GYE - Guard Your Eyes

Generated: 14 September, 2025, 04:08 I can't believe i did that... Posted by justmetoo - 22 May 2015 15:50 I signed up for 90 day chart... I can't believe i did that... one day at a time right... Ok, deep breaths...I can do this! Really??? A gut Yom Tov to all! Thanks for the support! Re: I can't believe i did that... Posted by shlomo613 - 22 May 2015 15:59 but, but, I want to delete the whole thing when/(if-haha) I fail Good Yom tov, let's both of us try this Yom tov and shabbos not to look at all the women dressed really pretty. Let's cast our eyes to the ground and in fact avoid such places if we can. Let's not say to ourselves "oh, who's that, I think I know her". Let's be such good Jews this Yom tov. And let's feel so so good about it. Cos it really does feel good afterwards. Love. Shlomo Re: I can't believe i did that...

You can do it!! And if/(hopefully not when) you fall, you don't have to delete it, you just pick up and continue where you left off. It's like if you get a flat tire on your truck, you don't have to go

Posted by Gevura Shebyesod - 22 May 2015 16:01

GYE - Guard Your Eyes Generated: 14 September, 2025, 04:08 back home and start your trip over, you just fix it and move on. ==== Re: I can't believe i did that... Posted by skeptical - 22 May 2015 16:01 Git Yom Tov and KO(M)T!! Mazel Tov! May you continue to grow and take on new things to improve yourself. Hatzlacha! Re: I can't believe i did that... Posted by Bigmoish - 22 May 2015 18:40 Hatzlocha! ______ ==== Re: I can't believe i did that... Posted by serenity - 22 May 2015 19:04

Cast your eyes to the ground and daven for their well being.

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Generated: 14 September, 2025, 04:08 Re: I can't believe i did that... Posted by serenity - 22 May 2015 19:05 Welcome and thanks! ==== Re: I can't believe i did that... Posted by shlomo613 - 26 May 2015 00:27 JM2, How was shavu'os? Shlomo Re: I can't believe i did that... Posted by justmetoo - 26 May 2015 02:34

b'H great! and you?

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Re: I can't believe i did that...

Posted by shlomo613 - 26 May 2015 02:57

So glad to hear. Please tell all!

Mine was good BH. Kept my eyes to myself. I stayed up shavu'os night for the first time in about six years. I was surprised that Tikun leil takes 3.5 hours (much longer than I imagined). Spent time with family and had some good cheese cake.

Went to bed 5pm today and despite my wife waking me I fell asleep again and missed mincha and hadn't learned one bit on second day Yom tov. When I woke up I did two maarivs, washed the dishes, havdala, learned an amud Gemara and now here I am on GYE.

How was yours? Tell us something good spiritually.

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