

My Journey

Posted by ThatGuy8Pie - 15 Aug 2016 16:29

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It's day 25.

I haven't written at all until now.

But, when I feel I will fall. I will stand up and talk it out.

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Re: My Journey

Posted by cordnoy - 15 Aug 2016 17:44

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[ThatGuy8Pie wrote on 15 Aug 2016 16:29:](#)

It's day 25.

I haven't written at all until now.

But, when I feel I will fall. I will stand up and talk it out.

Welcome.

I hope that works for you.

I know that in the past when I feel I will fall, I go into hibernation.....even now sometimes.

B'hatzlachah

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Re: My Journey

Posted by ThatGuy8Pie - 15 Aug 2016 18:21

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I have seen things, I should not see.

Heard things I should not hear.

A Jew, me, is more precious than this...

I was able to stop myself only by the grace of Hashem today.

Irony has a weird sense of humor, albeit a dark one.

I cannot be in isolation; or else my mind will get the best of me.

It starts at a thought, and it needs to end there.

No eyes, no action, no fall, no depression, no excuses.

How will we win this war?

One thought at a time.

One moment at a time.

How can I win this battle for 90 days, when my Y.H. still craves what I don't want?

What I don't need?

What I want to forget...

How do I make these thoughts go away?

They nag me like a child asking his Tati for a new bike.

Never losing energy, never missing a beat.

Shall I play him at his own game.

Tried that.

Exhausted.

Now what?

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Re: My Journey

Posted by Markz - 15 Aug 2016 18:24

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You sound like cordnoys 2nd cousin

Guardyoureyes is gonna rock!!!!

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Re: My Journey

Posted by ThatGuy8Pie - 15 Aug 2016 21:07

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Thanks. I'll take the compliment!

I think a way to get out my emotions pent up inside through a creative medium will help a ton.

Paints, and smocks here I come? Yes... I think so.

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