

Passed day 35

Posted by Shamas - 18 Oct 2015 22:32

I am so grateful to gye that I have an opportunity to start a new path of my life. Howeve I am going through a very difficult time in my life, and I hope I don't fall. I am hoping that someone who is also have a rough time in general can give me some advice.

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Re: Passed day 35

Posted by Yesod - 18 Oct 2015 22:53

Hey Shamas,

I am feeling what you're saying.

I am also going through a little weak patch now.

Are you having trouble in a specific area that you care to share.

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Re: Passed day 35

Posted by serenity - 19 Oct 2015 00:01

Push through it man. You'll be all the better for it.

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Re: Passed day 35

Posted by Shamas - 19 Oct 2015 14:18

Thanks for your welcoming me. I have been laid off from work for almost three years, partly due to some major medical issues. As I have recovered from some of my surgeries I feel isolated

and alone

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Re: Passed day 35

Posted by cordnoy - 19 Oct 2015 15:06

[Shamas wrote:](#)

Thanks for your welcoming me. I have been laid off from work for almost three years, partly due to some major medical issues. As I have recovered from some of my surgeries I feel isolated and alone, and I found myself returning to my old ways. Hopefully this program will help keep me on track and less isolated.

b'hatzlachah to you.

you have mentioned "hope" three or four times in your two posts above.

hope is good, but what are we gonna do about it?

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Re: Passed day 35

Posted by Yesod - 12 Nov 2015 06:17

Hi Shamas,

How have you been doing lately

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Re: Passed day 35

Posted by tl123anonymous - 13 Nov 2015 03:41

Dear My Holy Brother Shamas! Keep it up!

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Re: Passed day 35

Posted by eny - 13 Nov 2015 04:31

B'hatzlacha in getting through this time

(This is the time to look at the "Image of the Day" in the "Breaking Free Chizuk" mailings - those click you back into straight thinking)

Refuah Shleimah!

Know that all the members of the forum are with you and rooting for you.

Notice Cordnoy's comment (If I'm not mistaken he or one of the other veterans here made a similar one to me): "you have mentioned "hope" three or four times in your two posts above.

hope is good, but what are we gonna do about it?"

Make a plan for something concrete you can do and then do it

Kol tuv

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