

After a long tome i'm back again  
Posted by BS D - 15 Nov 2009 16:34

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hi everyone

i haven't posted for such a long time

well in the past few months i've been on a rollercoaster. ive had ups and downs. ive been clean  
i suppose most of the time. but i have fallen many times.

i have additional pressures on my head ie shidduchim. but every time it doesn't work out i'm  
happy. coz i know i havent really sorted out my problem yet.

i fell today and now would like to restart the 90 day. pleas help

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Re: After a long tome i'm back again  
Posted by Tev - 23 Mar 2010 02:14

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Good to hear!!!

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Re: After a long tome i'm back again  
Posted by BS D - 24 Mar 2010 01:39

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Thank you Hashem for 8 clean days

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Re: After a long tome i'm back again  
Posted by TiredOfFalling - 24 Mar 2010 03:33

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Keep it up! It's encouraging to see others succeed and gives me hope for myself.

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Re: After a long tome i'm back again  
Posted by Holy Yid - 24 Mar 2010 04:29

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KEEP GOING!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

DRINK SOMETHING!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

KEEP UP YOUR SPIRITS, THEY ARE RAISING MINE!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

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Re: After a long tome i'm back again  
Posted by BS D - 26 Mar 2010 00:42

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B"h its been 10 days.

I can see Hashem help in what i'm doing and it really pushes me further!

Although can't forget about the y"h- he's probably just waitin patiently to catch me when i don't expect it!

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Re: After a long tome i'm back again  
Posted by BS D - 29 Mar 2010 15:35

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B"h its my 14 clean day.

I thank you Hashem for every clean minute of the last 2 weeks!

I think this is prob going to be my first clean pesach.

I just daven that we should be able to do a proper biur of our internal chometz and have not only a chometz free pesach, but a chometz free future! (one day at a time of course!)

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Re: After a long tome i'm back again  
Posted by BS D - 03 Apr 2010 21:19

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Had a fall after 19 days!

B"h for those 19 clean days- i think i lost my focus and thats why i fell!

This time its focus time!

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Re: After a long tome i'm back again  
Posted by Holy Yid - 04 Apr 2010 02:12

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the way you pick yourself up is very impressive.

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Re: After a long tome i'm back again  
Posted by BS D - 07 Apr 2010 13:36

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My new day 1!

I now realise that by myself i can only go a bit of the way but to keep it up i need help from Hashem!

Gotta keep davening!

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Re: After a long tome i'm back again  
Posted by BS D - 09 Apr 2010 01:21

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Thank you Hashem for another 2 clean days- cant lose focus- its not me its a gift!

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Re: After a long tome i'm back again  
Posted by BS D - 11 Apr 2010 12:53

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Today is my day 5- if i stay clean!

B"h i've been busy over the part few weeks so i haven't had time to post- or to fall that much.

I had a little slip last nite but b"h i had guard in place- i would have broken a vow he i would have fallen in that way and b"h i kept my vow and didn't fall! That goes to show u the power of nedarim!

Keep davening for help from Hashem for this battle- its the only way!

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Re: After a long tome i'm back again  
Posted by BS D - 13 Apr 2010 01:39

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Fell after 6 clean days!

I cud do with some chizuk

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Re: After a long tome i'm back again  
Posted by BS D - 13 Apr 2010 09:56

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This is my new day 1- if i manage for the rest me the day!

I'm feeling guilty- i feel i've let myself and others down for falling. I know this is just the y"h but the feelings are still there!

I think i'll do something extra today to counter those feelings like learn extra etc. and i'm gonna read thru the handbooks again- haven't done that for a long time!

ly"h i'll let u know how it goes!

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Re: After a long tome i'm back again  
Posted by teenagehelp - 13 Apr 2010 23:42

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hey BSD,

i hope everything has gone well today for you. it looks like you realize that this negativity and sadness post-fall originate from your y"h, so anything i say now will just be an echo. just think about this, even though you may feel you've let people down for falling, just think about how proud you, everyone and Hashem will be when you pick yourself back up and undertake this challenge again!!!!

keep at it and you'll succeed!

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