

Twice Chai and Counting!

Posted by Moudmack - 14 Nov 2016 18:25

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So as some of you know I have managed to be clean from masturbation for over two years but i was having difficulties with keeping myself away from sex images/videos and such visual forbidden sights. This has not been a easy task but thanks to hashem i have now been 36 days free !!!! The community has been a huge help understanding my situation and looking at ways to probe it. I have been inspired by the people tremendously and it warms my heart to see just how warm people are over here. I first thought i would have a very hard time but following the tricks and techniques of GYE has helped me made this battle a lot less hard. Thank you all who have helped me and I hope that all the rest with keep on fighting and improving themselves in all areas of life. Behatslaha Rabbha my fellow jews, keep on walking towards holiness one day at a time.

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Re: Twice Chai and Counting!

Posted by Markz - 14 Nov 2016 23:13

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Mackie great going!

Maybe try stick to 1 thread for your Trucking story

Now, can you elaborate why this hasn't been an easy task, has it been a tough struggle the past few weeks?

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Re: Twice Chai and Counting!

Posted by Moudmack - 15 Nov 2016 02:24

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Well the thing is that i blocked social media making it easier to avoid things i should see. However i always fall back to thinking that it's ok and that now that time passed im fine. So i go back and get into a situation and then i remember that I shouldnt have went to social media since all the bad content is blocked. Basically what's difficult is trusting myself, sometimes ill check out a girl because I tell myself "she's jewish and I need to get married so ill see how she is", i wouldnt do that with a non-jew cuz i know theirs no chance she could fit that roll. I know all

this about my yetser ha rah and how he works but I feel like the higher i go the more tricks he pulls!

(ps: markz you think i should post this in my entry story and just update it there?)

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Re: Twice Chai and Counting!

Posted by Markz - 15 Nov 2016 02:52

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[Moudmack wrote on 15 Nov 2016 02:24:](#)

Well the thing is that i blocked social media making it easier to avoid things i should see. However i always fall back to thinking that it's ok and that now that time passed im fine. So i go back and get into a situation and then i remember that I shouldnt have went to social media since all the bad content is blocked. Basically what's difficult is trusting myself, sometimes ill check out a girl because I tell myself "she's jewish and I need to get married so ill see how she is", i wouldnt do that with a non-jew cuz i know theirs no chance she could fit that roll. I know all this about my yetser ha rah and how he works but I feel like the higher i go the more tricks he pulls!

(ps: markz you think i should post this in my entry story and just update it there?)

Generally try to stick to one thread. But your last post...

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Re: Twice Chai and Counting!

Posted by Singularity - 16 Nov 2016 09:22

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Keep it up!

Personally I'd find it almost impossible to not masturbate while looking at smut. It's part and parcel. So if I break away it means it wasn't an actual fall and just a slip.. But I want to work to the level where even the smut is a fall.

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