

Chizuk

Posted by TriggerMeNot88 - 27 Mar 2015 03:22

Started the 90 day run 12 days ago. I was wondering about how il feel if I make it. Then I started wondering about HOW il make it! Then I saw this sign hanging and it gave me tremendous chizuk, it read " Good morning! This is Hashem speaking. I will be taking care of your problems today, and I don't need your help. So you just sit back and relax." And then I knew how il do it.....

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Re: Chizuk

Posted by Dov - 27 Mar 2015 03:33

Yep. Beautiful.

But if you find yourself trying to help Him again, as we usually end up doing, there are real people who you can turn to to share with. And they will be happy to help you get back to the good place you find yourself in right now. And things will be OK.

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Re: Chizuk

Posted by serenity - 27 Mar 2015 15:23

Thanks for sharing and welcome!

Hatzlacha!

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Re: Chizuk

Posted by Gevura Shebyesod - 27 Mar 2015 15:27

Welcome!!

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Re: Chizuk

Posted by gibbor120 - 27 Mar 2015 16:21

Cute picture

Welcome! Keep posting.

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Re: Chizuk

Posted by TriggerMeNot88 - 27 Mar 2015 19:11

Thank you Dov for that. And thank you all for the welcome.

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Re: Chizuk

Posted by TriggerMeNot88 - 27 Mar 2015 19:17

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Re: Chizuk

Posted by SamJoe - 27 Mar 2015 19:31

You got a pretty intense picture yourself!!!

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Re: Chizuk

Posted by cordnoy - 29 Mar 2015 04:03

Welcome,

I don't really get the picture.

how do you feel when you are triggered?

Seems like now youre doin' ok.

Whatsapp?

b'hatzlachah

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Re: Chizuk

Posted by TriggerMeNot88 - 29 Mar 2015 16:27

I feel like I'm up against something much bigger and stronger than me. But I'm a valiant knight! I will never give up! That's why I relate to the pic.

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Re: Chizuk

Posted by newaction - 29 Mar 2015 17:40

Good for you chaver . In my case i was valiant in many things but never against my triggers. You said it right they were bigger and stronger than me.

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Re: Chizuk

Posted by cordnoy - 29 Mar 2015 19:08

and by the way, if you are an addict (which i have no idea one way or the other; i know i am), it is much bigger and stronger than you are, and your strength as a knight will most likely not be what vanquishes the dragon.

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Re: Chizuk

Posted by TriggerMeNot88 - 29 Mar 2015 21:51

True. I will not vanquish the dragon. But i will learn to ride it.....one day at a time.

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Re: Chizuk

Posted by cordnoy - 29 Mar 2015 23:30

[TriggerMeNot88 wrote:](#)

True. I will not vanquish the dragon. But i will learn to ride it.....one day at a time.

I like that, but where or how will you learn to ride it?

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Re: Chizuk

Posted by TriggerMeNot88 - 30 Mar 2015 03:02

Sunday's.....gotta love em.....today was rough....stressful.....and screamed just relax in front of the computer for lil bit. My dragon was tellin me" What can be so bad? It's not like your gonna watch porn or anything like that, your clean for two weeks already! Just check the weather or something kosher like that. You know find something cool on YouTube."(silly dragon...

YouTubes not kosher fun) So I was sitting there in front of an unfiltered computer, feeling as my heart began to race. Then I stopped, took a deep breath, thought about my beautiful and loving wife and kids. And what type of husband and father I want to be for them. And I thought about them for a while. And then I thought about all the ppl on gye. All the posts and stories Ive read. And I knew.... No I felt them rootin for me(which I know everyone of them would have). Then I slowly closed the computer and walked out of the room. And thanked Hashem for giving me a wife, children and the gye community.

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