

Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 21 Nov 2009 23:43

Hi Guys,

I have (stupidly) neglected this forum because I was simply overwhelmed by the amount of new material on here on a consistent basis. I started my 90 day trip last year on November 20th, and I'm doing the same this year. I've set up my cell phone in such a way that I will be able to send and receive calls for free so I can call my partner and call the phone conferences for free.

Today, Shabbos, was day 2. Let the chizuk flow, because this will NOT be easy. I'm reaching for a new plateau compared to last year. I fully believe that when faced head on with temptation, I am completely powerless. I become a shell of myself, completely out of control. I know though, that if I never give up and I take the right steps, I will win the war despite the lost battles. Signing off,

Ano

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 28 Dec 2009 05:54

gnight!

I make pasta out of computers...

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by habib613 - 28 Dec 2009 05:55

lol

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by habaletaher - 28 Dec 2009 07:45

Hey Ano,

I hope the fast worked out for you, we're with you!

Haba

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by the.guard - 28 Dec 2009 15:33

[quote="Ano Nymous" link=topic=1266.msg38798#msg38798 date=1261978785]

I am the king of randomness. You can try to beat me at it, but it's MY game. Good luck :D

Pasta

Columbia

Transcontinental Railroad

Poison Ivy

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by Ano Nymous - 28 Dec 2009 22:03

Sorry Guard, but I don't get the joke...

So day 39 is almost over...

The longer I stay here, the better my attitude gets. I'd like to thank all the wonderful people here for helping me along. From what I've seen so far of those who don't succeed, they do not fail due to lack of will or deficit of character. They fail simply because they expect to see change instantly, to undermine an addiction which has corrupted the way they interact with everything in this world in only a matter of weeks. The bottom line is that those things which take years to completely destroy take years to completely mend. But that is not a reason to despair!! Instead, start the journey with but an abstract goal in mind, and periodically look back at how far you've come (NOT in a nostalgic manner, unless you want trouble) instead of looking forward at how much you have left to do. This is (in my VERY humble opinion, of course) the path to success. Have a great day everyone! :D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by imtrying25 - 28 Dec 2009 22:08

From the lowest of the low comes the highest of the high. Although that may be your humble

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by silentbattle - 29 Dec 2009 00:57

Absolutely, Ano - it's important to recognize our victories, and congratulate ourselves for them!

In fact, in honor of your insight, I'm going to post one of my own victories here, on your thread, although i was about to post it on my own.

For a while (like, the last year or so), my minyan-going had been rather dismal. Sometimes it got better, but over the past year, especially, it was...well, let's just say that if I was back in high school, they might have even given up on me ever showing up. For a while, i was lucky if i went once a day.

~~opinion it was a great post. and very true. In at least my opinion.~~

Soon after facing these issues, and starting to deal with them, and getting involved with GYE and all of you - things turned around. I'm far from perfect, but things have drastically improved, and I'm really proud of it!

Thank you all for helping me do it!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by the.guard - 29 Dec 2009 01:19

Sorry Guard, but I don't get the joke...

AHA!! SO WHO IS THE KING OF RANDOMNESS??

Admit defeat and bow down!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by Ano Nymous - 29 Dec 2009 18:57

Hi guys,

I'm sad to report that last night, I fell. I wasn't triggered in any way. I was just seized with this incredible lust and just went into autopilot mode. I need someone to call when this happens. It only seems to happen on very rare occasions, and I'm not even sure why it happens. Maybe it's the stress that this part of school creates. If that's the case, how am I going to be able to deal with all the stress which life is sure to bring? From right now, I'm not going to resume counting the days; I'm going to try to make the days count. I'm not leaving, and I'm going to continue to

Ano

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by the.guard - 29 Dec 2009 22:05

Fell shmell.

Falls happen to addicts.

A fall on the journey is worth more than a clean day when not... (Momo)

And **you** are *definitely* on the journey.

Make the days count. I like that.

You da man. Keep on trucking!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by bardichev - 29 Dec 2009 22:21

MASKIMMMMM

100% TO GUARD

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by imtrying25 - 29 Dec 2009 22:28

Ano feel free to call me. I know im in Israel but its worth a try, if it works for you. And like so many holy people have said before me, fell shmell. Its not the clean days and the falls that mean anything. Its what we take out of each and every day. Sometimes we take a clean day with us. Sometimes we take a lesson instead. And if this is what youve learned by falling then so be it. Yerida letzorech aliyah. youve changed your attitude so thats what counts. Not the fall and not the clean. Check out what i wrote to rage yesterday on his thread. Oh it was in yesterdays chizuk email. And never forget, WE LOVE YOU NO MATTER HOW MANY TIMES YOU FALL NO MATTER HOW MANY CLEAN DAYS. WE LOVE YOU BECAUSE YOUR YOU. AND BECAUSE YOU IS TRYING TO FIGHT THIS WAR AGAINST LUST.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by bardichev - 29 Dec 2009 22:30

MASKIMMMMM

100% TO IMT25

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Re: Ano

Posted by loi-misyaeish - 29 Dec 2009 22:36

OH NO, BARDY, DON'T DO THAT TO EVERY THREAD LIKE MOMO DID TWO DAYS AGO. YOU'RE SOMEBODY TOO SPECIAL TO DO SUCH A THING!!!

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