

Lomed's Thread

Posted by lomed - 25 Feb 2015 16:44

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I am starting the 90 days. I hope to be bezras hashem this year in miron for lag beomer. although I don't feel much will power now to overcome this struggle, I decided to start a 90 day journey to try to get clean. I will need much chizuk. but even one day is worth. I hope in zchus of the rashb"ee I will get closer to become clean.

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Re: Lomed's Thread

Posted by lomed - 24 Apr 2018 22:09

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First hi all. have not posted here on this forum pretty long. I am not so active on this site. i am pretty active on the yiddish speaking site. if you can write yiddish it would be a chizuk for those struggling there.

So Thank God I am clean for 464 days one day at a time. things are going pretty well B"H.

Second, It is Lag beomer Again. for those who remember (those that dont, you can read the beginning of this thread) my journey to recovery started when i was planning my trip to Lag beomer to Miron 3 years ago. So i am planning a trip again with Hahsems help next week. I will be in Miron. feel free to send me in private your names and i will daven for you (i know for what you need...)

Wishing all of you and myself another clean day and a smooth journey to recovery.

I love you all

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Re: Lomed's Thread

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Posted by Kleen4real - 25 Apr 2018 00:06

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You are my inspiration.

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Re: Lomed's Thread

Posted by cordnoy - 25 Apr 2018 00:20

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[lomed wrote on 24 Apr 2018 22:09:](#)

I will miss you

First hi all. have not posted here on this forum pretty long. I am not so active on this site. i am pretty active on the yiddish speaking site. if you can write yiddish it would be a chizuk for those struggling there.

So Thank God I am clean for 464 days one day at a time. things are going pretty well B"H.

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Wishing all of you and myself another clean day and a smooth journey to recovery.

I love you all

You know what we need, or what we want?

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Re: Lomed's Thread

Posted by lomed - 26 Apr 2018 03:05

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Hi Cordnoy.

Long time hat we have not interacted. What i was refering to is, that when i ask someone (that doesnt know my challenges to daven for me, then i will have a hard time to ask him to daven that i should not act out. However when i ask someone here or in sa to daven for me, i am comfortable to say what is erking me and what are my challenges.

BTW how are you doing Cordnoy?

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Re: Lomed's Thread

Posted by cordnoy - 26 Apr 2018 03:13

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[lomed wrote on 26 Apr 2018 03:05:](#)

Hi Cordnoy.

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BTW how are you doing Cordnoy?

Thank you so much. I'm doin' swell, thank God. Enjoy the holy land. Maybe I'll see you Sunday. Headin' yonder.

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Re: Lomed's Thread

Posted by yiraishamaim - 26 Apr 2018 03:46

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Swell? Hey that's neat.

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Re: Lomed's Thread

Posted by lomed - 30 May 2018 20:28

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500 days! Is the amount of consecutive days that God is keeping me sober one day at a time! I know that this is a major miracle. I can point this out in many ways. 1 that i relapsed and didn't stay there in that mode. 2 that i didn't feel judged by my recovery freinds. 3 that i stayed sober although i had many emotional and physical hard days. 4 that i kept coming back. 5 that my life is becoming better. 6 that i found a good therapist that I connected with. 7 and the list goes on and on. So thank u god for guiding me through these days and keeping me sober. Thanks to the founders of GYE, sa and aa. Thanks to the local group and fellowship all these wonderful freinds that loved me and support me through the road. Thanks to my sponsor that is so passionate and caring. Thanks to my sponsees. Thanks to my wife and children. Last but not least thanks to all the wonderful people on GYE. May we all be blessed with another sober day full of acceptance and serenity.

If I may say a word or two, I would say; Please dont give up before Hashem gives you the way to find recovery and/or sobriety. hashem has a plan for each and everyone of us. With determination and lots of Tefila, (plus, dont forget to add a smile to the side), we will Bezras Hashem recover from this mess, grow and strive and live for the purpose for what we are here.

Thanks for letting me share

Lomed

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Re: Lomed's Thread

Posted by Gevura Shebyesod - 30 May 2018 21:02

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Mazel Tov!! Hatzlacha Veiter!

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Re: Lomed's Thread

Posted by Hashem Help Me - 31 May 2018 11:23

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Mazel tov!

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Re: Lomed's Thread

Posted by cordnoy - 06 Sep 2018 02:06

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[lomed wrote on 05 Sep 2016 16:09:](#)

Hi all,,

Just toughing Base. Thank you Hashem that I am sober for 558 days (just updated my chart). This is a miracle. I would of sworn to you that this can never Happen. It is tough for me to be here on the forum as i am compulsive and its like another escape. This has detered me from work to much.

However I am safe, to say that B"H i am in Sa and among fellow lovely friends that we support each other and work the steps.

Thank you all here on GYE that helped take the first steps.

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Re: Lomed's Thread

Posted by ????????? - 07 Sep 2018 15:32

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[lomed wrote on 05 Sep 2016 16:09:](#)

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Thank you all here on GYE that helped take the first steps.

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he is already by 600 days

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Re: Lomed's Thread

Posted by lomed - 22 Oct 2020 15:36

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Hi all,

I have not posted here a long time. BH im sober today another day, which i am very grateful for to Hashem. The fact that im sober is a miracle and a gift from Hashem.

Many other things in my life have fallen and are falling in place. I am happy that my recovery is growing by the day.

I want to thank this site and the members for the support i got here when i started here back in 2015. If not for GYE, where would i be today?

To all here that are new and/or still struggling, I offer hope. If Hashem has guided me to recovery,He will guide you to this as well.

May we all be zoche to sttay sober/clean for another day.

With love & care

Lomed

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