

TzedekChaim's journey

Posted by TzedekChaim - 06 Sep 2016 23:20

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Well here I am.

I thought I could do it on my own. Definitely can't. That's how being an addict is. Although this is in the 90 day journey section. I am not going for 90 days. Just 1 day. Today. From now till 7:08pm tomorrow. Then we'll see from there.

I was exposed to this filth as a youngster, completely out of no where. I was playing a gameboy and one of my classmates had a psp with unfiltered internet access and he shoved it in my face. The internet in my house was not filtered (parents in denial, yada yada...). b'h I have not watched that much shmutz but my imagination is a real problem, not to mention the triggers abound in the goyish college/public transportation that I go to. The rest is history. But since finding gye about 2 yrs ago I hope to change that.

So why am I starting a thread if I have been doing this for two years? Obviously, because I have been failing at this for not just the past two years (where I have made some very big gains) but also for the last ten years. I am now 23 and in the parsha, but I am not stupid to think that getting married will solve my problems. it will probably make them worse. What I need is advice and support from this amazing community to help me get through this.

Thanks

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Re: TzedekChaim's journey

Posted by TzedekChaim - 23 May 2017 13:01

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b'H another clean and sober day, trucking along. I think I handled very well despite only getting 1.5 hours of sleep the night before.

I don't want to share, at this point, (maybe in a PM) who the chasson class teacher is, but I had our first meeting a some time ago, and it was very concrete and down to earth. A very big relief, since many of my conceptions about the whole process were only partially correct while others were downright not how things roll. So a big eye opener. A bit triggering, but not nearly to the point of crazyness which my Yyetzer wanted to make me believe (I wrote down notes on the shmooze and any questions in my mind for next time, so I don't have to dwell on them and can ). The rebbe was recommended by the mesader kiddushin

btw I am doing the chasson classes with my shul rav, That means laws of taharas hamishpacha, and the likes, and I'm doing the chasson shmooze with a different rav who is famous for his shmoozin, and I would recommend him to anyone. I don't know how a person can get married without being properly prepared, and even though we're not finished yet, I am (the first bit of this post and the discussion with Reb Markz is concerning the chasson shmooze)

focus on other things in the mean

ALSO, my rebbe from israel sent me a new number to reach him.  
Rabbi Anonymous, you may have heard of him

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Re: TzedekChaim's journey  
Posted by Bigmoish - 23 May 2017 17:15

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[TzedekChaim wrote on 23 May 2017 13:01:](#)

confident in the clarity and completeness of the shmooze. Very happy with it.  
The rebbe was recommended by the mesader kiddushin Rabbi Anonymous, you may have

Yes, I believe he is a relative of the famous Rav Schwartz.

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Re: TzedekChaim's journey

Posted by cordnoy - 23 May 2017 18:02

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[Bigmoish wrote on 23 May 2017 17:15:](#)

[TzedekChaim wrote on 23 May 2017 13:01:](#)

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Yes, I believe he is a relative of the famous Rav Schwartz.

My lips are sealed.

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Re: TzedekChaim's journey

Posted by Trouble - 24 May 2017 23:05

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Now, here's an energizer thread.  
heard of him

You give this guy a keyboard and he don't stop!

What does he write in the middle of all his posts?

I'm sure it's good - at least that's my impression from reading the first and the last paragraph.

I wonder if there's anything written in between all those picture faces he draws.

Good fellow.

I think he's getting married soon.

Either that, or he likes those choson shmuesin instead of magazines.

Me, I'd prefer the real stuff, but each his own.

Truth be told, magazines aren't real either.

Sort of like fake news.

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Re: TzedekChaim's journey

Posted by Markz - 24 May 2017 23:21

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[Trouble wrote on 24 May 2017 23:05:](#)

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Any buddy know if there is a way to click once "thank you" and auto fills for the last few posts?

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Re: TzedekChaim's journey  
Posted by cordnoy - 24 May 2017 23:27

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[Markz wrote on 24 May 2017 23:21:](#)

[Trouble wrote on 24 May 2017 23:05:](#)

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Re: TzedekChaim's journey  
Posted by Markz - 25 May 2017 00:35

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[cordnoy wrote on 24 May 2017 23:27:](#)

[Markz wrote on 24 May 2017 23:21:](#)

[Trouble wrote on 24 May 2017 23:05:](#)

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Did something good for the life of me

And how? Open in new Tab

On PC Right click

On Mobile hold the button down

On the new website put your nose on the button

Thank you for listening

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Re: TzedekChaim's journey

Posted by TzedekChaim - 25 May 2017 13:56

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Wow Markz! What a clever trick. Thanks for sharing. (and thank you Cordnoy for bringing it out)

The hirhurim are stronger than before, but I'm not letting them get me down. I have long since realized that no matter how aroused I am if I go do something else it will go away and I'll be fine. In fact i'll be GREAT! So they come they go. Putting it in perspective helps so much. And to be honest it only happened 3-7 times. I can live with that. So for a couple of minutes a day of

Been working on emunah and (insert word for opposite of worry. calmness?) Making some good progress. I don't have to like the situation in life that I am in (being an addict), but I need to accept it, and work with the reality of it. I'm not a millionaire either yet that doesn't get me bent out of shape, life goes on.

Thank you guys very much.

KOT!!!!

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