

Starting again

Posted by shmirasshmiras - 05 Aug 2015 18:21

---

A few years ago it was hard to imagine I'd be back here. I was clean for a few years and was ecstatic with my growth. Sad to say, those days are now a thing of the past. I have now destroyed my soul again and I'm dying to find my way back to Hashem.

My 90 day journey now begins again.

Hashiveinu Adonai elecha v'nashuva.....

=====

=====

Re: Starting again

Posted by shmirasshmiras - 16 Aug 2015 15:27

---

The battle continues - I find that I can literally be driving around, trying to focus my thoughts and talk to Hashem, I may actually be trying to do teshuva at the time and apologize for my many wrongdoings, and I'll notice someone walking past me. I can barely tear my eyes away even as I'm saying to Hashem that I'm sorry for doing so. The streets are so full of distractions which are so easy to turn to and so hard to turn away from. Having a very hard time with this.

=====

=====

Re: Starting again

Posted by cordnoy - 16 Aug 2015 16:31

---

[shmirasshmiras wrote:](#)

The battle continues - I find that I can literally be driving around, trying to focus my thoughts and talk to Hashem, I may actually be trying to do teshuva at the time and apologize for my many wrongdoings, and I'll notice someone walking past me. I can barely tear my eyes away even as I'm saying to Hashem that I'm sorry for doing so. The streets are so full of distractions which are so easy to turn to and so hard to turn away from. Having a very hard time with this.

Ok....so it's difficult.....now what?

=====  
=====

Re: Starting again

Posted by shmirasshmiras - 18 Aug 2015 22:50

---

Now I stumble, again. And again and again. Over and over.

=====  
=====

Re: Starting again

Posted by stillgoing - 18 Aug 2015 23:05

---

Hello and welcome back.

I once heard the moshel of a wealthy man who built himself a huge mansion, and went up to the roof the day it was done to see the view and he fell off. On the way to the hospital he was moaning that he fell and his entire house fell too. The parameds told him that (he must have hit his head or something) only he fell and his house is still standing waiting for the day when he's better again and can go to live in it. When we are clean (& a couple of years is no small stuff) we are building a house, when we fall we have to go to the hospital (or GYE) but the house is still ours waiting for our return.

)

=====  
=====