

Giving this a try

Posted by IcanandIwillwithHashem - 25 Nov 2015 20:27

Hello,

I am new to this site. I joined after I read some articles about this site and I realized that I needed help in my struggle to be clean.

I wanted to do the 90 challenge and have my own forum. So this is it.

Hopefully this will do well. Well, more than hopefully, lol.

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Re: Giving this a try

Posted by markz - 25 Nov 2015 20:29

Welcome!!

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Re: Giving this a try

Posted by cordnoy - 25 Nov 2015 20:31

Welcome

Good move

B'hatzlachah

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Re: Giving this a try

Posted by serenity - 26 Nov 2015 00:39

Welcome and Hatzlacha!

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Re: Giving this a try

Posted by peloni almoni - 26 Nov 2015 00:55

welcome to the family. checkout the links in my signature, and keep us updated on your progress.

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Re: Giving this a try

Posted by goodchange613 - 26 Nov 2015 20:38

Welcome!

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Re: Giving this a try

Posted by IcanandIwillwithHashem - 01 Dec 2015 20:38

Thank you all for the welcome and support. I really appreciate it.

Also I have about 6 days and it has been tough, nearly slipped yet still going. I really feel like this time I can succeed, instead of the years of struggling like the pass. I have read the GYE book 50 pages in and I have so impressed and inspired. I really feel good about this!

Thanks!

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Re: Giving this a try

Posted by gibbor120 - 01 Dec 2015 21:08

WELCOME! Read the handbook. Keep posting. We are here for you.

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Re: Giving this a try

Posted by Shlomo24 - 02 Dec 2015 02:03

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Re: Giving this a try

Posted by IcanandIwillwithHashem - 13 Dec 2015 21:57

I got to admin the first week was hardest. It is getting much easier now, albeit still a challenge. Also I am reading the handbook what an amazing resource. I will apply the information there. For the first time in my life I feel I can actually in an efficient and practical way be clean for the long term, sustainable purity.

Thank G-d for GYE!

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Re: Giving this a try

WELCOME! there's a lot of hope in this place, you used the right words
Posted by mark2 - 13 Dec 2015 22:10

I'm so happy for you

Please please share with us what tools you found helpful for you.

A lichtige Chanuka

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Re: Giving this a try

Posted by m58yiw84niym - 14 Dec 2015 04:07

Good luck! Remember, there will be tough times (hey it would be boring if it was always so easy), but don't let the tough times get you down. As they say around these here parts, Keep On Truckin'. And never forget, you've got your buddies here at GYE rooting for you!

And a special note to Markz: As of when I'm typing this, you're at 999 posts. Congratulations on

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Re: Giving this a try

Posted by mike dupont - 14 Dec 2015 17:01

The Chashmonoim were not alone; you're not alone.

Welcome to you and good luck. You can do it

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Re: Giving this a try

Posted by markz - 14 Dec 2015 17:52

[m58yiw84niym wrote:](#)

reaching 1000 (which you'll hit if you respond to this)!

Good luck! Remember, there will be tough times (hey it would be boring if it was always so easy), but don't let the tough times get you down. As they say around these here parts, Keep On Truckin'. And never forget, you've got your buddies here at GYE rooting for you!

And a special note to Markz: As of when I'm typing this, you're at 999 posts. Congratulations on

reaching 1000 (which you'll hit if you respond to this)!

Thank You. lyH by you. I didn't reply to your post last night in keeping with tradition that one of the moderators taught me that "addicts don't like to be told what to do". This is an important dogma to keep in mind - I'm just sayin'

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Re: Giving this a try

Posted by IcanandIwillwithHashem - 04 Jan 2016 02:55

Reading the GYE book and realizing that hey, I am not crazy, just addicted to these things. And knowing that this isn't just a battle of self control, this is a serious problem that requires serious effort, serious prayers, serious precaution, and serious steps. Just like someone who isn't an alcoholic just has to be careful not to drink too much yet, an alcoholic has to be careful to never to have a drink. So too realizing the real level I am on helps me stay focused and not delude into thinking I can do certain things and nothing is going to happen. Now I know I am addicted to these things and something will for SURE happen. So it makes it a little easier to stay way.

And the attitude book really helps make this fight more successful by keeping in mind all those ideas.

And this week I am going to set some time to read some success stories from others on the site and try to learn from them.

Thanks for the support!!!

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