 2009 00:42

[habib613 wrote on 02 Dec 2009 00:27:](#)

i think mom needs to enforce our bedtimes...

Agreed.

I had a good day. I feel like the group support is holding me up at this point, to the point that I don't have any desire to do anything I shouldn't. The real test will be what I do when that fades. I hope that doesn't happen anytime soon!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by TrYiNg - 02 Dec 2009 05:53

I'm going to sleep late and waking up late

I got myself a twin...

The real test will be what I do when that fades. I hope that doesn't happen anytime soon

When what fades?? Group support? NEVER

GO ANO!!!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by the.guard - 02 Dec 2009 12:21

Today is day 12. I'm feeling a little down because I'm not getting where I want to in terms of davening and learning.

A [great piece](#) from Dov.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 02 Dec 2009 18:59

Today is day 13. I still have not had any real tests, but I know now that when they do come, I have people to call. Duvid Chaim's call was good, as always, but the 12 steps is going to be hard for me. I'm going to have to put my life into writing and share it, which I have never done before (I've done the writing, but never shared it with anyone else). I hope everything keeps going in the same direction it's going now (UP). Thanks to everyone who's posted in my thread; it means a lot to me.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by TrYiNg - 02 Dec 2009 21:46

Duvid Chaim's call was good, as always, but the 12 steps is going to be hard for me.

Ye, me too. Just looking at that spreadsheet gave me jitters.. :o :-[

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 03 Dec 2009 00:32

I didn't get the spreadsheet, so I've sent an email to Duvid Chaim. They say there's no such thing as a free lunch, so it's foolish of me to assume I can just make the problem go away by joining a 12 step conference call and nothing else. I got to where I am now by putting in effort, and if I want to climb even higher I'm going to have to put in even more effort (both physical and emotional). I think the end result is worth it though!! ;D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by 7yipol - 03 Dec 2009 17:53

Given up with bedtimes for you teens; it's a hopeless situation.

More chance of beating this addiction than beating you guys into bed at any humanly sane hour
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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 03 Dec 2009 18:15

[7Up wrote on 03 Dec 2009 17:53:](#)

Given up with bedtimes for you teens; it's a hopeless situation.

More chance of beating this addiction than beating you guys into bed at any humanly sane hour
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I'm not a teen anymore mom :D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 03 Dec 2009 18:44

Today is day 14. I mistakenly wrote that yesterday was 12, when it was really 13 (I've edited the post). So on DC's call today we discussed the worksheet that we need to fill out. I need to write down all my resentments and who causes them, as well as how they affect me and what my part is in them. This is not gonna be fun, but once I'm done with it I'm sure it'll feel as if a weight

BTW, these 14 days have been completely lust free. Not so much as a smidgen of it. I is VERY happy about dis ;D ;D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by imtrying25 - 03 Dec 2009 18:49

Keep it up Ano. Hope to join you in this journey. Im holding by but im taking it slow this time. Be

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