

70 days... Fall

Posted by Yanklast - 16 Mar 2015 04:27

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For 70 days I stayed clean with just 20 days to go I had a fall

Not very exciting, but with every fall comes a high, Yerida Letzorech Aliya giving it another try and Bezras Hashem I will succeed!

In the past before I encountered gye I would always make resolutions to not do it again which didn't last to long. G-d willing this time things will be a lot different.

Looking forward to reaching 90 days!

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Re: 70 days... Fall

Posted by cordnoy - 16 Mar 2015 09:44

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Great news - on the 70!

How did you do it?

what tools of recovery did you use?

did you notice anythin' different perhaps in the days leadin' up to 70?

Lookin' forward to more.

b'hatzlachah

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