

Following the Rebbe R' Zisha Ztz

Posted by Shamedich - 07 Jul 2016 18:52

I'm sure everyone on the 90-day journey, has made many attempts (more than we can count) to sincerely break the vicious cycle. We make good kabbalahs, promise money to tzadakka if we fall, almost make a neder not to go places that set ourselves up for a nisayon. Even as I write this, I am disgusted with my behavior, but at the same time I feel it's soooo hard to not give in. Like why not, a quick glimpse and that's it.

I therefor decided to name my thread, "Following the Rebbe R' Zisha Ztz'l, as the holy rebbe used to say every night, "Hashem I beg your forgiveness for not properly doing your will, and I promise I will behave from now on. If you will say, Zisha you said the same thing yesterday, to that I answer, that now I mean it seriously! We all feel that way, but thanks to GYE, we learned that it is not enough for us, but we can use it for chizuk. As is stated in sifrei chasidus, for a tzaddik doing teshuva for not doing his avodeh on the highest level possible to him, is like the teshuva we do.

To keep the thread interesting I will spill all the beans of my personal struggle (not the seeds chas v'shalom, B"H my not ikkar nisayon, as you will see later on). So hear it goes:

As far back as I can remember (say 5-6 years old, sounds crazy, but I clearly remember trying to get an upskirt look while lying near someone's feet, how old could I have been, to pull that off) I was very interested in girls and women. I craved to see a nude. Even females in lingerie/swimsuits, when ever a catalog or magazine came my way I was all over it. Did crazy stuff, found ways to peek while my sister was showering or changing in her room. I found an open spot (2 separate situations) by the mechitza of the colony pool to watch women in their swimsuits. To sum it up, I am struggling with shemiras eyenim since forever.

As a teenager, I figured out how to turn our VCR, into a TV (with a simple safety pin, I managed to get signal). Spent a lot of my time looking at stuff a nice Jewish boy shouldn't. I was (sadly, still am) living a double life, overall a great bochur in yeshiva, but a shmutz kup when not.

Then the PC started creeping into houses (anyone remember MS-DOS, sounds sound yiddish, emes and daas, lol). B"H, not really much that I found on there was damaging. But then, a couple of years later along comes Mr. Nice Guy, a Jewish technician to repair our computer. He offers to set up a free dial up connection (who remembers those annoying screeches it made, not to mention the speed or lack thereof, ugh). My mother innocently accepts the offer. Oh well,

can anybody guess where it went from there on? I was shivering the first time I discovered my (mis)fortune. But was in ecstasy, I can look at nudes without any effort, a dream (or nightmare, confusing).

I don't know how, but I B"H never had serious issues with Z"l rachmuna litzlon. I can count on my fingers how many times it happened (awake). Even when it did, I did not have an intention to go that far it should happen, just was fooling around too carelessly in ways that cause it, and boom before I knew it, it was too late. But overall B"H I despise it, and I am careful not to cause it to happen.

My blog is probably boring because it's everyone's story. I just want people to understand, especially someone struggling and finally decided to join, that you did not join a bunch of losers. Rather realize by joining you are now in boot camp with people training for the Marines!

For instance, I am (considered by all that know me) a chasuva yungerman:

1. That has a chavrusa early in the morning
2. That davens with kavanah (tries)
3. Learned 5 years in kollel and finished Yoreh Deah including oral and written tests
4. Earned a college degree
5. Has a good job
6. Runs a family, etc.

I would never suspect that such a person is struggling with such dark desires. But, I know a guy like that, ME!

I hope Hashem will see my will to get out of the rut, and lead me to a speedy recovery.

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Re: Following the Rebbe R' Zisha Ztz
Posted by Shamedich - 18 Sep 2016 18:49

Hashem has set me up with an amazing partner, that together, we got to where I am today. Unfortunately, a week ago my partner emailed me that he had a fall. I tried contacting him every day since, but I had no luck. I have a feeling that he is going through a difficult time, but I want him to get back asap. In his honor and to give him a new chance so that we can start all over again, I am letting my name fall off the 90 day calendar (by not updating for 2 weeks).

My dear friend, if you happen to read this, please get in touch with me once again. I look forward to many more great accomplishments together!

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Re: Following the Rebbe R' Zisha Ztz
Posted by Markz - 18 Sep 2016 18:56

Great going ?? ???!

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Re: Following the Rebbe R' Zisha Ztz
Posted by Shamedich - 18 Sep 2016 19:30

Thanks @Markz! If you have any ideas for me, how to get my partner back, it would be a HUGE help!

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Re: Following the Rebbe R' Zisha Ztz
Posted by doingtshuva - 18 Sep 2016 21:15

Whats about trying to stay in touch with him and just wait for him to come back.

Some have it very hard after a fall, and for that you are his partner.

try being there with out judging, at the end he has to take the decision not you.

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Re: Following the Rebbe R' Zisha Ztz
Posted by Shamedich - 18 Sep 2016 21:22

That is exactly what I am doing. I might share the emails I sent him over the last week, so that others can benefit from it. But now a week later of getting no response, I decided to turn to the GYE community to see if anyone had any better ideas.

I guess that there is not much more that one can do in such a situation. I'll just keep trying...

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Re: Following the Rebbe R' Zisha Ztz
Posted by Shamedich - 06 Jun 2017 12:46

Dear partner, I forgot the password to the email address that we used to communicate anonymously. I therefor was not able to contact you in a while, since it is the only method we had set in place.

If you would like, feel free to PM me here on GYE, I will bli neder try to keep looking out to hear from you.

I look forward to hear from you soon!

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