## **GYE - Guard Your Eyes**

Generated: 14 September, 2025, 04:19

90 days for my father's prostate cancer Posted by yosefbenephraim - 02 Feb 2015 05:54

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I've always been an overly physical person when it comes to relationships. I was recently with a frum girl unfortunately and we were both very into each other. We had decided to keep shomer negiah but that didnt last as soon as we were alone and not following laws of Yichud. Either way after going over a month without slipping, I fell really hard. Just would wake up with extreme urges to masturbate and not even watch pornography. I am taking a break with the girl for multiple reasons, and it isn't her fault I slipped obviously. But I need to focus on purity, especially because I want to be a kiruv rabbi.

Last week my father was diagnosed with unfortunately very progressed prostate cancer. He is only 54. I decided to take it on myself and go against my physical nature for Hashem and for my father by keeping pure. I slipped today, yet again, so I decided enough was enough and here I am. I am actively focusing on helping my father by guiding him with diet and meditation advice, but also making medicine for him. I figure if anything can help, prayer and keeping mitzvot will be extremely powerful and work hand in hand with the other components. So here we go...

Re: 90 days for my father's prostate cancer
Posted by Shakeitoff - 02 Feb 2015 06:08

Refuah shleimah to your father.

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Re: 90 days for my father's prostate cancer Posted by cordnoy - 02 Feb 2015 08:53

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Welcome,

Refuah Shleimah

Hatzlachah in recovery.

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Re: 90 days for my father's prostate cancer Posted by Bigmoish - 02 Feb 2015 10:57
I echo the sentiments mentioned above.
Refuah Sheleimah to your father.
Tefillah and Ma'asim Tovim are definitely seen by Hashem.
We, don't, however, understand the Ribbono shel Olam's cheshbonos, so don't get down on yourself for any falls you have had - keep looking forward.
We are all thinking of your father.
Hoping to hear good news from you.
Moish
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Re: 90 days for my father's prostate cancer Posted by gibbor120 - 02 Feb 2015 17:14
Welcome! We're glad to have you. Have you read the handbook? Do you have a plan? Keep posting keep reading.
Your father should have a refuah shelaima, but don't take blame (or credit) no matter what happens.
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