

Here I go!

Posted by slippingjew - 25 Sep 2016 22:52

Hi,

I just joined and I am ready to take the 90-day challenge. I saw it was recommended to keep a journal of sorts, so I guess I might do that, bli neder. Unfortunately, I slipped today, so I guess this one doesn't count. But the 90 days (and hopefully rest of my life) start NOW!

-Slippingjew

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Re: Here I go!

Posted by 360gye - 25 Sep 2016 23:16

Sounds like you have a plan. To keep things simple i would suggest sticking with one thread.

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Re: Here I go!

Posted by TzedekChaim - 26 Sep 2016 16:27

hatzlacha rabba!!

Just keep in mind: **one day at a time.**

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