

Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 01 Oct 2015 05:06

I'M GOING TO MAKE IT!!!! YARRRGH!!!!!!

. It was a tough week, I fell 3 times recently (the last one was particularly discouraging given the circumstances), and this coming after a particularly good streak through Yom Kippur.

But as they say, that's in the past. I wish it wasn't (boy, how I wish it wasn't), but it's there, and nothing I can do can change that. However, I'm pushing forward and starting anew, going strong with the program with a renewed and enthusiastic determination. In the decade or so that I've been fighting this, this is the most determined I've ever been, so it's now or... (don't want to say never, so I'll just leave it at "it's now").

Sorry about that, really needed to vent my frustration about this struggle

So here's the plan: (Side note: Just wrote that line, and stared blankly at the screen for several minutes trying to figure out if I actually had a plan. Still not sure if I do, but here goes) Starting today, I'm reading through the GYE Handbook. Hope to be done with it by the end of Isru Chag, and implementing the necessary tools from it. I'll also be posting in this thread almost daily), and keeping everyone updated. Also looking into getting a partner/sponsor.

So here goes: Starting off on Day 1.

P.S. Does anyone else agree with me that we need more varieties of "Topic Icon" smilies? I'm or . Ok, now that that's out of the way, time to hit submit!

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Re: Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 24 Feb 2016 03:13

Thank God, still clean. Don't really have time to heavily post, as I recently have, currently am,

and IY"H soon will be going through big life changes. Will still try to at the very least say hello every so often.

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Re: Doing the 90-Days (again), but this time...
Posted by m58yiw84niym - 24 Feb 2016 03:14

Also, made it to 7 pages!!!! Woohoo!

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Re: Doing the 90-Days (again), but this time...
Posted by markz - 24 Feb 2016 03:15

That was an extremely long post compared to yesterday!!!!!!

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Re: Doing the 90-Days (again), but this time...
Posted by m58yiw84niym - 24 Feb 2016 03:17

[markz wrote on 24 Feb 2016 03:15:](#)

That was an extremely long post compared to yesterday!!!!!!

A long two posts, but who's counting. (Hint: me)

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Re: Doing the 90-Days (again), but this time...
Posted by Gevura Shebyesod - 24 Feb 2016 03:19

actually 3....

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Re: Doing the 90-Days (again), but this time...
Posted by Bigmoish - 24 Feb 2016 21:12

I think you forgot to pop in today.

Hope everything is well by you.

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Re: Doing the 90-Days (again), but this time...
Posted by m58yiw84niym - 24 Feb 2016 23:15

[Bigmoish wrote on 24 Feb 2016 21:12:](#)

I think you forgot to pop in today.

Hope everything is well by you.

The day is still young...

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Re: Doing the 90-Days (again), but this time...
Posted by m58yiw84niym - 25 Feb 2016 02:26

I know I'm in a crucial state of recovery/withdrawal because I've been grumpy and irritable today...

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Re: Doing the 90-Days (again), but this time...
Posted by markz - 25 Feb 2016 02:33

You can save yourself time daily like you did 2 days ago and just post smileys

and for today

and and I feel for you

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Re: Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 26 Feb 2016 02:24

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Re: Doing the 90-Days (again), but this time...

Posted by m58yiw84niym - 26 Feb 2016 02:25

WHAT HAVE THEY DONE TO MY SMILIES!!!!!!?!???!?!?!?!?!?!111!???!?!?

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Re: Doing the 90-Days (again), but this time...

Posted by markz - 26 Feb 2016 02:30

Thanks for popping by - we can see what expression is on your face with those ?!'s

good to see you don't know how to cuss

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Re: Doing the 90-Days (again), but this time...

Posted by cordnoy - 26 Feb 2016 02:35

[markz wrote on 26 Feb 2016 02:30:](#)

Thanks for popping by - we can see what expression is on your face with those ?!'s

good to see you don't know how to cuss

I'm always available.

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Re: Doing the 90-Days (again), but this time...

Posted by eny - 26 Feb 2016 03:56

have a great day - I know I was also irritable etc at some point today, but now I forgot why - something I did? something someone else did? something that happened?

(and I'm learning about the mitzvah of shikcha!)

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