

Here we go

Posted by Aryeh821 - 16 Mar 2016 18:51

Day 1

all right here i begin

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Re: Here we go

Posted by Aryeh821 - 14 Oct 2016 16:36

So Should i go ahead with it ?

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Re: Here we go

Posted by cordnoy - 19 Oct 2016 13:19

[Aryeh821 wrote on 14 Oct 2016 16:36:](#)

So Should i go ahead with it ?

How many opinions do you want?

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Re: Here we go

Posted by Aryeh821 - 20 Oct 2016 18:45

[cordnoy wrote:](#)

[Aryeh821 wrote:](#)

So Should i go ahead with it ?

How many opinions do you want?

Just a unanimous one

im just very confused when i finished with dov i thought that was the correct course but after i asked advice on how to do it both Markz and shlomo didn't think that would be the right path to take so now im not sure

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Re: Here we go

Posted by cordnoy - 20 Oct 2016 19:10

Well, if there is indeed a ??????, you will never get it unanimous again.

B'hatzlachah

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Re: Here we go

Posted by Markz - 20 Oct 2016 19:40

[Aryeh821 wrote:](#)

[cordnoy wrote:](#)

[Aryeh821 wrote:](#)

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Said what. I only asked a question, and your reply made sense. Btw I think the Mom will usually be more understanding, but maybe that's what I think about my Mom

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Re: Here we go

Posted by Shlomo24 - 22 Oct 2016 05:35

Dov is a much wiser man than I am.

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Re: Here we go

Posted by thanks613 - 23 Oct 2016 03:27

[Markz wrote on 20 Oct 2016 19:40:](#)

[Aryeh821 wrote:](#)

[cordnoy wrote:](#)

[Aryeh821 wrote:](#)

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Definitely depends on the case. I would MUCH rather talk to my dad first about lots of things. I always assume he tells my mom, but it still works better for me.

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Re: Here we go

Posted by Aryeh821 - 20 Nov 2016 03:58

Hey chevra so long story short i told my father in very vague terms and he didn't prod which i'm really thankful for and neither did he freak out at all

B"H hes found me a psychologist and i went once already so a lot to say but cant right now because i have tons of work just really wanted to express my gratitude to everyone who pushed me to do this and of course HIM for helping me out

bigger update to come later not really sure when

gut voch to all

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Re: Here we go

Posted by gibbor120 - 29 Nov 2016 20:01

Wow! Amazing! Would love to hear more.

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Re: Here we go

Posted by Aryeh821 - 18 Dec 2016 04:34

So its really been amazing and game changing

first off i have him many things which i never ever thought i would tell anyone including how this started and what types of stuff i'm looking at/watching and thanks to him my house is as far as i know filtered and in fact when i came home from yeshiva last week and for the first time i couldn't watch anything i had this most amazing sense of freedom and at the same time utter imprisonment i also discovered how far i will go to get porn when i am turned on (watching stuff in plain sight with my brother one room over)

telling my baggage really has lifted a weight off my heart and my mother even mentioned that since I havve gone to see him I have been a lot happier

i just want to share one thing he told me from my last session "people think addicts take their substances (whatever it is) to get high but they aren't we are doing it to get level" (sorry took so long hard to find a good time to post)

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Re: Here we go

Posted by Markz - 18 Dec 2016 04:50

Awesome stuff!

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Re: Here we go

Posted by stillgoing - 28 Dec 2016 04:11

Bump

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Re: Here we go

Posted by Aryeh821 - 28 Dec 2016 04:15

[stillgoing wrote on 28 Dec 2016 04:11:](#)

Bump

what does that mean

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Re: Here we go

Posted by stillgoing - 28 Dec 2016 04:27

[Aryeh821 wrote on 28 Dec 2016 04:15:](#)

[stillgoing wrote on 28 Dec 2016 04:11:](#)

Bump

what does that mean

It means that I saw you lurking on another thread, so I bumped your thread up to the recent topics list in the hopes that you'll give us another update. :-)

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