Here We Go... Also..
Posted by 613havingtrouble - 25 Jun 2015 18:35

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I have been having trouble with this issue for many years now and was told to come here as my first real attempt to quit. Does anyone have any good iphone apps which allow someone else to view all of the websites you go to. (to watch over me so to speak)??

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Re: Here We Go... Also..
Posted by Pidaini - 25 Jun 2015 18:43

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Welcome to GYE!!

This certainly is an amazing an fundamental first step!!

Don't be a stranger, we're all on the same boat here, struggling with lust that has taken over more of our life than we would like. Tell us more about yourself, what do you struggle with (porn, masturbation, etc.) and what have you tried to do to stop?

KOP (Keep On Posting)!!! KOMT!!!

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Re: Here We Go... Also..
Posted by 613havingtrouble - 25 Jun 2015 18:56

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I struggle mostly with ????? ??? ????? which has led me to porn as well.

I have started becoming more aware of my triggers and trying my best to avoid them, but here and there things just happen. Hopign very much that this program will be a big step in the right direction!

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Re: Here We Go... Also..
Posted by gibbor120 - 25 Jun 2015 19:45

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WELCOME! Read the handbook, and keep on posting. You are in the right place!

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Re: Here We Go... Also..
Posted by abd297 - 26 Jun 2015 02:05

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Great start! Happy to see that you are open for serious change.

I heard of a filter called covenant eyes but I don't know what devices it's for. Web Chaver is another one. Look them up to see if they work for you.

Always know that you are among friends who care and that you should be very comfortable here. Keep us posted and much hatzlacha.

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Re: Here We Go... Also..
Posted by cordnoy - 26 Jun 2015 02:17

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Welcome,


GYE has a page all about filters.


Look up Skep as well; he's a pro.


b'hatzlachah

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Re: Here We Go... Also..
Posted by serenity - 26 Jun 2015 03:54

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Welcome to GYE! Pls see my signature below for the GYE suggested steps for a newcomer.

Hatzlacha!

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Re: Here We Go... Also..
Posted by yiraishamaim - 26 Jun 2015 10:58

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Welcome!

So happy you joined us.

Here you will find understanding, wisdom and warmth.

Hatzlochoh!!!

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Re: Here We Go... Also..
Posted by Pidaini - 26 Jun 2015 12:03

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What else is on the plan?

Don't be a stranger, share your thoughts, your triggers, how you plan on avoiding them, etc. It is beneficial for all those involved (both writer and reader)!!

KOMT!! KOP!!

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