

Getting closer to 90 days

Posted by poshut yid - 18 Nov 2009 15:03

Rabbosai, I am slowly climbing the mountain. I can see the peak but I still have a few days left. I am on day 77 and B"H feeling pretty good. I am trying very hard not to let my guard down because I know in the back of my head that it doesn't matter whether it is day 5 or 89 the yetzer horah will do whatever he can to make us fall and be miyaesh!

Now is the time I really need the chizzuk as I push for the summit. They say when people climb Everest the most dangerous time is the final ascent. I feel that it is similar in our fight as the yetzer knows that if he can make me fall close to the top it would really kill me and I may not be able to get back up. So therefore I am going to be extra vigilant over the next 2 weeks.

Derech Agav, I noticed that the Shabbos after I reach 90 days happens to be exactly 1 yr since I joined the sight.

Yu people are amazing and have been a tremendous chizuk.

Kol Tuv

P.Y.

P.S. I can't log into my account to post on the counting forum. If Guard can email me I'd appreciate it.

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Re: Getting closer to 90 days

Posted by rashkebehag - 01 Dec 2009 20:39

i am impressed. keep it up. each day was victory even if you missed out at the end

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Re: Getting closer to 90 days

Posted by the.guard - 01 Dec 2009 21:45

i notice this pattern a lot. When someone is close to 90 they fall. Hashem wants them not to get complacent and hit 90 easily and say "Yay, I did it, I'm healed". He wants you to realize that an addict will always be an addict, and even after 90 days - although it might get easier - we have to keep up our guard. He wants you to take your recovery to a NEW level and not be satisfied to

just hit 90 and be happy. That's why he often makes the person slip right before 90. I have seen this many times, and I have been in touch with Him about it... (just kidding, this is just an)

But the good news is, that you can keep two separate counts of 90. One where you didn't mz"l, which will be coming very soon, and the second of not going to innapropriate sites, which you can start again TODAY.
hypothesis

Keep up the good work. Hashem is very proud of you. Think of how far you've come since the past!

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Re: Getting closer to 90 days
Posted by Kedusha - 01 Dec 2009 23:03

[bardichev wrote on 24 Nov 2009 15:38:](#)

A WISE MAN ONCE SAID

KEEP ON TRUCKIN"

:D ;D

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Re: Getting closer to 90 days
Posted by rashkebehag - 02 Dec 2009 23:17

[guardureyes wrote on 01 Dec 2009 21:45:](#)

i notice this pattern a lot. When someone is close to 90 they fall. Hashem wants them not to get complacent and hit 90 easily and say "Yay, I did it, I'm healed".

that is a good observation, before I discovered this site, I was battling on my own and would try to hit 30 clean days (i didn't know about 90) . i fell every time just before 30. this took place for almost a year. Then i found you and with the help of the forum was able to get somewhere.

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Re: Getting closer to 90 days

Posted by imtrying25 - 03 Dec 2009 18:40

I totally agree with what Guard says. As always hes on the ball. But here is my thoughts. Its the Y"H. hes trying to fight you to the bitter end. And when he sees your about to reach a milestone of some sort in your milchemes hayetzer hell do anything in the world to stop you. He knows that something like the 90 days is a **HUGE** building block for the future and he doesnt want you to reach it. Its like in a fight the end is always the hardst cuz the opponent will do anything to stop you from winning

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Re: Getting closer to 90 days

Posted by Momo - 27 Dec 2009 08:45

YOU ARE SOMEBODY SPECIAL!!!

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