

Singularity's Journey

Posted by Singularity - 12 Jul 2016 09:18

Well here I am, aaaagain! Actually this is the first time I've posted in this forum but I've decided to give it a 90-days go. Again. Oh boy.

BH married, 2 wonderful kids and a good job. Good learning and constantly striving for closeness to Hashem. Now have to kick this habit.

I'm in two minds. One one hand, it's good to track progress and discuss your falls and high moments. It gives chizuk for the long haul ahead. However is there not also an idea that the less attention you give something, the less of a problem it is? Any ideas?

Well here I am on day 1. The bulk of Shavuos to Rosh Hashonah is about passed. We're in Bamidbar - a desolate stretch of Torah (from Beha'aloscha at least) where we as a nation fell gravely and were beaten time and time again, due to Ta'avah and Kavod. All put to an end by Pinchas's sole act of zealousness, the seal to all the impure outflow. And I feel it reflects in the time of year. Nothing's happening! No Chagim. Worse, 17th of Tammuz, 9th of Av. It's the Yetzer Hara's playing ground and I always get knocked down strongest here. It's a *metzi'us*. So I wish to be a phoenix rising from the ashes of a downtrodden nation. And let's all be that together iyH.

Elul will be a lot easier I feel. It's the desolate months of Tammuz and Av that pose the real challenge. But let's see how it goes. Day 1!

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Re: Singularity's Journey

Posted by Singularity - 03 May 2017 08:20

My oft-treaded *mehalech* is such:

I'm learning 4 hours a day. And I just blew up at my wife. Why? My learning should temper me. Ugh. It never works. What's the point. (insert lustful action here)

I'm working the 12 steps diligently. But that woman still turns my head. She's married to my chavrusa! This program should be working! Oh heck, look I can see her knees..

Perhaps things *are* working AND I'm still broken, all at the same time. It's a wonderful realisation.

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Re: Singularity's Journey
Posted by Ihavenostrength - 03 May 2017 13:09

[Singularity wrote on 03 May 2017 08:20:](#)

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I think that is very true. It's important to remember that life is about the journey. Even when we have goals, it's the process that is most important.

Yes it is a wonderful realization, for in truth everything in life is like this. There is never truly an end to any goal.

Example: Even if one manages to lose weight he must maintain it.

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Re: Singularity's Journey

Posted by Singularity - 03 May 2017 14:11

[lhavenostrength wrote on 03 May 2017 13:09:](#)

[Singularity wrote on 03 May 2017 08:20:](#)

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Re: Singularity's Journey

Posted by Trouble - 09 May 2017 23:04

Wonround ordered a small shot on the rocks,

When he awoke - there was vomit on his socks.

Wontreat took one lick from the chocolate covered fountain,

By the end of the meal - he looked like a mountain.

Wondeal said, "hit me," this is a sure roll,

Within an hour - he was broke for the toll.

Wonpeek turned around and stole a quick glance,

Later that night - he did wet his pants.

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Re: Singularity's Journey

Posted by YidFromMonsey - 09 May 2017 23:09

[Trouble wrote on 09 May 2017 23:04:](#)

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I'm totally confused lol

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Re: Singularity's Journey

Posted by Trouble - 09 May 2017 23:30

I thought I was pretty straight forward.

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Re: Singularity's Journey

Posted by Markz - 09 May 2017 23:43

[Trouble wrote on 09 May 2017 23:04:](#)

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Later that night - he did wet his pants.

Wonka ate Trouble for breakfast and landed at the dentist, when sleep was apparent, all hell broke loose on Sing's planet

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Re: Singularity's Journey
Posted by Singularity - 10 May 2017 12:03

Try as hard as you want, I'm not hiring you to be a residential poet!

But I like the message.

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Re: Singularity's Journey
Posted by Trouble - 10 May 2017 19:02

[Singularity wrote on 10 May 2017 12:03:](#)

Try as hard as you want, I'm not hiring you to be a residential poet!

But I like the message.

Why not?

I haven't seen anything better today.

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Re: Singularity's Journey
Posted by Singularity - 11 May 2017 07:33

I realised:

- I need a sponsor. I'm lazy. Why am I not working this recovery? Am I sitting on my laurels of 160 days? Do I love watching things come crashing down in a blaze of fireworks?

- I have a problem with playing chess online. I want to stop. It's something I must surrender too. But today I feel weak. Oh gosh.

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Re: Singularity's Journey

Posted by MayanHamisgaber - 11 May 2017 10:57

SIng

Sounds like you are feeling down

I do not have the tools to e sponsor but to be friend I do

I do not have time to make that thread you requested but feel free to visit my thread to look at the oldies that help me

KOMTNMW

(feel free to email me but I usually won't answer till nighttime

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Re: Singularity's Journey

Posted by tiger - 11 May 2017 14:37

Sing,

i know that weak feeling, all I can say is if you are living today it's easier to realize how strong you are! I mean come on you could conquer the world right now!!

I so agree with the resting on recovery thing I have been a victim to this countless of times so the fact that you are aware is very good!

Stay strong, you are one powerful guy

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Re: Singularity's Journey

Posted by Shlomo24 - 11 May 2017 17:49

[Singularity wrote on 11 May 2017 07:33:](#)

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- I have a problem with playing chess online. I want to stop. It's something I must surrender too. But today I feel weak. Oh gosh.

I would strongly suggest that. The magic is in the steps. Going to meetings isn't working the program. And steps without a sponsor isn't working the steps.

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Re: Singularity's Journey

Posted by GrowStrong - 12 May 2017 08:22

[Shlomo24 wrote on 11 May 2017 17:49:](#)

[Singularity wrote on 11 May 2017 07:33:](#)

I realised:

- I need a sponsor. I'm lazy. Why am I not working this recovery? Am I sitting on my laurels of 160 days? Do I love watching things come crashing down in a blaze of fireworks?

- I have a problem with playing chess online. I want to stop. It's something I must surrender too. But today I feel weak. Oh gosh.

I would strongly suggest that. The magic is in the steps. Going to meetings isn't working the program. And steps without a sponsor isn't working the steps.

From the White Book.

How I Overcame My Obsession with Lust

How did I do it? I didn't. A woman in AA told me after she spoke in a meeting, quoting Chapter 5 in Alcoholics Anonymous, that "God could and would, if He were sought." And that's how I did it. By letting God do it. Because I couldn't. But God could and would-and did. But I had to go to meetings to learn things like that. "Meetings, meetings, meetings, meetings, meetings . . ." That's what they told me. "Just keep bringing the body." "Work the Steps, work the Steps, work the Steps, work the Steps, work the Steps." Going to meetings and working the Steps; that's how I did it. That's how I learned to let "the grace of God enter to expel the obsession."

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