

Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by Ano Nymous - 21 Nov 2009 23:43

Hi Guys,

I have (stupidly) neglected this forum because I was simply overwhelmed by the amount of new material on here on a consistent basis. I started my 90 day trip last year on November 20th, and I'm doing the same this year. I've set up my cell phone in such a way that I will be able to send and receive calls for free so I can call my partner and call the phone conferences for free.

Today, Shabbos, was day 2. Let the chizuk flow, because this will NOT be easy. I'm reaching for a new plateau compared to last year. I fully believe that when faced head on with temptation, I am completely powerless. I become a shell of myself, completely out of control. I know though, that if I never give up and I take the right steps, I will win the war despite the lost battles. Signing off,

Ano

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!

Posted by habib613 - 18 Dec 2009 03:37

[Ano Nymous wrote on 18 Dec 2009 01:48:](#)

Dude, how could you?

Baby seals are SO SO cute!

i second that!

and mom, you threatening that i won't get a shidduch if we adopt ano? shver

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by TrYiNg - 18 Dec 2009 09:53

[Ano Nymous wrote on 18 Dec 2009 01:48:](#)

Dude, how could you?

Baby seals are SO SO cute!

thought dudes don like stuff that "are so so cute"...

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by imtrying25 - 18 Dec 2009 09:56

Yeah man whers the dude in you. Cmon seal the coffin on that avatar and get yourself something manly. :D

Hey hey hey look whos talkin. Mr mooshy gooshy holding hands with my friend. Yeah i guess im missing some dude too. Life sucks, eh.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by Ano Nymous - 18 Dec 2009 19:29

[TrYiNg wrote on 18 Dec 2009 09:53:](#)

[Ano Nymous wrote on 18 Dec 2009 01:48:](#)

Dude, how could you?

Baby seals are SO SO cute!

thought dudes don like stuff that "are so so cute"...

I guess I'm not a normal dude then. I'm way more emotional than most dudes (but I do a great job hiding it!). Today is day 29. I'm feeling a little down for no particular reason, but I'll be ok. Time for shabbos! ;D ;D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by imtrying25 - 19 Dec 2009 23:09

hey Ano wats up?? How was shabbos. Hope you made it through. Hope shabbos uplifted your spirits a little. Just checkin in.

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by silentbattle - 20 Dec 2009 07:14

hey, hope you're doing OK - Do you have any replacement activities to do when you're feeling down?

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by habaletaher - 20 Dec 2009 07:44

Hey Ano,

I hope Shabbos painted some simcha back in there! I'm a newbie so to me Day 29 is quite a serious accomplishment! Keep it up!

I too get the occasional "I'm depressed and have no idea why..." thing. So many of us are holding in so much, possibly repressing a lot as well, and definitely living under the stress of the secret lives our addiction brings us to, that it is a wonder that we only get that occasionally!!! I find that when I get that, just getting more active snaps me out of it (somewhat).

All the best,

HAba

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by Ano Nymous - 20 Dec 2009 07:57

Shabbos was great, and was day 30! I'm feeling great now. I'm hoping I can beat my seven months from last year. I know I can...just taking it one day at a time. I've got sooo many people backing me up, that I don't think I have any room to slip up. ;D

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by habib613 - 20 Dec 2009 08:01

GAG!!!

nope. falling is just not an option!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by 7yipol - 20 Dec 2009 20:34

Keep it up Ano!

A slippery seal aint nothing to sneeze at! :o :o

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by Ano Nymous - 20 Dec 2009 21:58

Which is more slippery- A piece of sushi or a baby seal?

Today is day 31. KUTGW God!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by the.guard - 20 Dec 2009 22:03

[Ano Nymous wrote on 20 Dec 2009 21:58:](#)

Today is day 31. KUTGW God!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by silentbattle - 21 Dec 2009 02:23

Oh, He will!!

I think that adopting a baby seal is probably not something you mention on a first date...maybe save it for later, to be casually and carefully brought up during an aquarium date!

It's great that you feel your connection with hashem so strongly in this endeavor!

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Re: Ano Nymous Part 2 - A new year and a new 90 day journey!
Posted by Ano Nymous - 21 Dec 2009 03:59

I'm adding one more site to my mental "do not go" list. WAY too many triggering things to be found there, despite the great humor I got there as well. Oh well. I shall not go there any more.

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