

Singularity's Journey

Posted by Singularity - 12 Jul 2016 09:18

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Well here I am, aaaagain! Actually this is the first time I've posted in this forum but I've decided to give it a 90-days go. Again. Oh boy.

BH married, 2 wonderful kids and a good job. Good learning and constantly striving for closeness to Hashem. Now have to kick this habit.

I'm in two minds. One one hand, it's good to track progress and discuss your falls and high moments. It gives chizuk for the long haul ahead. However is there not also an idea that the less attention you give something, the less of a problem it is? Any ideas?

Well here I am on day 1. The bulk of Shavuos to Rosh Hashonah is about passed. We're in Bamidbar - a desolate stretch of Torah (from Beha'aloscha at least) where we as a nation fell gravely and were beaten time and time again, due to Ta'avah and Kavod. All put to an end by Pinchas's sole act of zealousness, the seal to all the impure outflow. And I feel it reflects in the time of year. Nothing's happening! No Chagim. Worse, 17th of Tammuz, 9th of Av. It's the Yetzer Hara's playing ground and I always get knocked down strongest here. It's a *metzi'us*. So I wish to be a phoenix rising from the ashes of a downtrodden nation. And let's all be that together iyH.

Elul will be a lot easier I feel. It's the desolate months of Tammuz and Av that pose the real challenge. But let's see how it goes. Day 1!

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Re: Singularity's Journey

Posted by thatslife - 30 Jan 2017 14:34

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[Shlomo24 wrote on 26 Jan 2017 18:29:](#)

Frank Sinatra was a famous singer who had a song/album called "That's life."

i am chasidish, i don't really listen to non-jewish music. i think it would trigger me "BIGLY", as our new president is wont to say

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Re: Singularity's Journey  
Posted by Trouble - 30 Jan 2017 23:17

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[thatslife wrote on 30 Jan 2017 14:34:](#)

[Shlomo24 wrote on 26 Jan 2017 18:29:](#)

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Isn't it ironic, don't you think?

Oops, that's a song as well.

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Re: Singularity's Journey  
Posted by Gevura Shebyesod - 31 Jan 2017 01:44

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Re: Singularity's Journey  
Posted by Markz - 31 Jan 2017 02:59

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Sing are you still alive?

If you don't post I get worried that your truck got eaten by a monstah

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Re: Singularity's Journey

Posted by Trouble - 31 Jan 2017 03:07

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[Markz wrote on 31 Jan 2017 02:59:](#)

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Or perhaps by the Gomondwane Males.

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Re: Singularity's Journey

Posted by GrowStrong - 31 Jan 2017 05:00

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(Vacation!)

Love ya sing hope you are having fun!!

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Re: Singularity's Journey

Posted by MayanHamisgaber - 31 Jan 2017 22:09

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but in all seriousness singer next time tell us unless you want us to come search for you

but it's in middle of the zman how can you go on vacation and leave us stranded

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Re: Singularity's Journey

Posted by Gevura Shebyesod - 31 Jan 2017 22:16

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Re: Singularity's Journey

Posted by Gevura Shebyesod - 31 Jan 2017 22:41

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Re: Singularity's Journey

Posted by Singularity - 06 Feb 2017 11:34

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As long as he's not in Sing Sing

POOOOF. \*sizzle\*

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Re: Singularity's Journey

Posted by Singularity - 06 Feb 2017 11:43

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I'm back!

That was my epic re-entrance.

Still trucking! Not to worry, Mark..

Shaky waters.

Beach holidays could do that to you.

Even though we went off peak. Took my glasses off mostly. And only went to the actual beach very early / very late. Still, was tough.

I let my eyes wander on numerous occasions. Just to peek at that woman over there. Not for any longer than 3 seconds at a time. But I knew where my head was at.

Wasn't for the whole holiday. Just the last day or two. Had a lot of stress. Work stuff, all things going awry. BH it's all okay now.

I was so overwhelmed and desired all lust things. Our holiday home was a mess and we needed to pack. And I didn't want to do anything. But things needed to be done.

So I just started to pack up the car.

And I thought to myself as I was lugging bags in the rain and mud:

*The best way to deal with the stress of having to do things is, well, doing them.*

And that's truer than true to me. And a motivator for not acting out.

Honestly, I set into motion my lustful thoughts a few times. No porn, masturbation, smutty images or anything like that. Just fatigue and the want to check out that woman on the beach. But I glance quickly and glance away. I don't think I need to reset my counter. I think that's a normal struggle. It didn't consume or corrupt me, BH. I asked God to remove my lust on several occasions as well.

Though I need to reset my sushi counter. I kind of had a ball with food these last few days. Not too much, but enough to say I need to wait another 4 weeks for a sushi binge. And the harsh reality helps me affirm my understanding of reward and punishment. It's a good thing.

I'm being brief. What's *Pshat* with beach holidays? My wife and I both love the ocean. And I love swimming in the waves. And you know what? Most of the time, that was my only motivation to go down to the beach! And I'm proud of that. But are beaches *assur*? Is it something I need to admit, and surrender as well? It's horrifying. But even one woman in one bikini... is the joy of swimming worth the anguish? I don't know. My head's fuzzy. I reach out to you all.

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Re: Singularity's Journey

Posted by Markz - 06 Feb 2017 13:14

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I go 5:30 to 8am

I wasn't so worried about your sobriety being away so long

I assumed you were on a 90,000km run

Running on quick sand isn't easy ;-)

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Re: Singularity's Journey

Posted by Singularity - 06 Feb 2017 13:25

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My wife loves to go

i simply can't be there after any bathers arrive, so that's the only time I can take the fam

It happened that she wanted to stay by the water a little longer so I waited for her in the car.  
Even that can be tough because there are women around the parking area too who haven't  
heard of vaad mishmeret hatzniyut

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